



# ANNUNCIATION CATHEDRAL HERALD



245 VALENCIA STREET, SAN FRANCISCO, CA 94103 · 415 864-8000 · FAX 415 431-5860 · WWW.ANNUNCIATION.ORG

OCTOBER 2018

## 2018 Food Festival, Another Great Success

It seems each festival gets better and better. Or, at least that's how we measure each festival's success. We compare it to that of the previous years and calculate the numbers of people who show up and, of course, the revenues. But, each festival is also different from that of the previous year, in that we always meet new people, especially young families and young adults. And, therefore, we can say, another food festival, another great success. Somehow all the volunteers come together, somehow last-minute hiccups are addressed. In the end, we say it was all worthwhile. Why? Because at the heart of the Festival is community-building. Not just the strengthening of our own church community, but the community at large. We welcome our neighbors and friends, we make new friendships, we connect with all of San Francisco and beyond. All because of the legacy of a faith and a culture that speak of being welcoming others, of respecting others, and of loving all. Thanks go to the festival team of leaders and volunteers, thanks that are beyond words, for what you are doing in fact is not only building community, but passing the legacy of our faith and culture to future generations. Following are a few photos of this year's festival. Enjoy. Και του χρόνου! Here's to next year!



Gary Fisher, creator of the Fisher Bike, shown delivering a special electric bike, which was this year's first raffle prize.



to see more photos, turn the page









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## A Byzantine Landmark in the Heart of San Francisco

Spontaneously and without much fanfare, a few weeks ago, we “spilled out” onto the courtyard, most of us for the first time, to get a feel for the outdoor space. The community at large got to experience this during this year’s Festival, and we will be enjoying it for years to come. Although we have a little way to go to complete the fountain and the landscaping, including the old chapel columns (and much more of a way to go to complete the interior of the new Cathedral, you can all take great pride reflecting on what, with your faith, determination, and vision, you have accomplished so far, since Loma Prieta back in 1989 claimed all of our facilities. You did it and you are doing it in faithful response to our God, when he told Moses, some 3000 years ago: *“Build me a Sanctuary, and I will appear among you.”* (from the Septuagint: *Καὶ ποιήσεις μοι ἁγίασμα, καὶ ὀφθήσομαι ἐν ὑμῖν*). (Exodus 25:8). The Lord was, of course, referring to the eventual building of the Temple in Jerusalem. We are building His Temple in San Francisco! Be proud of what you are doing: you are building His sanctuary, a sacred space, where we will be gathering for prayer and for the glorification of God’s Holy Name. Where? In the heart of one of the world’s premier cities, where the Orthodox Christian faith is poised to proclaim the Gospel message of salvation, in spite of or, perhaps, answering to the challenges and opportunities of the 21<sup>st</sup> century. We’ve played a historic role in this regard the last (almost) 100 years—we were established in 1921). And, we look forward to playing an even greater role during the second century of our existence as a community, and beyond. Enjoy the photos. More importantly, enjoy the actual space. Come, visit us, pray with us, be a part of our family.





*Shown above is an icon of the multiplication of the five loaves, or the feeding of the 5,000. It depicts Christ blessing the loaves and entrusting them to the disciples. In turn, they distribute the bread to the people. This is a prefiguring of the Eucharist, where the clergy have been entrusted with the distribution of the Eucharist, i.e. the Body and Blood of Christ, which we receive as Holy Communion. As the stewardship material, which we have received, says: stewardship should be grounded in the true meaning of the Eucharistic sacrifice. Stewardship is our response to our belief in God and what God has done and continues to do for us. Stewardship is a sacred connection between us, the believers, and the Church, which is His Body.*

## Stewardship and You

As noted, during the month of September, we conducted an analysis of our stewardship program for 2018 with a view to an even more robust program in 2019. Stewardship is the means by which we, the members and parishioners of the parish, support the day-to-day work of the Church. This is different from the Capital Campaign, which raises funds specifically for the new Cathedral. Stewardship is ongoing. Capital Campaign is project-oriented. For 2019, we are adopting the Stewardship theme of the Archdiocese, which is: Stewards of the Faith: I can do all things through Christ Who strengthens me. The reason for your stewardship support is simple: you believe in God and, therefore, you support the work of his Church.

## Further on Stewardship

As the many programs offered by the Cathedral are funded by your stewardship, it is only appropriate that those participating in the programs are stewards of the parish. In order to be a steward, one needs to be 18 years of age and older. What, then, of those who are under 18? It stands to reason that their parents or guardians need to be stewards of the parish. So, then, the parents or guardians of those who participate in Sunday School, Greek School, dance, basketball, volleyball, etc., should be stewards of the parish.

## We want to Say “Thank You-Ευχαριστώ”

As noted last month, in the November issue of the Herald, we will print a list of current stewards of the parish, both to say thank you-ευχαριστώ (it’s only appropriate, as, during November, we observe the uniquely American holiday of “thanks giving.” At the same time, we want to shake things up a little bit. We want those who are not on the list to ask, why am I not on the list? How about my joining in and helping fund the programs offered by the Annunciation Cathedral parish? After all, I, too, am a baptized Orthodox Christian and consider the Annunciation Cathedral my home parish. Many times, we Orthodox are lax when it comes to stepping up and supporting. We need to make it more of a priority.

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Καί τά λοιπά = Etc.,  
i.e. Dis ‘n Dat

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## What Should You Do if You Have Questions About What’s Happening in the Wider Church?

Recently, parishioners have been barraged with any number of issues having to do with the Church at the local level, meaning in our Archdiocese, and the world-wide level. On the one hand, we’ve read about financial concerns in the Orthodox Observer. More recently, we read or heard about issues arising since the decision by the Ecumenical Patriarchate—the Mother Church—to recognize and accede to the request for autocephaly by the Church in the Ukraine. Of course, this touches upon the recently strained relations between the Mother Church and the Church of Moscow. By the way, there is a long history behind this most recent situation, going back almost to the founding of the Church there some 1000 years ago and, certainly, during the next 500 years. We encourage our parishioners to become better informed by reading. At the same time, we encourage you to pray, as we do in the Divine Liturgy, “for the holy Churches of God and for the unity of all.” The Orthodox Church remains one, though, in our country, especially, and in other parts of the world, we have the presence of any number of jurisdictions.

Let us remember the prayer of our Lord Jesus Christ to God the Father, the night of His betrayal, which led to His crucifixion and death, “I pray that they may be one, as thou, Father, art in me, and I in Thee, that they also may be one in us, that the world may believe...” (John 17:21).



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## New Wall Between the Kytherian Room and the Gym

Parishioners will notice a new retractable wall between the Kytherian Room and the gym. This was recently installed. It replaces the old retractable wall, which was damaged and had to be removed, as well as the more “permanent” wall, which was put up a couple of years ago. We had promised the Millennium School that we would install the retractable wall, and we kept our promise. This affords us the flexibility of opening up the area, especially during basketball games, the festival, and other large events, as well as creating two separate, soundproof spaces for things like meetings and dance practice. The wall cost some \$27,000.00. Other walls which we looked at cost up to twice this amount. We ask our parishioners to help keep the wall in good shape by avoiding running into it, as well as opening and closing it properly, as need arises.

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## Streamlining our Mailing List

Our mailing list consists of about 800 names and addresses. That is, some 800 households receive the monthly Herald and other items we mail, such as stewardship packets, Christmas and Easter mailings, along with the annual calendar. All this costs money. Meanwhile, our stewardship—those who send in an annual pledge to support the Cathedral’s daily needs as well as its programs—is about 330. Somehow there’s this disconnect. It’s like Jesus asking the lepers who were cleansed, “where are the other nine?” Why is it we have 800 on our mailing list but only 330 stewards? Thought is being given to streamlining our mailing list. That is, at the beginning of 2019, we are considering eliminating from the mailing list the names of those who are not stewards. As we raised this issue in the September Herald, we’ve been hearing back from you. Some of you who are not current stewards are saying, “Don’t take me off the list. I like receiving mail from the Annunciation Cathedral.” Some, who are current stewards, have said, “Let’s streamline the list.” A letter has recently gone out to those who are not current stewards, encouraging their participation in stewardship. We like the idea of building up our community, not limiting it. So, we will intensify our efforts to enlist your support.

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## Amazon Smile

A lot of us buy books, household items, and what-have-you on Amazon. If you sign up, at no cost to you, Amazon will make a contribution, based on your purchases, to the Annunciation Cathedral. If you have not already done so, visit [smile.amazon.com](https://smile.amazon.com) to enroll. It’s as simple as that. Make sure you log on to Amazon Smile when ordering from Amazon and tell them Annunciation Cathedral is your charity of choice. Thanks.

## Improving our Web Site, [www.annunciation.org](http://www.annunciation.org)

We always welcome suggestions, particularly when it comes to improving things. One of these had to do with our web site. We heard you say, “let’s make our web site more efficient, more inviting.” Of course, all this costs money. A couple of months ago, we put out a blurb to the effect that we are looking for a web master. John Lampros, a lifelong member of the Cathedral, responded immediately. He has taken on the task of maintaining (that is, sending out the weekly bulletin and the monthly Herald, and updating the home page) our site, and even improving it (making it more attractive, and easier to navigate.) Thank you, John. Please continue to give us your input, as we strive to better serve you.



*“The person who loves God values knowledge of God more than anything created by God, and pursues such knowledge ardently and ceaselessly.”*

St. Maximos the Confessor,  
400 Texts on Love 1.4



### **Community Christmas Card**

It's only October, but not too early to think about the Cathedral's Community Christmas Card. Mailed to over 1000 families, the card includes your greetings for a Blessed Christmas and a joyous, peaceful New Year to them, and beyond. And, it is an additional means of support to the Cathedral's ministries. The donation remains \$25 per listing. For a number of years, our "Christmas card elves" included Kalliope Fousekis, Annette Chiappari and Annamarie Balian. Though the first two are recuperating (and we pray for the restoration of their good health), they join Annamarie (at least in spirit), at the Christmas Card table located outside the pangari, on the way to coffee hour. The table will be set up for the entire month of November. Meanwhile, if you are unable to come to church and would still like to be included in the card, you may let them know, by e mail. For Annamarie, it's bali-ana@aol.com. For Kalliope, it's kallopef@aol.com. And, for Annette, it's Annette.chiappari@yahoo.com. You may also phone the Cathedral, at 415 864-8000.

# 1000

As everyone has been busy preparing for our festival, plans for our 100th anniversary celebrations took a back seat. Now that the festival is behind us, we will be designating meeting dates, inviting the entire community to participate in what should be first-rate celebrations marking the establishment of this historic community. It was decided we should wait until after the festival to begin holding regular meetings. Just to reiterate, 2021 will mark the Cathedral's 100th anniversary. 100 years since it was established by Meletios Metaxakis (along with the then Dioceses of Chicago and Boston, and the Archdiocese, which is headquartered in New York).. Originally, our Cathedral was named St. Sophia and was located at Hayes and Pierce Streets, right across from San Francisco's famed Alamo Square. In 1928, the Cathedral, however, relocated to Valencia Street, in large part because the Valencia Street site was more accessible. It was renamed "Annunciation," in 1936. (Its corporate name is United Greek Orthodox Community of San Francisco, The Annunciation.) As noted, we are initially planning to print a commemorative book, as well as a "100th anniversary weekend," culminating in a grand gala event.

*“Search the Scriptures and you will find the commandments; do what they say and you will be freed from your passions.”*  
*St. Thalassios the Libyan,*  
*“On Love, Self-Control and Life in Accordance with the Intellect,”*

4.54 St. Maximos the Confessor,  
400 Texts on Love 1.4

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biblical  
religious  
believe  
faith  
Theology  
God  
preach  
spirituality  
worship



## Introduction to Orthodoxy

### Introduction to Orthodoxy” Class Welcomes New Members to the Faith

The new Annunciation cathedral recalls the beauty and majesty of other churches more than a millennium old, such as Hagia Sophia in Constantinople. Those who have been fortunate enough to witness its construction know that, like those older churches, it is being built to last, and one can imagine it serving the needs of the faithful, God willing, centuries from now. The building is an impressive, outward sign of our community’s conscious outreach to the city and the world. By building a sanctuary for God, we are simultaneously expressing a gesture of welcome to all future generations of Orthodox Christians.

Some of them will be born into our families, while others will marry into the faith. Still others will come to us simply because they are astounded by the beauty of our worship, the richness of our theological traditions, and our special emphasis on the mystery of our intimate encounter with God. Whether future parishioners are drawn into the fold by love for its members, for their resilient, ancient faith, or by a mixture of the two, we must continue to be prepared to accommodate incoming Orthodox Christians of every background.

The Cathedral’s “Introduction to Orthodoxy” class aims to facilitate the spiritual journey of those considering joining our Church. We prepare adult inquirers for their baptisms and chrismations, and we explore the richness of our faith through discussion of Holy Scripture, the theology of the Church Fathers, and the lives of the Saints. The goal of the course is to provide people with acculturation in the Church prior to their becoming full members in it.

The class has been meeting on a weekly basis. Going forward, however, it will meet two times a month. In October, the class will meet on October 7 and on October 21, beginning at 9 a.m.

## Sock Drive

Our Young Adults, in tandem with our Ladies Philoptochos, is conducting a “sock drive,” just as we’re ending our very successful “health goods drive.” The socks will be given out to our guests who come to Community Kitchen, now that we are entering the colder months. The next Community Kitchen will take place on Tuesday, October 16. Won’t you bring one or more pair of socks with you the next time you come to church and leave it in the appropriate receptacle, located in the front office, or leave it at the pangari? The office is the first room on your right, as you enter the building, off Valencia Street and, of course, the pangari is the vestibule, as we enter the chapel, for worship. Thank you.

*“The Church, through the temple and Divine service, acts upon the entire man, educates him wholly; acts upon his sight, hearing, smelling, feeling, taste, imagination, mind, and will, by the splendour of the icons and of the whole temple, by the ringing of bells, by the singing of the choir, by the fragrance of the incense, the kissing of the Gospel, of the cross and the holy icons, by the prosphoras, the singing, and sweet sound of the readings of the Scriptures.”*

St. John of Kronstadt, My Life in Christ





## S.F. Cathedral Philoptochos Ecclesiastical Year 2018

Greetings to you all – Members, Friends, Family and Parishioners,

As we begin the Ecclesiastical Year, the Philoptochos Ladies are eager to continue to expand our good deeds. We want to thank you all for your support to our organization’s charities, projects and events.

Keeping in the spirit of Philoptochos, we will continue to support the mission of our society we began last year which is to:

- Aid the poor
- Promote charitable purposes
- Support our Cathedral’s needs
- Preserve and perpetuate the activities of the Greek Orthodox Community, with the cooperation of our Cathedral and its leaders
- Continue to support our seminarians and students of the Hellenic College Holy Cross Greek School of Theology
- Fulfill our obligations and commitments to the Metropolis and National Philoptochos’ Ministries that help so many causes around the world

In addition, we as a Chapter will focus on membership, fellowship and leadership to:

- Increase new Membership and encourage annual renewal
- Increase and inspire all Members to be active and take leadership roles
- Increase and commit to attending meetings and fulfill the expectations and responsibilities of a Board Member
- Increase and embrace the understanding of what Philoptochos is and does for all

We believe that with your commitment and faith, we *WILL* make a difference and continue what we have started. We look forward to another successful year as we promote our Philoptochos mission. May our work be blessed by the Lord!

*Yours in Christ,  
Janis Petrou, Philoptochos President*



## Coffee Hour Sign-Ups Needed

Coffee hour is a time for our community to gather and say hello to our friends, family and new comers. Philoptochos has volunteered to host coffee hour the third Sunday of each month...stop by to say hello and support one of our ministries.

Truly consider hosting a coffee hour on behalf of your family, church organization, or remembrance of a loved one for the balance of each month. Please contact Grace Koutoulas at [gmkoutoulas@yahoo.com](mailto:gmkoutoulas@yahoo.com) or contact the church office at 415-864-8000 to reserve your Sunday or get more detail.



## Philoptochos Meeting Sunday, October 14

We will be holding a general meeting following the divine liturgy on the second-floor conference room. Meeting will start at 12:30pm so please plan on joining us – refreshments will be served.

**Highlights of Meeting:**  
Presentation by Tessie M. Calligeros, MA | Alzheimer’s Association, Northern California and Northern Nevada  
Our year in review

We look forward to seeing you at the meeting.



*Patriarch Athenagoras Orthodox Institute formally invites you to*

## **Philoptochos News A Special Fund Raiser**

The Ladies Philoptochos is proud to sponsor the sale of the official Annunciation Cathedral Christmas Ornament. This is an etched depiction of the new cathedral and is a limited edition 24k gold plate on brass ornament. Proceeds from the sale of the ornament go to the building fund.

This keepsake ornament is a tangible reminder of the of what we are building—the new Annunciation Cathedral. The ornament helps us reflect on the generations of faithful—those who immigrated and those born here—over the past several decades that dedicated themselves to creating the community we call the Annunciation Cathedral.

Consider ordering one or several ornaments for your own Christmas tree, or as gifts. Each ornament will be accompanied by a certificate of authenticity. Please contact Philoptochos at 415-864-8000 or philoptochos@annunciation.org to order your ornament and get more information.

*“We have learned the plan of our salvation from no one else other than from those through whom the gospel has come down to us. For they did at one time proclaim the gospel in public. And, at a later period, by the will of God, they handed the gospel down to us in the Scriptures—to be the ‘ground and pillar of our faith.’”*

St. Irenaeus, Against Heresies

## *I am the Vine*

*Northern California Gala*

**Saturday, October 13, 2018**

*4 o’clock in the afternoon to 9 o’clock in the evening*

*Filoli Gardens*

*86 Canada Road*

*Woodside, CA 94062*

**Limited Seating**

*Please join His Eminence Metropolitan Nikitas and the Board of Trustees of the PAOI in the following:*

**4:00pm-5:00pm-** *Optional self-guided tour of country estate and historical mark that stands for Mr. Bourn’s credo: “**F**Ight for a just cause; **L**Ove your fellow man; **L**Ive a good life.” Filoli is dedicated to the preservation, interpretation, and stewardship of the cultural traditions and natural history of this country estate for public education.*

**5:15pm-6:15pm-** *Champagne and appetizer reception in the mansion.*

**6:30pm-9:00pm-** *Formal dinner in mansion’s ballroom with Opera Singer Mrs. Edie Delegans.*





*“If a man should come here with earnestness – even though he does not read the Scriptures at home – and if he pays attention to what is said here, within the space of even one year he will be able to obtain a considerable acquaintance with them. For we do not read these Scriptures today, and tomorrow others that are quite different, but always the same section and consecutively.”*

St. John Chrysostom, Homily 58,  
Homilies on the Gospel of John



## Tikey Zes to Lead Benefit Concert (Save the Date)

March 23 (Annunciation weekend) has been selected as the date for a concert to be directed by Maestro Tikey Zes, to benefit the Annunciation Cathedral Building Fund. The concert is actually Dr. Zes' idea. He's discussed it with key members of his group of singers, and they are all eager to perform songs both liturgical and secular. We are grateful to him, both for the initiative and because, some years ago, he was Annunciation's choirmaster. As we know, Dr. Zes is professor emeritus of music at San Jose State University and continues to lead the choir at the St. Nicholas Church in San Jose. The concert is scheduled to take place at 4:00 p.m. on Saturday, March 23. Please "save the date." Additional information is forthcoming.

alzheimer's  association®



## Dementia Caregiver Support Group to Start Operating at the Cathedral

Please join us for our first Dementia Caregiver Support Group. We are proud to partner with and host the Alzheimer's Association monthly support group meeting on the 1st Tuesday of the month from 11am-12:30pm. Our first group meeting will begin on Tuesday October 2, 2018 and will be held in the Cathedral's conference room, which is located on the second floor, to right of the elevator. Families providing care and support to a loved one diagnosed with a dementia and/or have concerns regarding their loved one's memory are welcome to attend. Space, however, is limited. For more information, please contact Heather Gray, Family Program Manager, at 1.800.272.3900 or email her at [hgray1@alz.org](mailto:hgray1@alz.org).

*“Illumine our hearts, O Master Who lovest mankind, with the pure light of Thy divine knowledge. Open the eyes of our mind to the understanding of Thy gospel teachings. Implant also in us the fear of Thy blessed commandments, that trampling down all carnal desires, we may enter upon a spiritual manner of living, both thinking and doing such things as are well-pleasing unto Thee. For Thou art the illumination of our souls and bodies, O Christ our God, and unto Thee we ascribe glory, together with Thy Father, Who is from everlasting, and Thine all-holy, good, and life-creating Spirit, now and ever and unto ages of ages. Amen.”*

Prayer read silently by the priest  
before the reading of the Gospel



## Archdiocese Launches Creation Care Toolkit

The Department of Inter-Orthodox, Ecumenical & Interfaith Relations of the Greek Orthodox Archdiocese of America has launched a **Creation Care Toolkit** with the goal of helping individuals and parishes take immediate action to care for God's Creation. The Toolkit, as announced by His Eminence Archbishop Demetrios of America in his Encyclical for September 1<sup>st</sup>, as well as by His Eminence Metropolitan Gerasimos of San Francisco, is available now at [www.goarch.org/en/society/ecology](http://www.goarch.org/en/society/ecology).

In his most recent encyclical for the Feast of Indiction and the Day of Protection of the Environment, His All-Holiness Ecumenical Bartholomew writes, "The ecological culture of the Orthodox faith is the realization of its Eucharistic vision of creation, summarized and expressed in its church life and practice. This is the Orthodox Church's eternal message on the issue of ecology. ... Adhering to this tradition, the Mother Church calls upon its Archdioceses and Metropolises, as well as its parishes and monasteries throughout the world, to develop initiatives, coordinate projects, organize conferences and activities that foster environmental awareness and sensitivity, so that our faithful may realize that the protection of the natural environment is the spiritual responsibility of each and every one of us."

The **Creation Care Toolkit** offers easy to find Sunday School lesson plans, videos, articles, vespers service and more. These resources have been designed for use by the parishes and communities to begin their own Creation Care activities. For more information please contact the Department of Inter-Orthodox, Ecumenical & Interfaith Relations at 212.570.3593.



## New Young Adult Resource: The Y2AM Ministry Plan

A new version of the Youth Ministry plan, for the 2018-19 ministry year, has been announced by the Department of Youth and Young Adult Ministries (Y2AM) of the Greek Orthodox Archdiocese of America.

This Ministry Plan is a comprehensive set of youth and young adult resources to help ministry workers lead effective, Christ-centered ministry. It takes the ministry insights behind successful programs like Be the Bee and turns them into a clear, easy to follow plan.

This year's theme is "A Life of Offering", and is designed to help young people offer their lives to God as faithful Orthodox Christians. The Y2AM Ministry Plan gives week-by-week guidance for the upcoming ministry year (September 2018 - May 2019). It includes carefully designed resources for JOY (grades 3-6), GOYA (grades 7-12), and OCF/Young Adult Ministry. The Y2AM Ministry Plan also offers a Family Supplement to help parents build faithful homes.

"Too many youth and young adult workers are stretched thin, expected to both design and lead effective ministry. That's why so many people were excited when we launched the Y2AM Ministry Plan last summer. And they're going to love the new version we've made for the new year," said Steven Christoforou, Director of Y2AM.

Feedback has been incredibly positive so far. Eva Konstantakos, Director of Y2AM Detroit, said that the Ministry Plan "supports ministry workers with a complete curriculum, thoughtful sessions and activities for all ages, which we can utilize throughout the ecclesiastical year. The Y2AM Ministry Plan helps to bring youth, young adults, and families into a deeper relationship with Christ on their journey toward the Kingdom."

The Y2AM Ministry Plan can be accessed at [y2am.org/MinistryPlan](http://y2am.org/MinistryPlan) as a free download.

For more information please contact the Department at 646.519.6780 or by email at [y2am@goarch.org](mailto:y2am@goarch.org)





*Members of our Young Adults, who head Community Kitchen, meeting with Father Stephen following a recent Community Kitchen. The Young Adults work hard to maintain and promote this ministry of feeding the hungry.*

## Community Kitchen

The Cathedral's Community Kitchen, which began under the name "Soup Kitchen," operates the third Tuesday of every month. The volunteer work involves food prep, cooking, hall setup, serving the meal and—so important—cleanup. We also have a food pantry, so a few awesome volunteers come early to bag up canned/non-perishable goods for our guests to take with them. Some volunteers arrive earlier, but the typical timeframe is 5 p.m. to 9 p.m. Shown above are just some of our Young Adults, who spearhead the Community Kitchen ministry. Won't you join them? Following each Community Kitchen, after cleanup, the Young Adults gather in the second-floor conference room for wine and cheese. They get to know one another better. They welcome new members. They address topical issues. And, of course, they plan for the following month's Community Kitchen. In November, the Young Adults will team up with the Cathedral Ladies Philoptochos for a Thanksgiving feast! This month, Community Kitchen will take place on Tuesday, October 16. Our guests count on us to provide them with a hot meal, and fellowship. May we, in turn, count on you? Once again, that's Tuesday, October 16, 5:30 p.m. for set up and 6:30 p.m. for serving.



*Some 100 guests come to the Cathedral's Community Kitchen, to be fed, to get out of the cold, to feel acceptance and warmth by people who care. The Cathedral, through its Young Adults, is honored to be able to host this event the third Tuesday of every month.*

# Parish Council

## MEETING

Have you ever thought about serving on the Parish Council? Want to know more about serving on the Parish Council? We invite you to log on to the Archdiocese web site, [www.goarch.org](http://www.goarch.org), and enter keyword Parish Council. You will find several articles about what service on the Parish Council entails and what is expected of a member of the Parish Council. One, of course, is that you are a member in good standing of the Annunciation Cathedral (as defined by the Archdiocese Regulations, for at least one year prior to the elections. Then, if you are still interested, please contact Father Stephen, [fatherstephen@annunciation.org](mailto:fatherstephen@annunciation.org). Or, contact the members of this year's Nominating Committee: Kathy Dermitzakis, Irene Poulakidas, or Anthony Ambus. If you are new to the Parish Council, a mandatory seminar will take place at the Cathedral on Tuesday, November 13, at 7 p.m. This year, seven people will be elected to the Parish Council, to a two-year term, beginning January 1, 2019. Of the sixteen-member Parish Council (the Dean is a permanent member of the Council) eight are elected one year, and seven are elected the following year. In this way, continuity is ensured. The election of the seven will take place on Sunday, December 16, following the Divine Liturgy.



## GOYA News

We had a blast at the K1 Speedway as photos of our kids, together with Matia Kostakis, our GOYA advisor in a recent issue of the Herald show. The next GOYA event will be attending a 49ers game. We've selected Sunday, October 7 (49ers and Arizona Cardinals). The game starts at 1:25 p.m., so there's time to come to church first. In order to get the group discount, we bought a block of tickets. All but 2 tickets have been accounted for. First come, first serve, please contact Matia and tell her you wish to join us. Matia's e mail is [MatiaK23@gmail.com](mailto:MatiaK23@gmail.com). Meanwhile, we thank Archon Paul Sogotis for underwriting the cost of the tickets. Let's go and enjoy the game. Take lots of pics for the next Herald. Go, 49ers!

## Young Adult Fall Retreat at St. Nicholas Ranch & Retreat Center

October 12-14, 2018. This retreat is open to all Orthodox young adults ages 18-30's from across the Archdiocese.

Our speaker will be **George Papageorge LMFT**, the Director of our Metropolis Family Wellness Ministry, speaking on the theme of **"Life-Giving Relationships"**.

We will spend time having discussions and fellowship at St. Nicholas Ranch, as well as visit and help the Sisters at the Monastery of the Life-Giving Spring with a work project. On Saturday evening, we will enjoy some festive fall activities such as square dancing with a live dance caller, carving pumpkins, roasting s'mores, and popping popcorn over a campfire. You won't want to miss out!

**DATE:** Friday, October 12 - Sunday, October 14, 2018

### LOCATION:

St. Nicholas Ranch & Retreat Center, Dunlap, CA

### COST:

\$140 for a Dorm Room (cabins with multiple bunk beds)  
\$180 for Double Occupancy Lodge Room (hotel style room with two queen beds)  
\$250 for Single Occupancy Lodge Room (hotel style room)



## "LIFE-GIVING RELATIONSHIPS" YOUNG ADULT FALL RETREAT



T. NICHOLAS RANCH & RETREAT CENTER  
OCTOBER 12-14, 2018  
WWW.GOSFYOUTH.ORG



RETREAT SPEAKER:  
GEORGE PAPAGEORGE, LMFT  
METROPOLIS FAMILY WELLNESS MINISTRY



RETREAT PRIEST:  
FR. JIM PAPPAS  
ST. GEORGE, FRESNO, CA

**ONLINE REGISTRATION & MORE INFO:**  
<http://gosfyouth.org/young-adult-fall-retreat>

**AGES:** College Students & Young Adults, ages 18-30's

**ARRIVAL TIME:** Arrivals begin at 4:00pm on Friday and continue throughout the evening.

**DEPARTURE TIME:** 12:00pm on Sunday

Our Young Adults are becoming increasingly involved in the life of the Church. They are worshipping on Sundays and, after a number of years, are still hands on in charge of our Community Kitchen, which is held the third Tuesday of every month. Hardly a Sunday goes by when we don't welcome a new Young Adult or two. Some come from parishes clear across the country. Others are more local. Some come immediately upon arrival. Others do so after months of living in the City. Some scope us out, visiting other Bay Area churches, to determine if we're a good fit for them. Let's face it, different strokes for different folks. Some like more Greek in the Liturgy, others less. Still others are looking for a more "spiritual" or "engaging" parish. Others show up when they need a certificate of membership because they want to baptize someone or because they're going to be married. No matter what, we are impressed by the genuine interest of our Young Adults and we welcome them. We're here to serve. And, we invite them to become involved in the life of the parish, certainly in the monthly

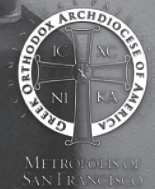


Community Kitchen and our get-togethers afterwards, as well as the following, designed exclusively for them, like the Fall Retreat, October 12-14 and the Paracletis/dinner on October 26.



# YOUNG ADULT PARAKLESIS & DINNER

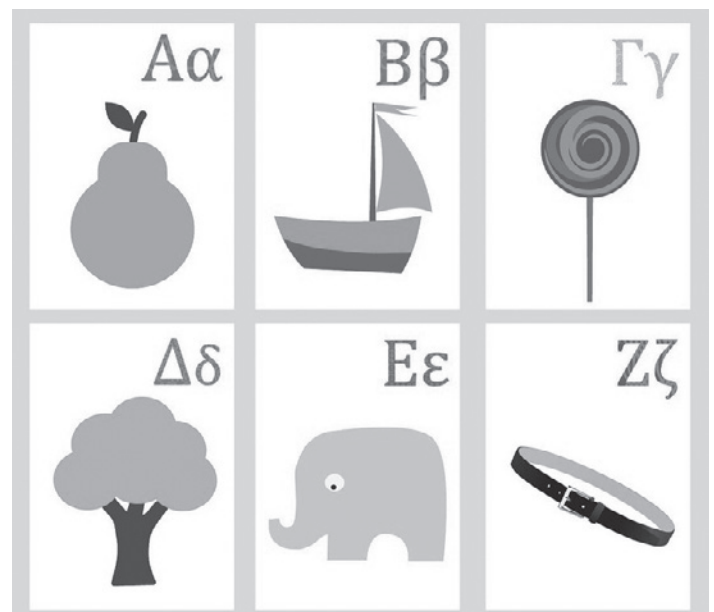
OCTOBER 26, 2018 - 6:30PM  
ANNUNCIATION CATHEDRAL  
SAN FRANCISCO, CA  
RSVP: [JDUTERTE@SANFRAN.GOARCH.ORG](mailto:JDUTERTE@SANFRAN.GOARCH.ORG)



The Cathedral Young Adults are responsible for starting the Soup Kitchen (now Community Kitchen) at the Cathedral. While others come and volunteer, it is the Young Adults who are spearheading this ministry. After everything is cleaned up, the Young Adults convene in the second-floor conference room for fellowship and discussion, over wine and cheese. The next Community Kitchen will take place on Tuesday, October 16 .

## Greek School News

We would like to welcome our students back from summer break. The 2018-2019 school year for Greek language classes began Saturday, September 29, the weekend after the festival. Classes occur on Saturdays from 10 am - 12:15 pm and run till June 8, 2019. Our teachers are very experienced and dedicated to our students' learning. If you would like to enroll your child in Greek school, please reach out to Shu Yeung at [shuh\\_yeung@yahoo.com](mailto:shuh_yeung@yahoo.com) or at 415-518-8750. Inasmuch as our Greek School is not a stand-alone school, but is a ministry of the Annunciation Cathedral parish, it is incumbent upon parents of our Greek School children to also be pledged stewards of the parish. For further information about stewardship, please contact Father Stephen, [fatherstephen@annunciation.org](mailto:fatherstephen@annunciation.org).





## Dance Group News

The Annunciation dance program resumed on Sunday, August 19. Our program encompasses dancers from Pre-K to adult. The goal of our program is to cultivate appreciation of Greek culture and heritage through dance while also fostering fellowship in our youth and community. Therefore, the families of our dancers are stewards of the parish. All groups attend the annual Folk Dance Festival (FDF), sponsored by the Greek Orthodox Metropolis of San Francisco. During the year, dance groups perform at Annunciation's Greek Festival as well as other special events.

With the exception of our Young Adults, our groups practice on Sundays, beginning at 12:30 p.m. We recognize that space constraints pose a challenge, but we have to make it work. So, we appear to be crowded on Sundays. We are. And we should be. After all, it's God's people, gathered in His temple, glorifying His holy Name. Interested in joining our award-winning groups? Contact Lea Lyberopoulos at [karthia808@yahoo.com](mailto:karthia808@yahoo.com).

### The Cathedral's dance groups are:

**To Mellon:** Pre-K-1st grade (must be at least 5 years old in Fall 2017)

Directed by Irene Kyriacou and Katerina Sarikakis

**Revmata:** 2nd-4th grade in Fall 2018

Directed by Katerina Sarikakis, Trina Misthos and Eleni Taptelis

**Thisavri:** 5th-7th grade in Fall 2018

Directed by Irene Kyriacou, Lea Lyberopoulos, and Lea Papavasiliou

**Spithes:** 8th -12th grade in Fall 2018

Directed by Irene Kyriacou, Lea Lyberopoulos, and Lea Papavasiliou

**Atithasi:** Young Adults

Directed by Michael Garibaldi and Nicole Garibaldi



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## Sunday School News

*“Of all holy works, the education of children is the most holy.”*

~Saint Theophan the Recluse

Our Sunday School resumed on Sunday, September 9. We cannot stress how important religious education is. (In fact we like the “religious education” or “Christian formation,” in place of “Sunday School.”) In any case, we recognize the challenges posed by so many other pursuits—sports, dance, extracurricular activities. However, the Faith is taught in the home and is reinforced in the church. If not, then we risk raising a generation of young people whose only connection with the Church is that they played basketball or that they danced here. Parents: please take heed! Meanwhile, we need to grow, even rebuild our Sunday School program. We are very encouraged by the attendance of so many children since classes began, and we are also so grateful for the volunteers who stepped up to teach our children: you demonstrate your commitment to teaching our Faith to the next generation. God bless you. Let’s work together to grow this vital program, to the glory of God, and the salvation of our souls.



Find us on:  
**facebook®**

**‘Like’ Annunciation Cathedral Sunday School!**



## Pangari Schedule

Serving on the pangari is a privilege, not only for Parish Council members, but for anyone who would like to be a part of the team of those who extend welcome to our services, especially for those who are visiting us from out of town and also people new to the community. The following teams, created so as to match up with their respective children, who will be serving in the altar on those days, consists of Parish Council members. Duties include the passing of the collection plate(s) and the seating of guests.

### Team #1

Deno Konstantinidis  
Philippos Athanasiades  
Christopher Kyriacou  
Dean Nicolacakis

### Team #2 (Second Sunday Please)

Paul Sogotis  
George Ambus  
Mike Sarikakis

### Team #3

Nicholas Rally  
Nicholas Svetcoff  
Chris Ramos

### Team #4

Manoli Nuris  
Vasiliki Moulas  
George Gavros

Peter Manetas, Nick Kontonis, Michael Bagatelos, Gus Vellis also serve at the pangari, on a regular basis.

Philoptchos members and other members of the community are invited to participate, as well. Please speak to Paul Sogotis, our “chief of protocol,” and indicate your willingness to be a part of the pangari team.

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## Serving in the Altar

Serving in the altar is a wonderful way for our young people to participate in the worship of our church, and learn more about our faith. For the present school year, we are very pleased to announce the altar leaders program! This year, three of the older altar servers have taken on the responsibility of coordinating the groups during services each week. We hope to add several more to their ranks in the coming years!

If any families are interested in their boys joining an altar group, who are above the age of 10, feel free to contact **Father Stephen** at [fatherstephen@annunciation.org](mailto:fatherstephen@annunciation.org). Thank you also to **Nektarios McKnight** for guiding and instructing our altar servers each Sunday. As always, if anyone has any questions or suggestions, feel free to let us know. Thanks!



### Our altar schedule for October is as follows:

Our altar schedule for October is as follows:

- October 7 - Group 1
- October 14 - Group 2
- October 21 - Group 3
- October 28 - Group 4

Our altar groups are as follow:

**Group 1-** Stelios Kyriacou, Kosta Lyberopoulos, Andrew Vellis, George Tsokas, Victor Nicolacakis, Justin Perez, Christian Kleinekorte

**Group 2-** Christopher Apostolos Percia, Panagiotis Sogotis, Yianni Sogotis, Steven Monolakis, Matheos Zarou, Andonis Ambus

**Group 3-** Steven Chiappari, Gianni Kefalas, Nicholas Shatara, Michael Kamenis, Vlasis Kyriacou, Thanos Kyriacou, Nathanael Shatara

**Group 4-** Nathan Tesfai, Bobby Kontonis, Hari Manetas, Alexander Kasolas, Matthew Nuris (Jonas Tesfai- Group Leader)

Don't see your name here? Would you like to join us? We would like you to. Report for altar duty any Sunday morning, prior to 10:30 a.m., and Nektarios will make the appropriate arrangements. Meanwhile, it is also imperative that you attend Sunday School.

Interested in forming a group of girl altar servers, beyond the Myrrh Bearer's (Angels) program that we have during Holy Week and Pascha? Please contact Evangelia Raptis-Zarou, [erz.raptiszarou@gmail.com](mailto:erz.raptiszarou@gmail.com)

## Sacraments

### Baptism

William H. Offill, IV, son of William Offill, III and Rita Diane Stam, was baptized on September 15. His Sponsor is Constance (Connie) Jouganatos.

*Na mas zisi! Long life!*

### Weddings

The marriage of Roberto Alexis Cortez and Andriana Nichole Watts was blessed on September 1. Their Sponsor is Constantina Misthos.

The marriage of William H. Offill, IV and Christina Irene Daugherty was blessed on September 15. Their Sponsor is Matthew Daugherty.

*Na mas zisi! Long life!*



# O C T O B E R C A L E N D A R

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
						Greek School 10 am
7	8	9	10	11	12	13
Orthros 9 am; Divine Liturgy 10:30 am; Sunday School 10:30 am; Dance Practice 12 noon GOYA 49ers Game Introduction to Orthodoxy 9 am			Church Basketball 7 pm	Church Basketball 7 pm		Greek School 10 am
14	15	16	17	18	19	20
Orthros 9 am; Divine Liturgy 10:30 am; Sunday School 10:30 am; Dance Practice 12 noon Philoptochos General Meeting 12:30 pm		Community Kitchen 6:30 pm; Young Adults Get- Together 8 pm	Church Basketball 7 pm	Church Basketball 7 pm		Greek School 10 am Dance Practice 12 noon
21	22	23	24	25	26	27
Orthros 9 am; Divine Liturgy 10:30 am; Sunday School 10:30 am; Dance Practice 12 noon Introduction to Orthodoxy 9 am; Parish Council 12:30 pm			Church Basketball 7 pm	Church Basketball 7 pm	St. Demetrios Divine Liturgy 10 am; Young Adult Paraklesis & Dinner 6:30 pm	Greek School 10 am Dance Practice 12 noon
28	29	30	31			
Orthros 9 am; Divine Liturgy 10:30 am; Sunday School 10:30 am; Dance Practice 12 noon Parish Assembly 12:30 pm						

*“It is not possible, I say not possible, ever to exhaust the mind of the Scriptures. It is a well which has no bottom.”*

St. John Chrysostom, Homily XIX on Acts

UNITED GREEK ORTHODOX COMMUNITY OF  
SAN FRANCISCO, THE ANNUNCIATION  
ANNUNCIATION CATHEDRAL  
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