

SUNDAY, MAY 31, 2020

FATHERS OF THE FIRST ECUMENICAL COUNCIL (NICAEA, 325 AD)

HERMIAS THE MARTYR AT COMANA; EUSEBIUS AND HARALAMBOS

1EPISTLE READING OF THE DAY: This morning's Apostolic Reading is from the Acts of the Apostles,

Chapter 20, Verses 16-18, 28-36: IN THOSE DAYS, Paul had decided to sail past Ephesos, so that he might not have to spend time in Asia; for he was hastening to be at Jerusalem, if possible, on the day of Pentecost. And from Miletos he sent to Ephesos and called to him the elders of the church. And when they came to him, he said to them: "Take heed to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the church of God which he obtained with the blood of his own Son. I know that after my departure fierce wolves will come in among you, not sparing the flock; and from among your own selves will arise men speaking perverse things, to draw away the disciples after them. Therefore be alert, remembering that for three years I did not cease night or day to admonish every one with tears. And now I commend you to God and to the word of his grace, which is able to build you up and to give you the inheritance among all those who are sanctified. I coveted no one's silver or gold or apparel. You yourselves know that these hands ministered to my necessities, and to those who were with me. In all things I have shown you that by so toiling one must help the weak, remembering the words of the Lord Jesus, how he said, 'it is more blessed to give than to receive.'" And when he had spoken thus, he knelt down and prayed with them all.

Ὁ Ἀπόστολος, Πράξεων τῶν Ἀποστόλων τὸ ἀνάγνωσμα, κεφ. 20, ἐδάφ. 16-18, 28-36.

GOSPEL READING OF THE DAY: This morning's Gospel Reading is from the Holy Gospel according to

St. John, Chapter 17, Verses 1-13: At that time, Jesus lifted up his eyes to heaven and said, "Father, the hour has come; glorify your Son that the Son may glorify you, since you have given him power over all flesh, to give eternal life to all whom you have given him. And this is eternal life, that they know you the only true God, and Jesus Christ whom you have sent. I glorified you on earth, having accomplished the work which you gave me to do; and now, Father, you glorify me in your own presence with the glory which I had with you before the world was made.

"I have manifested your name to the men whom you gave me out of the world; yours they were, and you gave them to me, and they have kept your word. Now they know that everything that you have given me is from you; for I have given them the words which you gave me, and they have received them and know in truth that I came from you; and they have believed that you did send me. I am praying for them; I am not praying for the world but for those whom you have given me, for they are mine; all mine are yours, and yours are mine, and I am glorified in them. And now I am no more in the world, but they are in the world, and I am coming to you. Holy Father, keep them in your name, which you have given me, that they may be one, even as we are one. While I was with them, I kept them in your name, which you have given me; I have guarded them, and none of them is lost but the son of perdition, that the scripture might be fulfilled. But now I am coming to you; and these things I speak in the world, that they may have my joy fulfilled in themselves."

Ἡ σημερινὴ εὐαγγελικὴ περικοπή ἐκ τοῦ κατὰ Ἰωάννην, κεφ. 17, ἐδάφ. 1-13.

Today's *Apolytikion* (Dismissal Hymn) is that of Tone Six (Plagal 2):

When the angelic powers appeared at your tomb, those who guarded You became as though dead. And, standing by your sepulcher was Mary, seeking your pure and sacred body. You did vanquish Hades and, uncorrupted by its touch, You came unto the Virgin bestowing the gift of life. From the dead You arose, O Lord: we give glory to You.

Ἀγγελικαὶ δυνάμεις ἐπὶ τὸ μνήμᾳ σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου Σῶμα. Ἐσκόλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ: ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν. Ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε, δόξα σοι.

THE LORD'S PRAYER IN SPANISH: Padre nuestro, que estás en los cielos, santificado sea tu nombre, venga tu Reino, hágase tu voluntad en la tierra como en el cielo; danos hoy nuestro pan de cada día; perdona nuestras deudas así como nosotros perdonamos a nuestros deudores; no nos dejes caer en la tentación, y líbranos del Mal.

LIGHT A VIRTUAL CANDLE Thank you for lighting a virtual candle every Sunday, thus keeping hope alive. Whether you donate \$1 or \$1,000, your gift is one of faith. It helps keeps the Cathedral solvent during this universal upheaval. More importantly, it connects us to Him who is the Light of the World (John 8:12) and reminds us of our calling to be the light of the world (Matthew 5:14). Keep on lighting your virtual candles! To do so, please visit our web site, www.annunciaton.org, and click on the appropriate link, or enter <https://annunciation.org/candle>

VIRTUAL COFFEE HOUR: Now in its third week, our Virtual Coffee Hour is a big hit. Here, people connect with one another, renewing existing and forging new friendships. Thanks to Professor Nicholas Economides and his wife, Janine, for coordinating them. Professor Economides is an internationally recognized academic authority on network economics, electronic commerce and public policy. Janine, meanwhile, maintains a blog, offers a daily Biblical exegesis, and sings opera arias. They make their home in New York City and in San Francisco, where they are devoted members of the Cathedral. Won't you join them as they bring us together, following the Sunday Divine Liturgy, 12 noon to 2 pm Pacific Time, during this challenging, global pandemic. If you are a www.annunciation.org subscriber, you will receive instructions as to how to access the Sunday virtual coffee hour. To subscribe: <https://annunciation.org/news/join-our-email-list>

PRAY FOR HEALTH: In April 2020, an active member of our community, Johnny Eliopoulos, age 47, was diagnosed with a rare form of brain cancer, Gliomatosis Cerebri. Only 40 people a year are diagnosed with this rare form of cancer. We ask for your prayers and support at this time for Johnny, his wife Eileen, son Yiannis, and Stepsons Anthony and Aaron, in addition to his parents and extended family. Through this challenging time, we invite you to help the family with expenses, by contributing to them online through Paypal at ouzikee69@gmail.com or you can send donations to Johnny Eliopoulos 2480 Shannon Drive South San Francisco, CA 94080. We, and the family, thank you for your support, well wishes, and prayers.

REOPENING OF OUR CHURCH: In accordance with guidelines from our Metropolis, the reopening of Annunciation Cathedral is being considered. A Task Force, consisting of **S. Christopher Kyriacou, Christo Pappademos, John Lampros, Peter Cazanis, Dr. Christina Armatas, Vivian Curd, and Paul Sogotis**, has been formed toward this end. More information is forthcoming, and can be found in the June issue of the *Herald*. We are all eager to return to "normalcy," whatever this will look like in the foreseeable future. However, the safety of all of our fellow congregants is uppermost in our thoughts. Meanwhile, we invite you to participate via streaming

VOLUNTEERING/DONATING DURING THE PRESENT PANDEMIC: The San Francisco Food Bank, which supplies much of the food that we use to prepare meals for our Community Kitchen, has been especially hard hit by the pandemic. We invite you to visit the Food Bank's web site, <https://www.sfmfoodbank.org> or call the Food Bank at 415 282-1907 ext. 249, and offer to assist them in bagging and distributing groceries to the needy or by making a donation. You may also wish to make a donation to support the work of Raphael House. This is an Orthodox Christian shelter, located in the Tenderloin. One way you can help them during this crisis is through their Amazon wish list: https://smile.amazon.com/hz/charitylist/1s1XH4CGL2O4QBI/ref=smi_cl_wl_rd_cl?ref=smi_se_cl_rd_cl To make a donation for their Covid-19 Emergency Relief Fund: <https://www.raphaelhouse.org/emergency-fund/>

INTRODUCTION TO ORTHODOXY CLASSES: These very popular classes are taking place on a weekly basis, remotely, thanks to the dedicated efforts of Alex Kozak. If you are new to the parish or you are considering being received into the Church through baptism and/or chrismation, as an adult, we invite you to speak with Alex about your wishes and the possibility of joining the Introduction to Orthodoxy class. Please contact him at orthodoxy-agkozak@sneakemail.com.

EVERYTHING IS ON HOLD: The present pandemic has put everything building-related on hold. As you know, prior to our being sheltered in place, we were in the process of installing the final gates along Valencia Street and on our courtyard, as well as taking care of some leak and drainage issues. Meanwhile, the granite which will clad the Valencia Street walls has been fabricated, as have the stone which completes the fountain, and the final lobby doors. Work on the walls resumed on Tuesday, May 20. The remaining work will resume soon, so that we may open and operate the garage full-time and begin work on the interior. As a community, we've been through much, especially when we lost everything to the earthquake, back in 1989. But, we've bounced back. It wasn't easy, but we did it, because we have faith, we have hope, and we have unity. So, too, we will weather this pandemic and return what many are calling "the new normal," -i.e. a community where social distancing will become routine. But, our faith remains the same; our need for God remains the same. After all, it is for Him, in Him, and through Him that we continue to exist at all. Praise God for the Gift of His Son, our Lord Jesus Christ, through whose Resurrection we are given the faith and the vision to rebuild His Church. Χριστός Ανέστη! Christ is Risen!



"The Church shall be a home for Orthodox Christians from every ethnic and national background. It shall be a house of prayer for all humankind, in which the Holy Name of our Triune God shall be extolled and all of creation sanctified."