



ANNUNCIATION CATHEDRAL HERALD



245 VALENCIA STREET, SAN FRANCISCO, CA 94103 · 415 864-8000 · FAX 415 431-5860 · WWW.ANNUNCIATION.ORG

MARCH 2019

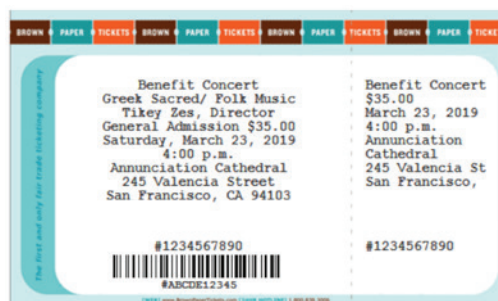


Benefit Concert for the Cathedral Building Fund

As part of its Annunciation 2019 festivities, and in anticipation of its 100th anniversary, in 2021, a very special concert of Greek Liturgical and Greek Folk Music will be presented on Saturday, March 23 at 4:00 p.m. in the

Chapel of the Annunciation Cathedral, San Francisco. It will be a benefit concert and will memorialize choir members who have passed since the last century. It will also honor choir members who are still singing in their churches of the Metropolis of San Francisco. The program will include music by Theodore Bogdanos, Steve Cardiasmenos, Frank Desby and Tikey Zes. The choir of members of Greek Orthodox Churches in the greater Bay Area will be conducted by Tikey Zes. Dr. Zes conducted the choir at the Cathedral some decades ago. Currently, he conducts the choir at the St. Nicholas Greek Orthodox Church in San Jose. Proceeds from the concert will benefit the Cathedral's building fund. The donation is \$35 and includes a champagne reception,

which will follow the concert. Meanwhile, the Committee welcomes sponsorships. There will be three categories of sponsorships: Gold (\$500), Silver (\$250.) and Bronze (\$100.00) The names of our Sponsors will appear in the program. We welcome your participation and support. Donations are fully tax deductible, to the extent allowed by law For more information, please contact Nick Tarlson nick@tarlson.com, or call the Cathedral office, 415 864-8000, office@annunciation.org. Tickets may also be obtained online: <https://annunciationfundraiser.bpt.me>.



FAITH. DANCE. FELLOWSHIP.



Spithes, the oldest group, poses as it concludes its preview performance on February 10.

Dance Groups Perform Superbly at FDF: 7 AWARDS!

Annunciation's four dance groups performed at this year's FDF (Folk Dance Festival, which took place in Ontario, CA February 14-18. Four groups competed. The Groups are known as, To Mellon (the future); Revmata (currents); Thisavri (treasures); and Spithes (sparks). Our groups performed superbly. At the awards ceremony, held on Sunday evening, the results were announced. Revmata, in the primary category, won the Costume Award and also took first place in the dancing competition. Thisavri, which competed in the advanced

see the following pages for more photos and the rest of the story

see page 2 for more photos and the rest of the story

junior category, took Third Place. Spithes, in the intermediate category, won: 1. Choral 3rd place for Division 1 (among all the groups that competed in that division), 2. Costume Award 3. Choral Award, and 4. and 2nd place in the dance competition. That's probably an FDF record. It certainly is an Annunciation record. Meanwhile, our youngest group, To Mellon, performed on Saturday in the non-competitive category. They got to perform solo and also dance the kalamatiano with Metropolitan Gerasimos and all the groups in their category. Needless to say, we are proud of our groups, not only for their achievements, but for their demeanor and their outstanding representation of our parish, together with their outstanding directors, their families, relatives and friends. This year, the groups sang and danced new dances,

from Northern Thrace as well as Epirus (the area that goes up to present-day Albania). While Spithes exclusively sang most of their songs, the other groups sang some songs. All groups were accompanied by live music and many sported brand new costumes, made for them in Greece. As we saw "back home," the groups performed a preview of their repertoire, before a record crowd of parishoners, on Sunday, February 10. Each of the four groups had between 16 and 20 members. With directors, parents, grandparents, well-wishers, and friends, some 200 individuals represented the Annunciation Cathedral at this year's FDF. The camaraderie, faith, and commitment demonstrated says clearly these are the men and women of the Cathedral's future. Featured below are a few photos.



To Mellon at the Preview



To Mellon at FDF



Thisavri at the Preview



Thisavri pose for their group photo at FDF



Thisavri at FDF



Revmata at the Preview



Revmata, performing their First Place Award Suite



The OGs



Revmata, posing with their First-Place awards



Spithes pose for their group photo at FD



Spithes



Our fabulous directors: Eleni Taptelis, Lea Papavasiliou, Irene Kyriacou, Katerina Sarikakis, Lea Lyberopoulos and Katerina Misthos



The Awards

Parish Council ELECTION

Wi-Fi and Internet for the 21st Century

While the regular business of the Parish Council is ongoing, including reporting, managing, and overseeing, both the day-to-day operations, and the new construction, recently, we've begun upgrading our Wi-Fi and Internet, to meet growing demands. At the initiative of new Parish Council member Peter Cazanis, CAT6 cabling is being run from a new firewall, core switch, and server, to wireless access points in the gym, classrooms, chapel and offices. Service is coming into the building from a roof-mounted antenna, installed by Monkey Brains ISP. Eventually, wireless and internet will be installed in the garage, to enable people picking up their cars to remotely notify the attendant of their arrival, so that their vehicle will be waiting for them. A new network, to better serve you, our parishioners!



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PRAYER IN TIME OF TROUBLE

*Lord our God, who became human and did not refuse the hardship and tears of this present life,
But humbled yourself also in this, to show that our weak nature is related to and compatible with your divinity,
Look with compassion on me your troubled servant in this time of trial,
And grant me the humility of the harlot, the repentance of Peter, the
endurance of your martyrs, the wisdom of your saints.
You who cried out in pain and anguish shortly before your suffering:
"Now my soul is troubled and what shall I say?"
Do not disregard my cry sent up to you at this hour with sighs too deep for word,
But with this trial provide also the way out so that I may be able to endure it and glorify
your boundless mercy and love for us, Father, Son and Holy Spirit, for ever. Amen.*

JOIN US FOR A

**BENEFIT CHORAL CONCERT OF
GREEK ORTHODOX SACRED MUSIC
AND GREEK FOLK MUSIC**

Saturday, March 23, at 4:00 PM
In the Chapel of Annunciation Cathedral
245 Valencia Street, San Francisco

Directed by Dr. Tikey Zes

**Featuring the music of
Theodore Bogdanos, Steve Cardiasmenos,
Frank Desby, and Tikey Zes**

**Choir composed of members of
Greek Orthodox Churches in the greater Bay Area**

Donation: \$35

Includes champagne reception following concert

Proceeds benefit the Cathedral's Building Fund

Online tickets: <https://annunciationfundraiser.bpt.me>

Tickets / Information: 415-864-8000 or nick@tarlson.com

**In memory of choir members who have passed,
And in honor of choir members still singing in their churches.**

**We welcome Concert Sponsorships and
Personal Tributes/Ads in the Keepsake Program.
Sponsors will be gratefully acknowledged in the Program.
nick@tarlson.com**



March 25, the Feast Day of our Salvation

The Cathedral is privileged to be dedicated to the Holy Theotokos and ever-Virgin Mary, specifically, to the event that put into motion everything that happened for our salvation. By this, we mean the coming of Jesus Christ, His birth, His ministry, His crucifixion, death, and resurrection.

Called Son of God, He is, in the words of the Nicene Creed, "begotten of the Father before all ages." In the words of the Fourth Gospel, He is the pre-existent Logos. Again, as the Nicene Creed phrases it, He is "very God of very God." An astounding thing, beyond the ability of the human mind to grasp: the Eternal God becomes one of His creation! And, so, Mary resists when she hears the Archangel Gabriel announce the Good News: that God had chosen her to become the vehicle of His birth in human form. Eventually Mary consents, saying, "let it be done to me according to thy word," (Luke 1:38). As soon as she does, the Holy Spirit comes upon her and the Logos takes on human flesh. This is what we mean when we say March 25th is the Feast Day of our Salvation. The actual words of the apolytikion of the Feast are, "Today is the day of our salvation." Above all, then, March 25 is a religious feast. It is, as well, the day on which the Greek people proclaimed their independence, in 1821. The two events are connected in that they are both celebrations of freedom: the one from the tyranny of the evil one. The other, from the tyranny of human oppression. We have, therefore, every reason to rejoice. This year's March 25th festivities will begin on Saturday, March 23rd, with a concert to benefit our Building Fund, at 4 p.m. The Dorian Singers will offer liturgical music by composers named in the first page article, as well as folk songs, directed by Maestro Tikey Zes. A champagne reception will follow, prepared by Angelo Koutoulas, of Chick 'N Coop. The following day, Sunday, March 24th, the office of Great Vespers will be celebrated, beginning at 7 p.m. As is our tradition, Angelo Koutoulas, who celebrates his name day on the 25th, will host a dinner, immediately following. Then, on

Monday, March 25, the Orthros service will begin at 9 a.m., followed by the Divine Liturgy, at 10:15 a.m. Afterwards, a luncheon will take place, sponsored by the Cathedral Ladies Philoptochos. The donation for the luncheon helps fund the many ministries of the Philoptochos. We invite you to join us for these celebrations...the concert on Saturday, Great Vespers on Sunday, and the Divine Liturgy on the occasion of the Annunciation, on Monday. There will be plenty of parking. We look forward to welcoming you.



PHILOPTOCHOS NEWS



70 and Supercalifragilisticexpialidocious! On Sunday, February 10 (the feast of the hieromartyr Haralambos, the wonderworker, Philoptochos celebrated "Go Red Sunday," bringing awareness to the caring of the heart, especially among women. It took the opportunity, as well, to wish Janis Petrou, its president, a happy 70th and many more years of good health and able leadership.

2019 Philoptochos Membership

Membership cards were mailed out in February. Please renew or join to support our ministries.

Highlights of donations in 2018:

- National commitments total ministries = 18 including Saint Basils Academy, Social Services & Cancer and General Medical Fund
- Metropolis commitments total ministries = 6 including Kids 'n' Cancer and St. Nicholas Ranch
- San Francisco Annunciation commitments = 14 including Sanchez School, Community Kitchen and Disaster Relief (at home and abroad)

American Heart Association®



Go RED Sunday was February 10th!

We want to thank you for your donations to the American Heart Association for the mothers, sisters and friends you can't live without.

The following is attributed to Andrew of Jerusalem (Tone Four):

Today there come glad tidings of joy: it is the fest of the Virgin. Things below are joined to things above. Adam is renewed, and Eve set free from her ancient sorrow; and the Tabernacle of the human nature which the Lord took upon Himself, making divine the substance He assumed, is consecrated as a Temple of God. O mystery! The manner of His emptying is unknown, the fashion of His conceiving is ineffable. An angel ministers at the wonder; a virgin womb receives the Son. The Holy Spirit is sent down; the Father on high gives His consent; and so the covenant is brought to pass by common counsel. In Him and through Him we are saved, and together with Gabriel let us cry aloud unto the Virgin: 'Hail, thou who art full of grace: the Lord is with thee. From thee has Christ our God and our Salvation taken human nature, raising it up unto Himself. Pray to Him that our souls may be saved.'

Crab Feed 2019

Another Success!

Thank you to all of you who attended...until next year!



IN TIME OF ILLNESS

Holy Father, physician of our souls and bodies, who sent your only-begotten Son, our Lord Jesus Christ, to heal every illness and redeem from death, Heal also me your servant from my present illness of body and soul and give me life, by the grace of your Christ; Through the intercessions of our most holy Lady Theotokos and ever-virgin Mary, and all the saints. For you are the source of healing, O God our God, and to you we offer glory, Father, Son and holy Spirit, now and ever and to the ages of ages. Amen.

*Celebrating the Feast Day
of the
Annunciation Cathedral*

THE ANNUNCIATION CATHEDRAL LADIES'
PHILOPTOCHOS
CORDIALLY INVITES YOU TO LUNCH



PHILOPTOCHOS



MONDAY, MARCH 25, 2019

FOLLOWING CHURCH SERVICE
ANNUNCIATION CATHEDRAL KORINTHIAS HALL

\$20.00 per person

Proceeds to support Philoptochos' Ministries



Reorganization of UHAS

UHAS (United Hellenic American Societies), an umbrella of the Greek societies in Northern California, until recently headed by the late Theodore Laliotis, is being reorganized. A reorganization meeting is scheduled for Saturday, March 16, at 11 a.m. The meeting will take place in the large meeting room of the Holy Trinity Community Center. The reorganization aims to continue the mission of the organization and also includes the election of new officers. The mission of the organization includes the promotion of Greek Independence Day (March 25th), including flag-raising at San Francisco City Hall, OXI day (pronounced "ohi"), the Independence Day parade, and the facilitation of performances by well-known singing artists. For more information, contact Jim Vorrises, at VORRISSES@hotmail.com, or 650 464-1616.

Amazon Smile

A lot of us buy books, household items, and what-have-you on Amazon. If you sign up, at no cost to you, Amazon will make a contribution, based on your purchases, to the Annunciation Cathedral. If you have not already done so, visit smile.amazon.com to enroll. It's as simple as that. Make sure you log on to Amazon Smile when ordering from Amazon and tell them Annunciation Cathedral is your charity of choice. This is especially helpful as you make purchases on Amazon.com for the Christmas holidays. Thank you and God bless you.

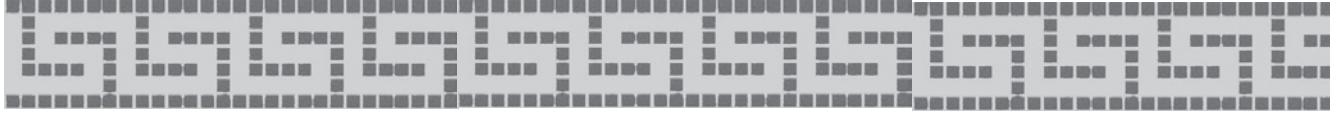
Thank You

We want to Keep Saying "Thank You-Ευχαριστώ" For Your 2019 Stewardship. We also want to say how important it is for you, as the Church, to support the Work of the Church

As of this writing, February 15, 180 Stewardship Pledge cards for 2019 have been received. This is a 19% increase over the same period 2018. (Of course, we expect to receive 300-400 Pledge Cards by the end of the year.) We are on our way to making 2019 a banner year. As announced, we welcome the chairmanship of Dean Nicolacakis and his team. The team will be systematically analyzing, overseeing, and maintaining our Stewardship program, which aims at growth in commitment and also in participation. We cannot emphasize enough how important all of you are, as a part of our church family. The strength of the family depends upon the participation of everyone. If we don't do it, who will? This is our mission as a church community: we belong to Christ. And because we belong to Christ Jesus, as St. Paul reminds us in his letter to the Galatian Christians, "let us do good to everyone, and especially to those who are of the household of faith" (Gal. 6:10). Back to being there for one another, supporting one another. So, "thank you—ευχαριστώ" to those who have heeded the call, so far. Your names are listed on page 14. To find out more about supporting the work of the Church, through Stewardship, please call us at 415 864-8000, visit us at www.annunciation.org, or e mail us: office@annunciation.org

CONCLUDING PRAYER

*Through the prayers of
our holy Fathers, Lord
Jesus Christ our God,
Have mercy on us and
save us. Amen.*



**Society of Navarino Messinians
March 2, 2019
Annual Dinner Dance**

Live Music by
Mythos Band



**Patio Espaniol
2850 Alemany Blvd
San Francisco**

No Host Cocktails at 6:00pm

Dinner at 7:00pm

Donations: Adults \$70.00

Children under 12 years \$25.00

Proceeds to benefit Messinian Charities

We encourage everyone to mail their reservation with payment by February 15.

Name: _____ **Phone** _____

Number of Tickets: Adults _____ **Number of Tickets: Under 12** _____

Choice of Entrees Please Specify: Prime Rib or Salmon

Make checks payable to:

Society of Navarino Charitable Fund

mail to:

Vivi Delentas at 145 Clay St., South San Francisco, CA 94080

For additional information you may contact:

Niki Kastoras 415-337-7819

Dionysios Litsas 510-482-2451

Kalliope Fousekis 650-591-5409

George Kostantopoulos 510-428-0204



This magnificent house of worship has a parking component, below.

Building Update: Parking Gets Ready to Open

The Cathedral has signed an interment agreement with Golden State Parking, to operate its parking lot, as “third party operator,” as approved by the Planning Department in January of 2018. We are working to get the final gates installed and the lobbies finished, over the next couple of months. When the lot opens, its hours of operation will be as follows: 7 am to 10 pm Sunday through Thursday and 7 am to midnight Fridays and Saturdays. Parking rates will apply and will be posted. For church services on Sundays and on the following Holy Days: January 1, March 25, Palm Sunday through Easter, August 15 and December 25, parking will be complimentary. This applies to church services only. On days other than Sundays and the feast days noted above, Cathedral parishioners who present a preferred parking card or validated parking ticket shall pay a reduced parking rate of no more than \$5. to park in the garage. In addition, Golden State Parking shall charge a reduced parking rate to non-parishioners who attend weddings, baptisms, funerals and special events. Please note, all this applies during the six-month trial period, once all the approvals are received to begin operating. After the six-month period, we will assess the situation and the agreement may be modified. For the six-month period, Golden State Parking will pay the Cathedral \$5,000.00 a month to run the lot. After the six-month period, the monthly base rent to the Cathedral will increase to no less than \$7,500.00 per month. The monies will be designated to support one or more of the Cathedral’s ministries.



The historic photograph of the Cathedral, above, was taken in January, 1938. The original structure, built in 1907 as the Valencia Street Theater, was acquired by the then St. Sophia Cathedral, in 1928. The first renovation began late 1928. In 1936, the name of the community was changed to: The United Greek Orthodox Community of San Francisco, The Annunciation. The name “Cathedral” existed since the founding of the community, in 1921.

*The opening lines of the Salutations for
the First Friday of the Great Lent:*

*A prince of the angels was sent from heaven to say to the
Theotokos, ‘Hail!’ And seeing Thee, O Lord, take bodily
form at the sound of his bodiless voice, he was filled
with amazement and stood still, crying to her thus:*

*Hail, thou through whom joy will shine forth:
Hail, thou through whom the curse will cease.*

Hail, thou restoration of fallen Adam:

Hail, thou redemption of the tears of Eve.

Hail, thou Height hard to climb for the thought of man:

*Hail, thou Depth hard to perceive
even for the eyes of angels.*

Hail, thou that art the throne of the King:

Hail, thou who dost hold Him who holdeth all.

Hail, thou Star who dost make the Sun appear:

Hail, thou Womb of the divine incarnation.

Hail, thou through whom the creation is made new:

*Hail, thou through whom the Creator
becomes a newborn child.*

Hail, thou Bride unwedded.



Archbishop Alexander of America and area clergy at the consecration of the original Cathedral, at Hayes and Pierce Streets, in 1923

Annunciation Greek Orthodox Cathedral of San Francisco: The First 100 Years Book Project

The Cathedral will celebrate its 100th anniversary in 2021. In honor of this important milestone, a beautifully bound hardcover book will be produced. A committee has been formed chaired by Jim Lucas to oversee the project.

This book will be a tribute to what makes Annunciation Cathedral special; its history, our ministries, and our parish family.

This book will be funded in part by those of you that wish to include your family in this book. You may choose to include your family history or a family profile or a tribute to Cathedral. We encourage anyone with a connection to the Cathedral to be a part of this keepsake book.

The donation varies depending on the amount of space you wish to purchase.

½ page	\$150
1 page	\$300
2 pages	\$450
3 pages	\$600
4 pages	\$750

The book will be sold at a pre-issue price of \$75. This project will last about 18 months as materials are gathered. We are also seeking historical photographs and memorabilia. Please look through your family photo albums

for anything related to the Cathedral. The committee is very interested in looking at anything related to the history of the Cathedral.

General Guidelines for Submissions:

If you need to scan your photographs, photographs must be scanned at 300 dpi or higher and scanned from the original photograph (not from a photocopy). All text will be reviewed by professional authors serving on the committee. If you need assistance with scanning photographs please let the committee know. We will gladly help. Any photographs or memorabilia entrusted to the committee will be scanned and promptly returned. Please email scanned images to Jim Lucas, email: jim@loukas.com

The Next Step

Contact the committee to get the process started! Contact Jim Lucas, email: jim@loukas.com or Kathy Dermitzakis, email: creta2000@aol.com with your questions.

Please forward this document to anyone that maybe interested. We want to reach as many people as possible over the next 18 months. Thank you for your help to make this book a keepsake that our parish family will enjoy for years.

Apolytikion for the Feast of the Annunciation (Tone Four):

Today is the crown of our salvation and the manifestation of the mystery that is from all eternity. The Son of god become the Son of the Virgin, and Gabriel announces the good tidings of grace. Therefore let us also join him and cry aloud to the Theotokos: Hail, thou who art full of grace: the Lord is with thee.

OIKOS News

We are pleased to announce the third Icon Painting Workshop to be held at the Cathedral. The workshop will take place June 17-22. This is a six-day intensive course, under the direction of master iconographer and teacher Theodoros Papadopoulos. This year, we will "write" the icon of Archangel Michael as we are guided step by step, through the ancient techniques of Byzantine iconography. This workshop is open to everyone. There is a tuition fee of \$685., which includes most supplies, as boards, pigments, brushes, etc. To enroll, please visit www.theodoreicons.com/sf or contact the instructor at his e mail, theodoreicons@gmail.com. In October of this year, Professor George Kordis will visit the Cathedral and speak to us on the topic of writing the icons for the Cathedral, when the interior is completed and, especially, the icon of the Annunciation, which has been featured, in various forms, on our community Christmas card in recent years. The iconography is a very special step in the completion of the Cathedral, as we will be praying before the icons and inspired by them in our liturgical worship for many generations to come. We have set a tentative date of October 20, 2019 as the date for Dr. Kordis' visit. Note, it coincides with the 30th anniversary of Loma Prieta, the earthquake

PRAYER OF ST. EPHRAIM

Lord and Master of my life, give me not a spirit of idleness, meddling, love of power and idle talk.

But grant me, your servant, a spirit of soberness, humility, patience, and love.

Yea, Lord and King, grant me to see my own faults, and not condemn my brother, for blessed are you, to the ages of ages. Amen.

which claimed the old Cathedral, back in 1989. We are also hoping the Metropolitan Nikitas of the Dardanelles (director of PAOI, at the Graduate Theological Union, Berkeley), will visit us for the purpose of speaking on the important subject of human trafficking. At the request of His All Holiness, Ecumenical Patriarch Bartholomew, His Eminence has organized three international forums on human trafficking and modern slavery. The most recent one took place in Constantinople (Istanbul), earlier this year. We invite you to participate in the work of OIKOS by assisting in the coordination of such enriching events and talks, as those noted above. If you wish to learn more, please contact Dr. Katina Kostoulas, katinakost@aol.com.

Icon Painting Workshop

Annunciation Greek Orthodox Cathedral, San Francisco

Experience the unique spiritual world of the Byzantine Era through icon painting



June 17-22, 2019

Annunciation Greek Orthodox Cathedral San Francisco

Join us on this six day intensive course under the direction of visiting master iconographer and expert instructor Theodoros Papadopoulos from Greece. This Archangel Michael icon will "come alive" as he will guide you step by step, through the ancient techniques of Byzantine Iconography. Let us journey together, discovering anew, this traditional artistic expression of theology and spirituality often called the "meeting place of the Divine". Whether you are beginner or a professional, this workshop offers the opportunity to learn or refine your techniques.

Your tuition fee of \$685 includes most supplies including boards, pigments, brushes, etc.

Space is limited and early registration is suggested.

For enrollment and information, visit the website www.theodoreicons.com/sf

or contact the instructor Mr. Theodoros Papadopoulos at the email: theodoreicons@gmail.com

2019 Stewards

Aleck, Demetria
Aleck, Patricia
Allen, Maria & Andrew
Ambus, Anthony & Zetta
Ambus, Dr. George & Tessa
Armatas, Christina
Arsinoos, Mariam
Arvanitidis, Athena & Nicholas
Arvantelis, Agapi
Asimos, Chrisula
Asprogerakas, Danny & Eliana
Athanasiades, Philip & Diala
Bagatelos, Michael
Bagatelos, Peter A.
Barlas, Constantine
Bissas, Maria
Bozionelos, Jim & Florika
Cardellini, Marie
Carter, Eleni Larissopoulos
Cazanis, Katerina & Peter
Chiappari, Philip & Annette
Chiappari, Yvonne & Anthony
Chiappari
Cocoles, Stanley
Contos, Christopher
Cruz, John
Curd, Vivian & John
Dakis, Georgina
Dakis, Mrs. Elli
Dalianes, Athan & Marguerite
Danielidis, Maria
Davies, Ethel
Dekaristos, Mrs. Anastasia
Delis, Nicholas & Stephanie
Destein, Nick
Destein, Patricia
Dhawan, Anirudh & Brittany
Doukas, Danae
Drolapas, Mrs. Themis
Efstratis, Jenny , Greg & Alexi
Efstratis, Lisa
Eliopoulos, Annette & John
Eliopoulos, Jr., John & Ileen
Elite, Dr. Anthony
Fessahzion, Efreem
Fkiaras, Evgenia N
Fotinos, Margaret
Fousekis, Shareen & Spiros
Franco, Mrs. Helen
Garibaldi, David & Kathie
Garibaldi, Nicole & Michael
Gazulis, Theodore
George, Sam
Glafkides, Mr. & Mrs. Constantine
Glaros, Stanley
Grampsas, Bonnie
Gumas, John & Janice
Haralabopoulos, Peter
Haralambopoulos, Constantine
& Eleftheri
Haramis, Peter
Haras, Louis & Panagiota
Hernandez, Mr. Jose & Sofia
Kleftogionne
Holloway, Vicki Eleni
Janssens, Anthi 1
Kallas, Mrs. Louise

Kamenis, Steve & Eleni
Kanakis, Evangelia & Peter
Karas, Angelus
Karas, Bill
Karas, Eva
Karas, Joanna
Karas, Kathy
Karas, Mr. & Mrs. Tom
Kasolas, Michael & Stella
Katsanis, Gari
Kavalaris, James & Joanne
Konstantinidis, Deno C. & Bella
Kontonis, Mr. & Mrs. Nick
Kosaris, Paul & Irene
Kotseroglou, Theofilos & Marianne
Kotsonis, Peter & Shu Young
Kottas, Angelos
Koulos, Mr. & Mrs. Leo Paul
Kouropoulos, Georgia
Koutoulas, Kosta F. & Grace
Koutoulas, Pete & Voula
Kyriacou, Mr. & Mrs. Chris
Kyriacou, Rev. Stephen & Alike
Lampros, Mr. John & Magda
Lawrence, Effie & Stephen
Leventis, Angie & Theodore
Lingas, Elena O. & Zachary H Weiner
Lyberopoulos, Bob & Lea
Makras, Elaine
Makras, Sophie
Makras, Thalia
Manetas, Mr. & Mrs. Peter
Marcopulos, Cynthia
Mares, Kathryn & William
Markanton, Helen
Mathios, Anthony & Patricia
Mattis, Mr. & Mrs. George
Mavrakakis, Mary
Mavroudis, Aglaia
Mavroudis, Tasso & Natalia
McKnight, Nektarios L.
Melitas, Irene
Mellos, Faye & Michael Holland
Misthos, Michael & Christina
Morales, Mrs. Helen
Morales, Robert
Morearty, Margaret Fotinos
Mountanos, Michael S. & Erika
Mourgos, George & Dena
Mouroufas, Tula
Nicolas, Helen & Michael
Nicolas, Rita
Nobis, Eugenia
Novo, Dustin & Chrisula Bissas
Nuris, Manuel & Teia
Nuris, Thomas & Liberty
Oetzel, Robert & Pauline
Orologas, Maria
Panagiotopoulos, Anton & Sotiria
Panagiotopoulos, Jim and Erika
Panagotacos, Dr. Peter
Panomitros, John & Helen
Pantages, Mr. & Mrs. Peter
Papadakis, Emanuel
Papageorgiou, Dr. Sophia
Papavasiliou, George & Lea
Papingu, Robert & Alma

Pappis, Loula
Paras, Helen
Parashis, Marion
Patropulos, Joan
Pavlakos, Rose
Peters, Kenneth & Polymiti
Pezo, Lester & Chrisoula
Piccinini, Pamela
Polyzos, Maria & Jason
Pope, Agalia
Pope, Antoinette
Poulakidas, Sakee & Irene
Poulos, James & Despina
Prountzos, Jimmy
Proutnzos, George & Pat
Rakos, Jim & Kelly
Rangaswami, M & K Desby
Rizos, Demetrios W.
Rojas, Helen
Sarikakis, Emilia
Sarikakis, Mr. & Mrs. Mike
Sheldon, Athena
Simotas, Mr. & Mrs. Jerry
Siouris, Michele Y.
Sogotis, James
Sogotis, Mrs. Rose
Sogotis, Mr. & Mrs. Paul
Spanos, Georgia
Stathopoulos, Mr. & Mrs. Marios
Stavrides, Marilena
Tamaras, Joy
Tamaresis, Dorothy
Tarlson, Mr. & Mrs. Nick G.
Thomas, Mr. James
Tonas, Basil & Mary
Tostado, Daniel & Lea
Tryphonas, Stephanos
Tsagaris, Eleni
Tsagaris, Aphrodite
Tsiplakos, James & Christi
Tsokas, Mr. & Mrs. Dimitrios
Vafiadis, Mr. & Mrs. Konstantinos
Vafiadis, Mrs. Irene
Vafiadis, Nikolas S. & Armineh
Vafiadis, Steve
Varanis, Terpsi
Vardakastanis, Bobby & Katerina
Vasilogiorgis, Foula
Vastardis, Rachel
Vavuris, Mr. & Mrs. James
Vellis, Aris
Vellis, Costas & Meena
Vlahos, Cynthia
Vorrises, Angelo J.
Vorrises, Denis J. & Renee
Vorrises, Louise & James
Vorrises, Marie & Lukehart, Ryan
Vorrises, Mr. & Mrs. George
Vorrises, Stephanie Louise
Vozaites, Antonios & Thalia
Vriheas, Loula
Wiepking, Alexandra Kremer
Yannaghias, Mary
York, Bessie
Zarou, Andrew & Evangelia
Zografos, Evanthia



OCMC Announces New Teams to Spread the Good News! Colombia, Ghana, and Alaska have been added to the list of OCMC Mission Teams in 2019. These new openings offer an opportunity to follow in the apostolic footsteps of Orthodox missionaries throughout the ages, who have answered the call to spread the Good News to the world. Do you feel called to do missionary work? If so, we invite you to visit www.ocmc.org for more information, as well as a complete list and dates of all the 2019 Orthodox Mission Team opportunities available.



Introduction to Orthodoxy

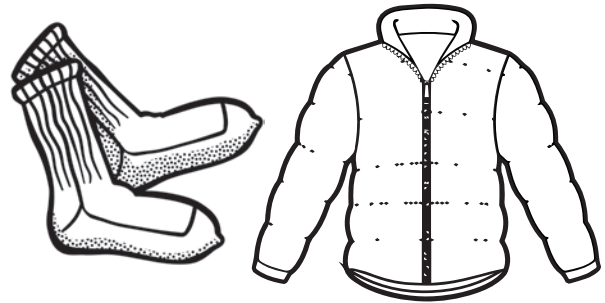
Introduction to Orthodoxy" Class Welcomes New Members to the Faith

The new Annunciation cathedral recalls the beauty and majesty of other churches more than a millennium old, such as Hagia Sophia in Constantinople. Those who have been fortunate enough to witness its construction know that, like those older churches, it is being built to last, and one can imagine it serving the needs of the faithful, God willing, centuries from now. The building is an impressive, outward sign of our community's conscious outreach to the city and the world. By building a sanctuary for God, we are simultaneously expressing a gesture of welcome to all future generations of Orthodox Christians.

Some of them will be born into our families, while others will marry into the faith. Still others will come to us simply because they are astounded by the beauty of our worship, the richness of our theological traditions, and our special emphasis on the mystery of our intimate encounter with God. Whether future parishioners are drawn into the fold by love for its members, for their resilient, ancient faith, or by a mixture of the two, we must continue to be prepared to accommodate incoming Orthodox Christians of every background.

The Cathedral's "Introduction to Orthodoxy" class aims to facilitate the spiritual journey of those considering joining our Church. We prepare adult inquirers for their baptisms and chrismations, and we explore the richness of our faith through discussion of Holy Scripture, the theology of the Church Fathers, and the lives of the Saints. The goal of the course is to provide people with acculturation in the Church prior to their becoming full members in it.

The class meets two times a week. The meetings take place in the Cathedral's conference room, located on the second floor, adjacent the elevator. The times are 9 a.m. to 10 a.m. In February, the class will meet on Sunday, March 10 and on Sunday, March 24.



Sock Drive/Coat Drive

Our Young Adults, in tandem with our Ladies Philoptochos, is conducting sock drive as well as a coat drive. The items will be given out to our guests who come to Community Kitchen, now that we are entering the colder months. The March Community Kitchen will take place on Tuesday, March 19. The coats may be gently used or new. Adult sizes only, please. While the socks may be left at the pangari, the coats should be left in the front office. The office is the first room on your right, as you enter the building, off Valencia Street and, of course, the pangari is the vestibule, as we enter the chapel, for worship. Thank you. Our guests, especially those living on the streets, will be grateful.

Ti Ypermacho, in English (the kontakion during Great Lent, sung at every Divine Liturgy and also at the Salutation Services on the first five Fridays of Great Lent):

To thee, O Theotokos, victorious leader of triumphant hosts, we thy servants, delivered from calamity, offer hymns of thanksgiving. In thin invincible power, keep us free from every peril, that we may cry to thee: Hail, thou Bride unwedded.

Dementia Caregiver Support Group News

alzheimer's  association®

While it may not show, in attendance, our parishioners and friends have taken note of the fact that a Dementia Caregiver Support Group is operating at the Cathedral. As the general population is aging, and as we are living longer and longer, we are all subject to the impact of cognitive issues. The Cathedral is pleased to partner with and host the Alzheimer's Association monthly support group meeting on the 1st Tuesday of the month from 11am-12:30pm. The group meets in the Cathedral's conference room, which is located on the second floor, to right of the elevator. We encourage your attendance, as you encounter loved ones affected by memory loss. Meet others who are going through exactly what you are going through. There is no cost to attend, and the support you receive is not only helpful; it can also be life-changing.

The March meeting will take place on Tuesday, March 5. For more information, please contact Heather Gray, Family Program Manager, at 1.800.272.3900 or email her at hgray1@alz.org.



Community Kitchen

The Cathedral's Community Kitchen, which began under the name "Soup Kitchen," operates the third Tuesday of every month. The volunteer work involves food prep, cooking, hall setup, serving the meal and---so important---cleanup. We also have a food pantry, so a few awesome volunteers come early to bag up canned/non-perishable goods for our guests to take with them. Some volunteers arrive earlier, but the typical timeframe is 5 p.m. to 9 p.m. Shown above are just some of our Young Adults, who spearhead the Community Kitchen ministry. Won't you join them? Following each Community Kitchen, after cleanup, the Young Adults gather in the second-floor conference room for wine and cheese. They get to know one another better. They welcome new members. They address topical issues. And, of course, they plan for the following month's Community Kitchen. In November, the Young Adults teamed up with the Cathedral Ladies Philoptochos for a Thanksgiving feast! In December, an entire class of middle school kids joined our young parishioner and his parents and helped set up, serve, and clean up. This participation

by our younger kids was very moving. In March, Community Kitchen will take place on Tuesday, March 19. Our guests count on us to provide them with a hot meal, and fellowship. May we, in turn, count on you? It is a commitment; it does take a few hours of your time. Think about how much good you can do for others by showing up and volunteering for a couple of hours. Once again, that's Tuesday, March 19, 5:30 p.m. for set up and 6:30 p.m. for serving. We look forward to your participation.



Some 100 guests come to the Cathedral's Community Kitchen, to be fed, to get out of the cold, to feel acceptance and warmth by people who care. The Cathedral, through its Young Adults, is honored to be able to host this event the third Tuesday of every month.



God bless our faithful volunteers!





2019 Taste of Greece Food Festival September 20, 21 & 22

Thanks to all our 2018 Festival Volunteers that made our 2018 Food Festival a success. Building on this success, we are beginning to plan our 2019 Greek Food Festival.

The Festival is entirely managed and staffed by volunteers, which means we simply cannot pull this off without your input and participation. Energetic, friendly volunteers are needed for a variety of jobs. Opportunities abound: there's plenty for you to do. Won't you join us? We are even open to welcoming and/or training a new Chairperson and Co-Chairperson. For more information about how you can get involved, please contact Deno Konstantinidis, denocom@hotmail.com or Grace Koutoulas, gmkoutoulas@yahoo.com.



GOYA News:

Get Ready for Summer Camp (even as we are involved in so many church activities, among them helping at the Community Kitchen)

Spots are quickly filing up for our Metropolis Summer Camp 2019. We would encourage your applying as soon as possible. Monthly payment plans are available, as this will help families spread out the cost for camp over the next 4 months. All payments are due in full by June 1, 2019. To register, a \$100 non-refundable deposit is required. To register, please visit our Summer Camp website: <http://gosfyouth.org/summer-camp/>. Fees and space availability is as follows:

2019 REGISTRATION FEES

\$525 Normal Registration (January 1 – January 31)
\$550 Late Registration (February 1 – May 31)

2019 SUMMER CAMP REGISTRATION UPDATE:

Staff Orientation Week: July 1 – 6
Session I: July 7 – 13 (51 spots available)*
Session II: July 14 – 20 (51 spots available)*
Session III: July 21 – 27 (76 spots available)*
*Campers are limited to registering for only one session of camp

2019 STAFF APPLICATIONS:

If you know of any young adults who would make a great summer camp counselor, please encourage them to apply here: <http://gosfyouth.org/summer-camp/#/staff-applications/>

Cathedral Scholarships

As college education becomes more and more expensive, funding becomes more and more of a challenge. We have been asked to announce that the PanHellenic Scholarship Foundation is offering a total of \$250,000 to 40 Greek American undergraduates. Twenty awards of \$10,000 will be given based on academic achievement and financial need, two of which are allocated solely for the Music and Arts fields. Twenty awards of \$2,500 will be awarded based solely on academic achievement. The application is available on the Foundation's web site, www.panhellenicscholarship.org. Meanwhile, the Cathedral has a few scholarships, including the Bagatelos Scholarship, which is earmarked for those planning to become physicians, and the Vavuris Scholarships, which is earmarked for those planning to become attorneys. The Tsikitas, Pappas and Coundouris Scholarships have been offered intermittently, as income on these funds warrants bestowal of the scholarships. This is in addition to a Philoptochos Scholarship, given each year, and a Vellis Scholarship, given until the funds are exhausted, to individuals who participated in the Cathedral's Sunday School program. For 2019, the Greek Orthodox Cathedral of the Annunciation will provide four (4) scholarships, as follows:

1. The John N. Pappas Scholarship, in the amount of \$1,000.00
2. The Cathedral Ladies Philoptochos Scholarship, in the amount of \$1,000.00
3. The S. Lee Vavuris Legal Scholarship, in the amount of \$1,000.00
4. The Dr. Anthony P. Bagatelos Scholarship, in the amount of 75% of interest earned, and

Applications for one of the above scholarships must be received by **May 24, 2019**

Applications must be accompanied by the following:

- **An Official Transcript** from the Office of the Registrar at your High School or College (University/ Vocational School) AND **Recent SAT or ACT Scores**.

- **A Letter of Recommendation** from ONE (1) Member in Good Standing with the Cathedral of the Annunciation OR the Cathedral Ladies Philoptochos.

- A brief resume (2 page maximum) about yourself including: honors/awards, special skills, extracurricular information, education, and life goals.



- **Additionally**, the applicant (or, if the applicant is under 18 years of age, the applicant's parent(s)/ guardian(s) must be a member of the Annunciation Cathedral. A member of the Cathedral includes support of the Cathedral through Stewardship. A 2019 Stewardship Pledge Card must have been filed with the Cathedral in order for the scholarship application to be considered.

- **Relative to the Bagatelos/Vavuris Scholarships:** Applicants for the Dr. Anthony P. Bagatelos and the Judge S. Lee Vavuris Legal Scholarships must be of Greek descent or of the Greek Orthodox faith. These scholarships are awarded to students who matriculate at and attend medical/law school, preferably at Stanford University/University of San Francisco and intend to practice medicine/law within the nine county area, surrounding San Francisco Bay, preferably San Francisco.

Up to 75% of the income earned by the Bagatelos Scholarship Fund is awarded in the form of a scholarship for tuition or other school-related expenses. Typically, the scholarship is awarded to the same student until that student graduates from medical school, provided that, after submitting the initial application, the student requests the medical school to verify to the Annunciation Cathedral, in writing, by June 1, that the student has satisfactorily completed course work for the year. As for the Vavuris Scholarship, the scholarship is awarded by the Annunciation Cathedral, in concert with the Hellenic Law Society.

- **All Applicants:** Applicants will be notified as soon as possible following the May 24 deadline. Certificates of scholarship will be presented at the Graduation Day Program, which will follow the Divine Liturgy, on Sunday, June 2 and which the scholarship recipients are expected to attend.

An application may be requested by contacting the Cathedral: office@annunciation.org or 415 864-8000.

Ἄγγελος πρωτοστάτης οὐρανόθεν ἐπέμφθη εἰπεῖν τῇ Θεοτόκῳ τὸ Χαῖρε· καὶ σὺν τῇ ἀσωμάτῳ φωνῇ σωματούμενον σε θεωρῶν, Κύριε, ἐξίστατο καὶ ἴστατο κραυγάζων πρὸς αὐτὴν τοιαῦτα:

Χαῖρε, δι' ἧς ἡ χαρὰ ἐκλάμψει· χαῖρε, δι' ἧς ἡ ἀρὰ ἐκλείψει.

Χαῖρε, τοῦ πεσόντος Ἀδάμ ἡ ἀνάκλησις· χαῖρε, τῶν δακρῶν τῆς Εὐας ἡ λύτρωσις.

Χαῖρε, ὕψος δυσανάβατον ἀνθρωπίνους λογισμοῖς· χαῖρε, βάθος δθσθεώρητον καὶ Ἀγγέλων ὀφθαλμοῖς.

Χαῖρε, ὅτι ὑπάρχεις Βασιλέως καθέδρα· χαῖρε, ὅτι βαστάζεις τὸν βαστάζοντα πάντα.

Χαῖρε, ἀστήρ ἐμφαίνων τὸν Ἥλιον· χαῖρε, γαστήρ ἐνθέου σαρκώσεως.

Χαῖρε, δι' ἧς νεουργεῖται ἡ κτίσις· χαῖρε, δι' ἧς βρεφουργεῖται ὁ Κτίστης.

Χαῖρε, Νύμφη ἀνύμφευτε.

Scholarships Offered Through the Greek Orthodox Archdiocese of America

The Greek Orthodox Archdiocese of America announces that applications for the Scholarship and Fellowship programs administered by the Archdiocese are now available.

Applications can be accessed by visiting <http://www.goarch.org/>. For more information, please email scholarships@goarch.org or call 212-774-0283. The deadline for submitting an application for any of these scholarships is May 3, 2019.

GEORGE & NAOUMA (GIOULE) GIOLES SCHOLARSHIP
KATINA JOHN MALTA SCHOLARSHIP
PALEOLOGOS SCHOLARSHIP

Applications and instructions for these three scholarships administered by the Department of Philanthropy of the Greek Orthodox Archdiocese of America are available for awards to be made for the 2019-2020 academic year. The George & Naouma (Gioule) Gioles Scholarship and the Katina John Malta Scholarship are for undergraduate studies, and the Paleologos Scholarship is awarded for graduate work of a non-theological nature. Each of these scholarships was established through generous gifts from dedicated Greek Orthodox Christians who wanted to provide financial assistance towards the education of young people from our Orthodox Christian community.

THE CHRISTOS AND GEORGIA
TRAKATELLIS FELLOWSHIP

Applications are also available for a fellowship from The Christos and Georgia Trakatellis Fellowship Fund for the 2019-2020 academic year. This Fund was established in 2011

by His Eminence Archbishop Demetrios and his brother, Prof. Antonios Trakatellis, in memory of their parents, Christos and Georgia.

The Fund, overseen by the Chancellor's Office, offers fellowships to graduates of Holy Cross Greek Orthodox School of Theology to study Greek language, Hellenic culture and liturgical practice. These studies can take place in the United States or, preferably, in Greece or at the Ecumenical Patriarchate of Constantinople. The study could be part of an established academic program (Doctoral or Master Levels) or part of a free program, which should be well structured and clearly defined in view of the above stated purpose of the Fund. Candidates shall be chosen based on merit and need. The amount of the fellowship is \$3,000 per semester for up to two semesters. One or more full or partial fellowships will be awarded annually.

THE 2019 S. GREGORY TAYLOR SCHOLARSHIP

The Taylor Scholarship Fund offers financial assistance to students pursuing a post-graduate degree in the areas of theology, religious studies, or pastoral training. The Chancellor's Office of the Greek Orthodox Archdiocese of America oversees the Fund and awards scholarships on an annual basis. Awarding of scholarships will be determined based on program of study, financial need, previous academic work, recommendations, availability of funds and how the applicant intends to serve the Greek Orthodox Archdiocese of America after receiving this degree. Scholarships are awarded for actual course work being done towards a post-graduate degree (an initial graduate-level degree is required). As per the guidelines of the Fund, preference will be given to graduates of Holy Cross Greek Orthodox School of Theology.





Dance Group News

Following another successful Folk Dance Festival, our dance groups will take a long-needed rest. They will regroup and resume practice for next year's FDF, sometime in August. Dancers of all ages are encouraged to attend Sunday School on Sundays. Those registered to serve in the altar as acolytes are invited to do so in accordance with the schedule found elsewhere in this Herald. Should you wish information about joining our program, we invite you to contact Lea Lyberopoulos at karthia808@yahoo.com.

Our groups, as presently composed, are as follows:

To Mellon: Pre-K-1st grade in Fall 2018)
Directed by Irene Kyriacou and Katerina Sarikakis

Revmata: 2nd-5th grade in Fall 2018
Directed by Katerina Sarikakis, Trina Misthos and Eleni Taptelis

Thisavri: 5th-8th grade in Fall 2018
Directed by Irene Kyriacou, Lea Lyberopoulos, and Lea Papavasiliou

Spithes: 9th -12th grade in Fall 2018
Directed by Irene Kyriacou, Lea Lyberopoulos, and Lea Papavasiliou

Atithasi: Young Adults
Directed by Michael Garibaldi and Nicole Garibaldi

In January, our dance groups helped prepare, cook, and serve at the Cretan Glendi, which was well attended, and which provided support for the dance program. Below are some photos of dancers, directors, and parents, all helping out at the Glendi.



Basketball News: Adult Basketball

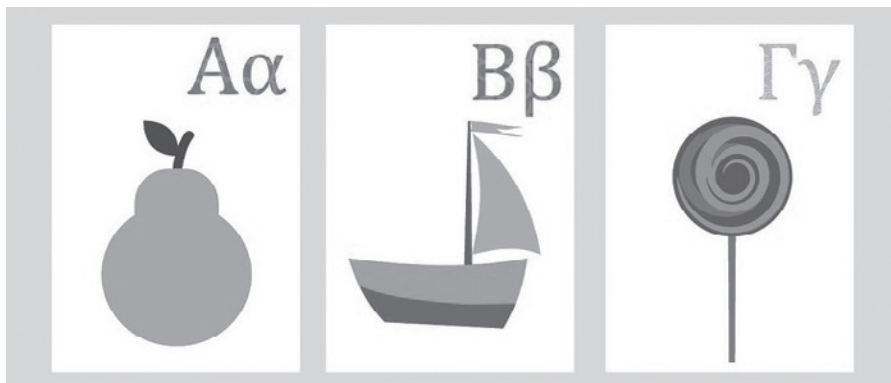
The Annunciation Boys High School Basketball team, which is open to all boys attending 9-12 grade, has begun practicing. The first practice was held on Thursday, February 21, from 7:00pm to 9:00pm at Jefferson High School Gymnasium located at 6996 Mission Street, Daly City, Ca. Practice continues every Thursday night at this time and location for this season. The reason for the selection of Jefferson for practices is that most high school boys live on the Peninsula and travel to the City can be challenging. For further information, please contact coaches Tom Nuris at (650) 520-6963/ tomnuris@gmail.com or Nick Kontonis at (415) 706-1545/ nickkontonis@gmail.com.

Basketball Games at Annunciation

Meanwhile, please note that games at Annunciation for Boys and Girls Elementary and Middle Schools are as follows:

Sunday, March 3	BMS Holy Cross and St. Gregory 1, 2:30 p.m.
	BES Annunciation and Holy Trinity, 3:30 p.m.
Sunday, March 10	BMS St. Gregory 1 and Resurrection, 2:30 p.m.
	BMS St. Gregory 2 and Holy Cross, 3:30 p.m.
	BES Annunciation and Holy Cross 4:30 p.m.
Saturday, March 16	Playoffs at St. Nicholas, San Jose
Sunday, March 17	Championships at Ascension, Oakland, as follows:
	GES 2:30 p.m. BES 3:30 p.m.
	GMS 4:30 p.m. BMS 5:30 p.m.

Elementary and Middle School Boys and Girls practice takes place in the Cathedral's Korinthias Gym every Wednesday and Thursday, beginning at 7 p.m.



Greek School News

On Saturday, March 23, Greek School will present a Greek Independence Day celebration/performance followed by a potluck. This will include the play that the performing arts class students have been practicing. This play was described in the February Herald. It is that which entitled To Krifo Scholio (the Secret School). The production will include a kalamatiano dance, songs about freedom, and acting. The Greek School will present the same play on Sunday, March 24, at the conclusion of the Divine Liturgy, for the rest of the congregation to enjoy. Meanwhile, we are very proud of our Greek School, which continues to grow and thrive. For questions or to request additional information about our program, please reach out to Shu Yeung, shuh_yeung@yahoo.com.



Sunday School News

"Of all holy works, the education of children is the most holy."

– Saint Theophan the Recluse

Sunday School is pleased to welcome our dancers, who are all of Sunday School age. We eagerly look forward to your participation in this program, where you will learn the fundamentals of what it means to be Orthodox Christians. After all, we are people of faith. You will be happy to know we have ordered new Sunday School materials for you, materials like prayer books, and age-specific books, ranging from our journey through Great Lent to how to go about establishing (or discovering) heaven on earth. We would also like for you to participate in the St. John Chrysostom Oratorical Festival, which will take place at the conclusion of the Divine Liturgy, on Sunday, March 17. Then, we would like for you to participate in a time-honored program known as TGI Pascha on Holy and Great Friday, April 26. Our last day of Sunday School this year is June 2. We look forward to engaging with you. So, do give Sunday School a try. Try to be there by 10:30, so we can get in a full hour of teaching before coming down for Holy Communion and dismissal.



Serving in the Altar

Serving in the altar is a wonderful way for our young people to participate in the worship of our church, and learn more about our faith. For the present school year, we are very pleased to announce the altar leaders program! This year, three of the older altar servers have taken on the responsibility of coordinating the groups during services each week. We hope to add several more to their ranks in the coming years!

If any families are interested in their boys joining an altar group, who are above the age of 10, feel free to contact **Father Stephen** at fatherstephen@annunciation.org. Thank you also to **Nektarios McKnight** for guiding and instructing our altar servers each Sunday. As always, if anyone has any questions or suggestions, feel free to let us know. Thanks!



Our altar schedule for March is as follows:

March 3 - Group 2
March 10 - Group 3
March 17 - Group 4
March 24 - Group 1
(March 24 evening: all groups)

Our altar groups are as follow:

Group 1- Stelios Kyriacou, Kosta Lyberopoulos, Andrew Vellis, George Tsokas, Victor Nicolacakis, Justin Perez, Christian Kleinekorte

Group 2- Christopher Apostolos Percia, Panagiotis Sogotis, Yianni Sogotis, Steven Monolakis, Matheos Zarou, Andonis Ambus

Group 3- Steven Chiappari, Gianni Kefalas, Nicholas Shatara, Michael Kamenis, Vlasis Kyriacou, Thanos Kyriacou, Nathanael Shatara (Michael Kamenis, Group Leader)

Group 4- Nathan Tesfai, Bobby Kontonis, Hari Manetas, Alexander Kasolas, Matthew Nuris (Jonas Tesfai- Group Leader)

Don't see your name here? Would you like to join us? We would like you to. Report for altar duty any Sunday morning, prior to 10:30 a.m., and Nektarios will make the appropriate arrangements. Meanwhile, it is also imperative that you attend Sunday School. Ecclesiarch Nektarios notes: We have two Permanent Leaders in the Altar, and they are Nathan Tesfai and Michalis Kamenis. We anticipate a maximum of six additional servers in the Altar; any more than six will need to attend Sunday School. Altar servers are required to be vested and ready to serve by 10:30 a.m. Late comers will need to attend Sunday School if they cannot arrive early enough to serve.

Interested in forming a group of girl altar servers, beyond the Myrrh Bearer's (Angels) program that we have during Holy Week and Pascha? Please contact Evangelia Raptis-Zarou, erz.raptiszarou@gmail.com

Pangari Schedule

Serving on the pangari is a privilege, not only for Parish Council members, but for anyone who would like to be a part of the team of those who extend welcome to our services, especially for those who are visiting us from out of town and also people new to the community. The following teams, created so as to match up with their respective children, who will be serving in the altar on those days, consists of Parish Council members. Duties include the passing of the collection plate(s) and the seating of guests.

Team #1

Deno Konstantinidis
Philippos Athanasiades
Christopher Kyriacou
Dean Nicolacakis

Team #3

Nicholas Rally
Nicholas Svetcoff
John Lampros

Team #4

Team #2 (2nd Sunday Please)
Paul Sogotis
George Ambus
Mike Sarikakis

Manoli Nuris
Peter Cazanis
George Gavros

Peter Manetas, Nick Kontonis, Michael Bagatelos, Gus Vellis also serve at the pangari, on a regular basis. Philoptochos members and other members of the community are invited to participate, as well. Please speak to Dr. George Ambadiotakis, Ambus, Chair of our Pangari protocol committee, and indicate your willingness to be a part of the pangari team.

Sacraments and Services

Wedding

The Marriage of Jesse Alexander Hix Dunning and Georgina Dakis was blessed on February 23. Their Sponsor is Pamfilia Dakis.

Na mas Zisoun! Long Life!

Condolences

The Cathedral extends condolences to the family of Skopiotes (Pete) Tamaresis, who was buried on February 25.

Aionia I Mnimi! Eternal Memory!

M A R C H C A L E N D A R

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
				High School Basketball at Jefferson 7 p.m. Church Basketball, 7 p.m.		First Saturday of Souls 10 a.m. (both Cathedral & Cemetery)
3	4	5	6	7	8	9
Orthros 9 am Divine Liturgy 10:30 am Sunday School 10:30 am Basketball Games 2 pm	Metropolis Clergy Laity	Dementia Support Group 11 a.m.	Church Basketball, 7 p.m.	High School Basketball at Jefferson 7 p.m. Church Basketball, 7 p.m.		Second Saturday of Souls 10 a.m. (both Cathedral & Cemetery)
10	11	12	13	14	15	16
Orthros 9 am Divine Liturgy 10:30 am Sunday School 10:30 am Philoptochos 12:30 pm, Basketball Games 2 pm	Great Lent Begins		Church Basketball, 7 p.m.	High School Basketball at Jefferson 7 p.m. Church Basketball, 7 p.m.	First Salutations 7 pm	Third Saturday of Souls 10 a.m. (both Cathedral & Cemetery)
17	18	19	20	21	22	23
Orthros 9 am Divine Liturgy 10:30 am Sunday School 10:30 am Sunday of Orthodoxy, Parish Council 12:30 pm, Basketball Games 2 pm. Parish Oratorical Festival		Community Kitchen 6:30 pm, Young Adults 8 pm.	Church Basketball, 7 p.m.	High School Basketball at Jefferson 7 p.m. Church Basketball, 7 p.m.	Second Salutations 7 pm	Benefit Concert 4 pm., Champagne Reception
24	25	26	27	28		
Orthros 9 am Divine Liturgy 10:30 am Sunday School 10:30 am Great Vespers 7 pm. Followed by dinner Basketball Games 2 pm.	The Annunciation, Orthros 9 am Liturgy 10:15 a.m. Luncheon		Church Basketball, 7 p.m.	Church Basketball, 7 p.m.	Third Salutations 7 pm.	



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Four Award Winners: Spithes! The group received Choral 3rd place for Division 1. Then, in the intermediate category, in which they competed, they won: 1. The costume award, 2. The Choral Award, and 3. Dance Competition second place. Shown here are Spithes, with Archbishop Demetrios of America, Metropolitan Gerasimos, Father Gary Kyriacou, FDF Chair, and Father Stephen.