

SUNDAY, SEPTEMBER 9, 2018

SUNDAY BEFORE THE ELEVATION OF THE HOLY CROSS

SYNAXIS OF THE PARENTS OF THE HOLY THEOTOKOS, JOACHIM AND ANNA

EPISTLE READING OF THE DAY: This morning's Apostolic Reading is from St. Paul's letter to the Galatians, Chapter 6, Verses 11-18. It is found in our books on page 147.

Ὁ Ἀπόστολος, Πρὸς Γαλάτας Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα, κεφ. 6, ἐδάφ. 11-18:
Ἀδελφοί, ἴδετε πηλίκους ὑμῖν γράμμασιν ἔγραψα τῆ ἑμῆ χειρὶ. Ὅσοι θέλουσιν εὐπροσωπῆσαι ἐν σαρκί, οὗτοι ἀναγκάζουσιν ὑμᾶς περιτέμνεσθαι, μόνον ἵνα μὴ τῷ σταυρῷ τοῦ Χριστοῦ διώκωνται. Οὐδὲ γὰρ οἱ περιτετμημένοι αὐτοὶ νόμον φυλάσσουσιν, ἀλλὰ θέλουσιν ὑμᾶς περιτέμνεσθαι, ἵνα ἐν τῇ ὑμετέρᾳ σαρκὶ καυχῆσωνται. Ἐμοὶ δὲ μὴ γένοιτο καυχᾶσθαι εἰ μὴ ἐν τῷ σταυρῷ τοῦ κυρίου ἡμῶν Ἰησοῦ Χριστοῦ· δι' οὗ ἐμοὶ κόσμος ἐσταύρωται, καὶ γὰρ τῷ κόσμῳ. Ἐν γὰρ Χριστῷ Ἰησοῦ οὔτε περιτομὴ τι ἰσχύει, οὔτε ἀκροβυστία, ἀλλὰ καινὴ κτίσις. Καὶ ὅσοι τῷ κανόνι τούτῳ στοιχήσουσιν, εἰρήνη ἐπ' αὐτούς, καὶ ἔλεος, καὶ ἐπὶ τὸν Ἰσραὴλ τοῦ θεοῦ. Τοῦ λοιποῦ, κόπους μοι μηδεὶς παρεχέτω· ἐγὼ γὰρ τὰ στίγματα τοῦ κυρίου Ἰησοῦ ἐν τῷ σώματί μου βαστάζω. Ἡ χάρις τοῦ κυρίου ἡμῶν Ἰησοῦ Χριστοῦ μετὰ τοῦ πνεύματος ὑμῶν, ἀδελφοί. Ἀμήν.

GOSPEL READING OF THE DAY: This morning's Gospel Reading is from the Holy Gospel according to St. John, Chapter 3, Verses 13-17. It is found in our books on page 307

Ἡ σημερινὴ εὐαγγελικὴ περικοπὴ ἐκ τοῦ κατὰ Ἰωάννην, κεφ. 3, ἐδάφ. 13-17, εὐρίσκεται εἰς τὰ βιβλία μας, σελ. 306.

Today's *Apolitikion* (Dismissal Hymn) is that of Tone Six (Plagal 2):

When the angelic powers appeared at your tomb, those who guarded You became as though dead. And, standing by your sepulcher was Mary, seeking your pure and sacred body. You did vanquish Hades and, uncorrupted by its touch, You came unto the Virgin bestowing the gift of life. From the dead You arose, O Lord: we give glory to You.

Ἀγγελικαὶ δυνάμεις ἐπὶ τὸ μνημαῖ σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἀχαρντόν σου Σῶμα. Ἐσκόλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ: ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν. Ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε, δόξα σοι.

THE LORD'S PRAYER IN SPANISH: Padre nuestro, que estás en los cielos, santificado sea tu nombre, venga tu Reino, hágase tu voluntad en la tierra como en el cielo; danos hoy nuestro pan de cada día; perdona nuestras deudas así como nosotros perdonamos a nuestros deudores; no nos dejes caer en la tentación, y líbranos del Mal.

INTRODUCTION TO ORTHODOXY: (*Sundays, 9 a.m., upstairs*). This class is especially intended for those who are thinking about converting to Orthodoxy and for family members and friends who would like to support them on their journey. It is also open to people who are already Orthodox and who would like to deepen their understanding of their faith. We explore Christian theology and practice by reading selections from Scripture, the Church Fathers, the lives of the Saints, and other texts representative of the Orthodox worldview. These readings are the starting point for our discussions, which aim at clarifying doctrine and worship and helping us to discover (or rediscover) why we belong in the Church. If you are interested in attending the class, please contact **Alexandros Kozák** at orthodoxy-agkozak@sneakemail.com. Note: The Introduction to Orthodoxy class is now being offered two Sundays a month. The class is meeting this morning, in the second-floor conference room, beginning at 9 a.m. In September, it will meet on the today as well as on the 16th.

FATHER STEPHEN SCOTT IS THIS MORNING'S CELEBRANT: As **Father Stephen** is away today, through September 14, **Father Stephen Scott** is the celebrant of the Divine Liturgy. **Father Scott** is Abbott of the Holy Cross Monastery in Castro Valley, CA. Meanwhile, should there be any emergencies requiring a priest, in Father Stephen's absence, please call our Metropolis offices, at 415 753-3075.

40 DAY BLESSING TODAY: Today **Westen Albert**, 40-day old son of **Sarah and Jeff Jurah**, is being received into the Church. *Na mas zisi!* Long Life!

HOLY CROSS SERVICES AT HOLY CROSS, BELMONT: In Father Stephen's absence, services will NOT be held at the Cathedral this Friday, September 14 (Feast of the Elevation of the Holy Cross). Instead, services will be held at the Church of the Holy Cross, in Belmont, beginning at 9 a.m. Great Vespers will be celebrated there on Thursday, beginning at 7 p.m.

DANCE PRACTICE TODAY: Dance practice will take place today, beginning at 12:30 p.m.

PHILOTOCHOS BOARD MEETING TODAY: The meeting will take place in the conference room.

SUNDAY SCHOOL BEGINS TODAY: Sunday School (better yet, "Classes in Christian Formation") resumes this morning. We welcome our children. We recognize the challenges posed by so many other pursuits—sports, dance, extracurricular activities. However, the Faith—taught in the home and is reinforced in the church—is paramount. We cannot stress enough the importance of your children's attendance and participation. Additionally, we are in need of teachers committed to teaching our Faith to the next generation. Please give thought as to how, by teaching, you may make a difference, both in the lives of our children, as well as your own. If you are inclined to want to help teach, please contact Father Stephen, fatherstephen@annunciation.org.

GREEK SCHOOL Greek School will resume Saturday, September 29. We are happy to announce, as we have in the *Herald*, that **Shu Yeung** is the new director of our Greek School. A native of New York City, **Shu** is married to **Peter Kotsonis**; they have a daughter, **Sophia**. **Shu** looks forward to helping our Greek School grow, perhaps adding a class for adults. For more information about our Greek School program, please contact Shu at shuh_yeung@yahoo.com or at 415-518-8750.

LOOKING AHEAD TO THE FESTIVAL: COOKING/BAKING IN FULL FORCE: Our Festival will take place September 21, 22, and 23. In preparation, our baking/cooking schedule is as follows: Tuesday, September 4: *Galactoboureko*; Tuesday, September 11: Bell Peppers; Sunday, September 16: *Tiropites*; Monday, September 17: Baklava; Wednesday, September 19: *Rizogalo*. Baking begins at 9 a.m. each day. We need you to volunteer to work at the Festival. For specifics, please contact: **Deno Konstantinidis**, denocom@hotmail.com, **Grace Koutoulas**, gmkoutoulas@yahoo.com, or **Chris Kyriacou**, chris_kyriacou@mac.com.

DEMENTIA SUPPORT GROUP: We have partnered with the Alzheimer's Association and will be offering a caregiver support group the first Tuesday of every month, 11 am – 12:30 p.m. For more information, please contact **Heather Gray, Family Program Manager**, at 800 272-3900 or hgray1@alz.org

PARKING: Until our parking component is up and running (following final inspections and the engagement of a third-party operator, in accordance with the terms of our conditional use permit) the valet will park our cars. We simply drop off and pick up our cars at the entrance. We do not go down into the garage ourselves. For this service, we will pay \$5 per car, to cover the cost of the attendants. The Cathedral will no longer subsidize parking in the lot behind the Cathedral.

ONLY 2 TICKETS LEFT FOR GOYA 49ERS GAME OCTOBER 7: Please contact **Matia Kostakis**, MatiaK23@gmail.com, if you are able and wish to participate. Thank you to **Archon Paul Sogotis** for underwriting the cost of the tickets.

WHAT A GLORIOUS DAY: Spontaneous! Without much fanfare. Two weeks ago, we “spilled out” onto the courtyard, most of us for the first time, to get a feel for the outdoor space, which we will be using for this year’s Festival and afterwards. Although we have a little way to go to complete the fountain and the landscaping, and much more of a way to go to complete the interior of the new Cathedral, you can all take great pride reflecting on what, with your faith, determination, and vision, you have accomplished so far, in faithful response to our God, when he told Moses: *“Build me a Sanctuary, and I will appear among you.”* (from the Septuagint: *Και ποιήσεις μοι ἅγίασμα, καὶ ὀφθήσομαι ἐν ὑμῖν*). (Exodus 25:8). Don’t take it lightly: you are building His sanctuary, a sacred space, where we will be gathering for prayer and for the glorification of God’s Holy Name. Where? In the heart of one of the world’s premier cities, where the Orthodox Christian faith is poised to proclaim the Gospel message of salvation, given the challenges and opportunities of the 21st century, and the second century of our existence as a community.



“The Church shall be a home for Orthodox Christians from every ethnic and national background. It shall be a house of prayer for all humankind, in which the Holy Name of our Triune God shall be extolled and all of creation sanctified.”