

## SUNDAY, MARCH 12, 2023

SUNDAY OF GREGORY PALAMAS

CONFESSOR THEOPHANES

**EPISTLE READING OF THE DAY:** This morning's Apostolic Reading is from Saint Paul's First Letter to the Hebrews Chapter 1 Verses 10 - Chapter 2 Verse 3: IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Ὁ Ἀπόστολος Πρὸς Ἑβραίους κεφ. 1 ἐδάφ. 10 - κεφ. 2 ἐδάφ. 3

**GOSPEL READING OF THE DAY:** This morning's Gospel Reading is from the Holy Gospel according to Saint Mark Chapter 1, Verses 1-12: At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins'-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Ἡ σημερινή εὐαγγελική περικοπή ἐκ τοῦ κατὰ Μάρκον Κεφ. 2 ἐδάφ. 1-12

**MEMORIAL SERVICE:** Today's memorial service is being offered for the repose of the soul of **John Demakas (of Spokane, WA)**, 40 days since his passing. May his memory be eternal! Αἰώνια ἡ μνήμη!

**LENTEN SERVICES THIS WEEK:** This week we will celebrate **Presanctified Liturgy on Wednesday at 10am** and we will celebrate **Salutations this Friday at 6pm**. We look forward to seeing you there.

**MEN'S FELLOWSHIP SAVE THE DATE:** Annunciation Cathedral will be hosting its second Men's Fellowship meeting on Thursday March 23rd. The event will begin with cocktails at 7:00, followed by dinner and a discussion.

**STEWARDSHIP:** We invite you to prayerfully consider sharing the resources given to you by God by filling out our Stewardship card and pledge for 2023 today! *"All things are possible to the one who believes in Christ."* Mark 9:23

**INTRODUCTION TO ORTHODOXY CLASSES:** We provide classes over Zoom for people who are considering converting to Orthodox Christianity and for Orthodox people who want to refresh their knowledge of the faith. Please reach out to **Alex Kozak** at <https://agkozak.com/intro> to learn more.

**FOLLOW US ON SOCIAL MEDIA:** Instagram: @the\_cathedral\_sf, Twitter: @annunciationsf, Facebook: Annunciation Greek Orthodox Cathedral

**PAVER PROJECT UPDATE:** It is time to get more pavers inscribed in our courtyard! Join our "Adopt a Paver" program. To learn more, pick up a brochure at the *pangari*, call **Jim Vorrises**, Chair, at 650-464-1616 or email at [jim.vorrises@annunciation.org](mailto:jim.vorrises@annunciation.org)

**Today's Apolytikion (Dismissal Hymn) is that of Tone Six (Plagal 2):**

Ἀγγελικαὶ δυνάμεις ἐπὶ τὸ μνημά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου Σῶμα. Ἐσκύλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ: ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν. Ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε, δόξα σοι.



*“The Church shall be a home for Orthodox Christians from every ethnic and national background. It shall be a house of prayer for all humankind, in which the Holy Name of our Triune God shall be extolled and all of creation sanctified.”*