

SUNDAY, JULY 14, 2019

SUNDAY OF THE HOLY FATHERS OF THE FOURTH ECUMENICAL COUNCIL

AQUILA OF THE 70 APOSTLES: NICODEMOS OF THE HOLY MOUNTAIN (MOUNT ATHOS)

EPISTLE READING OF THE DAY: This morning's Apostolic Reading is from Saint Paul's Letter to Titus, Chapter 3, Verses 8-15: Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

Ὁ Ἀπόστολος, Πρὸς Τίτον Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα, κεφ. 3, ἐδάφ. 8-15: Πιστὸς ὁ λόγος, καὶ περὶ τούτων βούλομαί σε διαβεβαιώσθαι, ἵνα φροντίζωσιν καλῶν ἔργων προϊστασθαι οἱ πεπιστευκότες θεῶν. ταῦτά ἐστιν καλὰ καὶ ὠφέλιμα τοῖς ἀνθρώποις· μωρὰς δὲ ζητήσεις καὶ γενεαλογίας καὶ ἔριν καὶ μάχας νομικὰς περιῖστασο, εἰθὴν γὰρ ἀνωφελεῖς καὶ μάταιοι. αἰχρετικὸν ἀνθρώπων μετὰ μίαν καὶ δευτέραν νοουθεσίαν παραιτοῦ, εἰδὼς ὅτι ἐξέστραπται ὁ τοιοῦτος καὶ ἀμαρτάνει, ὧν αὐτοκατάκριτος. Ὅταν πέμψω Ἀρτεμᾶν πρὸς σὲ ἢ Τυχικόν, σπουδάσον ἐλθεῖν πρὸς με εἰς Νικόπολιν, ἐκεῖ γὰρ κέκρικα παραχεμᾶσαι. Ζηνᾶν τὸν νομικὸν καὶ Ἀπολλῶν σπουδαίως πρόπεμψον, ἵνα μὴδὲν αὐτοῖς λείπη. μανθανέτωσαν δὲ καὶ οἱ ἡμέτεροι καλῶν ἔργων προϊστασθαι εἰς τὰς ἀναγκαίας χρεῖας, ἵνα μὴ ὦσιν ἀκαρποὶ. Ἀσπάζονται σε οἱ μετ' ἐμοῦ πάντες. Ἀσπασαί τοὺς φιλοῦντας ἡμᾶς ἐν πίστει. ἡ χάρις μετὰ πάντων ὑμῶν.

GOSPEL READING OF THE DAY: This morning's Gospel Reading is from the Holy Gospel according to St. Matthew, Chapter 5, Verses 14-19: The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

Ἡ σημερινὴ εὐαγγελικὴ περικοπὴ ἐκ τοῦ κατὰ Ματθαῖον, κεφ. 5, ἐδάφ. 14-19: Εἶπεν ὁ Κύριος τοῖς ἑαυτοῦ μαθηταῖς· Ὑμεῖς ἐστε τὸ φῶς τοῦ κόσμου. οὐ δύναται πόλις κρυβῆναι ἐπάνω ὄρους κειμένη· οὐδὲ καίουσι λύχνον καὶ τιθέασιν αὐτὸν ὑπὸ τὸν μῦθον, ἀλλ' ἐπὶ τὴν λυχνίαν, καὶ λάμπει πᾶσι τοῖς ἐν τῇ οἰκίᾳ. οὕτω λαμψάτω τὸ φῶς ὑμῶν ἔμπροσθεν τῶν ἀνθρώπων, ὥπως ἴδωσιν ὑμῶν τὰ καλὰ ἔργα καὶ δοξάσωσι τὸν πατέρα ὑμῶν τὸν ἐν τοῖς οὐρανοῖς. Μὴ νομίσητε ὅτι ἦλθον καταλῦσαι τὸν νόμον ἢ τοὺς προφήτας· οὐκ ἦλθον καταλῦσαι, ἀλλὰ πληρῶσαι. ἀμὴν γὰρ λέγω ὑμῖν, ἕως ἂν παρέλθῃ ὁ οὐρανὸς καὶ ἡ γῆ, ἰῶτα ἢ μία κεφαλαί οὐ μὴ παρέλθῃ ἀπὸ τοῦ νόμου ἕως ἂν πάντα γένηται. ὃς ἂν σὺν λύσει μίαν τῶν ἐντολῶν τούτων τῶν ἐλαχίστων καὶ διδάξῃ οὕτω τοὺς ἀνθρώπους, ἐλάχιστος κληθήσεται ἐν τῇ βασιλείᾳ τῶν οὐρανῶν· ὃς δ' ἂν ποιῆσῃ καὶ διδάξῃ, οὗτος μέγας κληθήσεται ἐν τῇ βασιλείᾳ τῶν οὐρανῶν.

THE LORD'S PRAYER IN SPANISH: Padre nuestro, que estás en los cielos, santificado sea tu nombre, venga tu Reino, hágase tu voluntad en la tierra como en el cielo; danos hoy nuestro pan de cada día; perdona nuestras deudas así como nosotros perdonamos a nuestros deudores; no nos dejes caer en la tentación, y líbranos del Mal.

WELCOME, FATHER CONSTANTINE: Father Constantine Efstathiou, Pastor Emeritus of the Church of the Nativity, Novato, is well known to our community. We welcome him and thank him for celebrating this morning's Divine Liturgy.

SUNDAY SCHOOL/GREEK SCHOOL: Sunday School is out for the summer. It will resume Sunday, September 29 (one week after our Festival). Meanwhile, Greek School is also out for the summer. It resumes Saturday, September 7. An adult Greek class will be added this year.

DURING FATHER STEPHEN'S ABSENCE: The following Priests will celebrate the Divine Liturgy, as follows: **Father Constantine Efstathiou:** Today, Sunday, July 14; **Father Stephen Scott:** July 21.

STEWARDSHIP: Thank you for making your 2019 Stewardship support a priority. Your support makes possible the very existence of this parish, and its ability to offer Liturgical services, educational, & philanthropic programs. The bottom line is: If you believe in Jesus Christ, and the mission of the Church, and if you are not already a Steward, we invite you to become one. For more information about what it means to be a Steward and how you can be involved in the life of the parish, in addition to your financial support, please pick up a card and related material as you exit the chapel, to your right.

100th ANNIVERSARY COMMEMORATIVE BOOK: As part of our 100th anniversary, in 2021, a commemorative book will be published. A major part of the book will consist of photographs and history of the families and individuals, past and present, who make up the Cathedral parish. Jim Loukas is heading the book project. For further information about your participation and that of your family, please contact Jim Loukas, jim@loukas.com.

INTRODUCTION TO ORTHODOXY: This class is especially intended for those who are thinking about converting to Orthodoxy and for family members and friends who would like to support them on their journey. It is also open to people who are already Orthodox and who would like to deepen their understanding of their faith. We explore Christian theology and practice by reading selections from Scripture, the Church Fathers, the lives of the Saints, and other texts representative of the Orthodox worldview. These readings are the starting point for our discussions, which aim at clarifying doctrine and worship and helping us to discover (or rediscover) why we belong in the Church. If you are interested in attending the class, please contact **Alexandros Kozák** at orthodoxy-agkozak@sneakemail.com. **Note:** The Introduction to Orthodoxy class is now being offered two Sundays a month. It meets in the second-floor conference room, beginning at 9 a.m. The class will meet next on September 15 and September 29. Introduction to Orthodoxy Students, meanwhile, are welcome to attend Orthros and participate in the readings.

PARKING: We have signed a 6-month trial agreement with Golden State Parking so that, as soon as it obtains the necessary permits, it can operate our parking component. All permits but one have been obtained. We anticipate the permit by the fire department will be obtained as soon as the fire sprinklers and the hydrant have become operational, hopefully this week. Meanwhile, we've signed a contract with Albert Electric, to finalize the electrical work, finish the lobbies and install the necessary doors. We will need to install the final gates in order to satisfy the "clear path of travel" requirements, which includes the final inspection of the elevator. We've decided to embark upon a renewed Capital Campaign. Our goal is to raise \$1 million in 2019. As we go forward, let's stay positive and focused. Consider what you have accomplished so far! As with Moses, we hear God speaking to us: *"Build me a Sanctuary, and I will appear among you."* (from the Septuagint: *Καὶ ποιήσεις μοι ἅγίασμα, καὶ ὀφθήσομαι ἐν ὑμῖν*). (Exodus 25:8). Building also takes vision, determination and faith. You are doing something extraordinary: you are building His sanctuary, a great sacred space, right the heart of one of the world's premier cities. Here, the Orthodox Christian faith is poised to proclaim the Gospel message of salvation to a whole new generation of worshippers!



"The Church shall be a home for Orthodox Christians from every ethnic and national background. It shall be a house of prayer for all humankind, in which the Holy Name of our Triune God shall be extolled and all of creation sanctified."