

SUNDAY, MARCH 10, 2024

MEAT FARE SUNDAY

ANASTASIA THE PATRICIAN

EPISTLE READING OF THE DAY: This morning's Apostolic Reading is from Saint Paul's First Letter to the Corinthians Chapter 8, Verses 8-13, Chapter 9 Verses 1-2: Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

GOSPEL READING OF THE DAY: This morning's Gospel Reading is from the Holy Gospel according to Saint Matthew Chapter 25, Verses 31-46: The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

COFFEE HOUR TODAY: Today's coffee hour under our new invitational program is being hosted by the proud families of our dance groups who participated in FDF. Και του χρο̑νου!

AN INVITATION TO HOST COFFEE HOUR: As part of our previously announced revitalized coffee hour program, we're calling on all ministries, organizations, and even our parishioners (individually or in teams!) to sign up to host one or more coffee hours over the course of the year. We'll supply the coffee/cream/sugar, tablecloths, napkins, utensils – and you supply the goodies (e.g., pastries, donuts, bagels & cream cheese, small sandwiches, fruit/vegetable/cheese platters and assorted dips, or other similar items.) We're currently seeking hosts for the following Sundays: March 24 and 31, and April 7 and 14. Please reach out to Irene Melitas (irene.melitas@annunciation.org, or 925.212.8561) to sign-up and learn more.

TRISAGIO TONIGHT: Tonight we will hold a Trisagio Service for **Tom Moulas**. The service is at 6pm, viewing hours will begin at 4pm. His funeral will take place tomorrow morning, March 11th at 10:30am at the Cathedral. May his memory be eternal!

FDF AWARDS PRESENTATION: Today following Divine Liturgy our dancers and directors will come forward to be acknowledged for their great success at FDF this year! Our four dance groups won the following awards: **Rizes** - Choral, **To Mellon** - Costume, Choral, and 4th place, **Revmata** - Costume, 4th place, **Spithes** - 3rd place. We congratulate our dancers and directors on a tremendous showing this year. Your Cathedral community is very proud of you!

STEWARDSHIP CALL: We are all blessed with certain gifts. It is important to develop these gifts, multiply them and offer them back to God. Please take a moment to fill out your annual Pledge card and don't forget to fill out the back offering your skills and talents!

ELPIDA LENTEN RETREAT: On **Saturday, March 30th** we will be hosting our second annual Elpida Lenten Retreat! We already have about 80 kids registered, be sure to register your children as well! In preparation for the Retreat, we are also asking for assistance from those who would be interested in prepping crafts for the children. Please contact **Mia Fanourgiakis** for information about registering or helping us prep our crafts! mia.fanourgiakis@annunciation.org

PHILOPTOCHOS UPDATES: -March 25th, Monday-Please join Philoptochos in celebrating the Feast Day of the Annunciation with a luncheon immediately after the Liturgy. Reservations can be made by mail, on line or after church at the reservation table.

-Philoptochos Membership is ongoing. Become a new member or renew your membership. Your pledge helps us to continue our mission of helping those in need. Mail in the form or go to the church's website to complete.

-Save the date for our annual Mother's Day Luncheon on Saturday, May 11, 2024.

DAUGHTERS OF PENELOPE SCHOLARSHIP: One of the main objectives of the Daughters of Penelope has been the promotion of education amongst the Hellenic community. The Daughters of Penelope Foundation, Inc. scholarships are awarded to qualifying students enrolled in graduate and undergraduate programs. Please see requirements and the application at: <https://dopfoundationinc.com/scholarships/apply-for-a-scholarship> The deadline to apply is April 1, 2024. For any questions regarding the scholarship please reach out to Eleni Toubanos via email: elenitoubanos@gmail.com

