



ANNUNCIATION CATHEDRAL HERALD



245 VALENCIA STREET, SAN FRANCISCO, CA 94103 · 415 864-8000 · FAX 415 431-5860 · WWW.ANNUNCIATION.ORG

JUNE/JULY 2018



Vivian Curd, Kalliope Fousekis 2018 Mothers of the Year!

Saturday, May 13 was, by every count, a spectacular day. It was the Cathedral's Mother's Day Luncheon and Fashion Show, sponsored by the Ladies Philoptochos, chaired by Irene Kyriacou. The Korinthias Hall was transformed into Italy, with the theme, "when in Rome..." Following a lavish reception, some 300 guests dined on chicken parmigiana, to the music of Ron Borrelli, as Vivian Curd and Kalliope Fousekis were acclaimed 2018 Mothers of the Year (their bios, as submitted, follow). The group then was entertained by ten-year-old Vlasis Kyriacou, who brought the house down with "That's Amore." This was followed by an amazing array of fashions, worn by women and children from our community. (Fashions and jewelry by Lexe Boutique, Alexis Bittar, B Chic Fashions, and the Kids Company.) Nick Balian served as Master of Ceremonies, and a raffle extravaganza ended the afternoon. Among the distinguished guests were Metropolitan Gerasimos of San Francisco, Past Metropolis Philoptochos President Valerie Roumeliotis, National Philoptochos Board Member Helen Carnegis, Past Philoptochos Presidents Cleo Mattis, Connie Panagotacos & Angie Leventis (Pat Aleck was at home recuperating; we wish her a speedy recovery), Great Benefactors to the Rebuilding of the Cathedral Ethel Davies, Tula Mouroufas, and Connie Panagotacos, the Honorable Bessie Dreibelbis, and Daphne Vitsikounaki, of the Consulate General of Greece. Jan Petrou, Philoptochos President, and her hard-working Board are to be commended for their ongoing hard work, as we build up and nurture the community, in the service of others. *See next page for Mothers of the Year bios*





Mothers of the year Bios

Vivian Curd

Vivian Sophia Curd is a 3rd generation Mother of the Year following in the footsteps of her Grandmother (Vivian Vellis -Mother of the Year in 1993) and her mother, Efrosine Vellis - Mother of the Year in 2007).

Vivian was born November 12, 1959 in San Francisco, the second of 3 children to Andrew and Efrosine Vellis, granddaughter of Costas and Vivian Vellis who were early members of Annunciation.

She was raised in South San Francisco with brothers Gus (married to Meena) and Aris (recently engaged to Kathy).

Vivian graduated from El Camino High School in South San Francisco in 1977.

In 1981 Vivian graduated from USF's School of Nursing with a Bachelor of Science degree. She joined the Trauma ICU at San Francisco General and worked in the unit for 26 years, 5 of those years as the Head Nurse. She eventually transitioned to Performance Improvement Coordinator for the Trauma Program and recently retired from SFGH in June of 2017 after 34 years of service.



In 1981 as a nursing student, Vivian met John Curd a young firefighter /paramedic. They were married in 1984 at the Annunciation Cathedral and settled in San Bruno, where they raised their two children, Katherine Curd (a Firefighter/Paramedic at Station 52 in San Bruno) and Andrew Curd (Graduated from UC Merced 2017; currently working for a Bio-Tech company in their research lab).

Vivian has been an active participant in many of Annunciation's ministries;

Sunday School (attended K through HS, taught 5th grade)
Pinecrest and Yosemite Summer Camps (camper, counselor)

GOYA (youth member, advisor)

Church Bazaar / Food Festival (clearing tables, washing dishes, Sunday School booth, food line, pastry booth)

Philoptochos (recording secretary, Chair Angel Tree, board member)

Now that both Vivian and John are retired, they enjoy going on long walks (sometimes with their dog, Shasta); taking weekend trips; and spending time with family and friends.

Kalliope Fousekis

Kalliope (Callie) was born in Kalamata, Greece on February 4, 1946. At the age of 5, she immigrated to Lincoln, California with her parents Ilias and Hariklia Frangos.

They later moved to Sacramento where her two brothers, Jim and Chris were born. The family joined the Annunciation church there and became active members, Ilias on the Parish Council and Harikilia as the Philoptochos President. They also joined AHEPA, Daughters of Penelope, and the Messinian Society. Kalliope was active in the life of the church. She joined the church choir at 16 years old and participated in Sacramento's international events representing the Greek community with Greek exhibits and dancing.

The family moved to Millbrae in 1967 and joined Holy Trinity Church, where Hariklia's cousin, Fr. Anthony Costouros presided. Kalliope joined the choir there. The family also attended Annunciation Cathedral, where they were very active with the Messinian Society. Kalliope earned her B.A. and teaching credential at San Francisco State University and went on to teach at Bowditch Middle School in Foster City.



She met her husband Vlasis in typical Greek fashion, at a wedding, and they were married in 1973. Soonafter, they bought a home in Belmont and joined the Church of the Holy Cross there.

Kalliope stopped teaching at Bowditch after her twin daughters, Irene and Hariklia (Lea) were born. Kalliope started teaching Sunday School at Holy Cross when Irene and Lea first enrolled. She taught there for twenty years. Kalliope was also active in the Greek School, serving in P.T.O offices for 12 years, including President. She also organized the Greek celebrations, as well as set up a Greek exhibit every year at the Festival. She helped in the Philoptochos and at many church events. Kalliope was active in the dance program, serving as parent representative for many years, as well as assisting with the making the costumes. Spiro was born in 1981 and completed the family.

Kalliope was active in her childrens' school's PTA holding several offices, including President and always helped in her children's classrooms. She was the Belmont PTA Council President and served on the District PTA. She received a Lifetime Achievement Award from the PTA for all her volunteer efforts and years of service.

Kalliope had joined the Daughters of Penelope, but became more active when she started the Maids chapters with her daughters, Irene and Lea. She was active in offices at her chapter level, including President, moving up to the District Level as District Maids of Athena Advisor and other offices. She became the District Governor of the Daughters of Penelope, at the same time her daughter Irene was District Governor and Lea District Lt. Governor of the Maids of the Athena. Kalliope was Chapter Penelope of the Year and District Penelope of the Year. She went on to be on the National Advisory Board Zone#4 to the Maids of Athena. She is currently Secretary of her chapter and Chairman of the Past District Governors league.



In 1997, Kalliope and Vlasis joined Annunciation Cathedral, where Kalliope rediscovered her beloved choir. She helped with Sunday School music, Christmas programs and TGI Pascha. She and Vlasis helped annually at the festival with Gyro and Lamb, and of course, Kalliope with her beloved Greek Exhibit, displaying her treasures and regaling the community with stories and history. She has helped with elections, the Christmas card, annual fashion shows, and other church events. Kalliope was also very active in the dance program at the Cathedral as a parent representative for many years, assisting with fundraising and costumes. She continues to help with these things to this day, donating her time and skills making many costume pieces for dance groups. She has held office in the Messinian Society, where she is currently the President, the first woman to hold this office. She has been a Docent at her grandchildren's school volunteering to teach music, for the last 10 years and is their biggest fan. Kalliope enjoys her volunteering and feels rewarded with new friends and experiences. She loves to be involved and busy.

Vlasis & Kalliope found great joy when their children were all married, Lea to Bob Lyberopoulos, Irene to Chris Kyriacou, and Spiro to Shareen Saddik. Their greatest joy, however, is their grandchildren, Stelios, Kosta, Kallie, Vlasis, and Thanos.

Kalliope and Vlasis love to travel and spend time with family and friends. Their lives have always revolved around the Greek Church and community, which have been an anchor of strength. It is a legacy they have passed down to their children and grandchildren to continue for generations to come.



100th anniversary

We've shared with you earlier this year that 2021 will mark the Cathedral's 100th anniversary. 100 years since it was established, originally as St. Sophia Cathedral and, initially, was located at Hayes and Pierce Streets in San Francisco, before being relocated to Valencia Street, in 1928, and being renamed "Annunciation," in 1936.

It is fitting that the community celebrate this milestone event. In an effort to define the scope of our celebrations, a joint meeting of the Philoptochos and the Parish Council will take place on Sunday, June 10, following the Divine Liturgy. This group is expected to come up with a roadmap of possible events that can take place to mark our 100 years. Then, of course, there will be frequent meetings, including parishioners representing all age groups, all ministries, and all aspects of parish life. Co-chairs and chairs will emerge as a result of those meetings. We are asking you, the parishioners and friends of the Cathedral, to put your thinking caps on, to imagine how best to celebrate our long and storied city, how best to inspire future generations in the way you have been inspired, by the faith you express here and the friendships you've made.

kudos

Ring in Hope for the Future, the Tula Mouroufas Endowed Professorship in Pediatrics at UCSF is born

Inspired by a young cancer patient, Tula Vlahakis Mouroufas honors the passing of her daughter and husband with \$1.5 million donation to UCSF Benioff Children's Hospital San Francisco

SAN FRANCISCO, CA

Tula Vlahakis Mouroufas was born in a small village overlooking Sparta in Anavriti, Southern Greece. The youngest of six siblings, she moved to America at age 11, settling first with her mother in New York, and then venturing west to California as a young bride. She has remained deeply connected to her Greek roots.

A love of travel landed Tula in a public relations position at Alitalia Airlines and later, at United Airlines. While at United, she met her husband, Chris Mouroufas, a prominent political fundraiser in San Francisco.

In 1971, they adopted Angela, a beautiful, two-month-old girl. Angela grew to be an active child who loved soccer, swimming, and skiing. No one, least of all her parents, ever suspected that she

age 15, Angela died suddenly from an undiagnosed heart arrhythmia. Tula and Chris returned to Greece six months later, this time bringing their young nephew, also named Chris, back to the States, where he has remained ever since.

"Chris was a wonderful addition to our family at a very difficult time," Tula says. "We later adopted him, and he is now a talented, up-and-coming artist in San Francisco."

When her husband passed away from prostate cancer in 1995, Tula reflected on a meaningful way to celebrate the lives of Chris and their daughter, Maxine Papadakis, MD, a close friend and former associate dean for student affairs at the School of Medicine, introduced her to UCSF (University of California San Francisco).


While touring the new San Francisco campus, Tula was moved by the sight of a young cancer

nurses' station. The brass clanging joyfully signaled the end of her chemotherapy.

"My heart was so touched when I saw the pure happiness on her face as the bell was ringing," Tula recounts. "Children are very dear to my heart. I've always wanted to do something to ease their suffering. I knew then what I wanted to do."

Inspired by her visit, Tula made a generous gift of \$1.5 million to name the waiting room on the first floor of the hospital in memory of her

Tula Vlahakis Mouroufas at the Tula Mouroufas Waiting Room at UCSF Benioff Children's Hospital San Francisco, California.



Mayor Mark Farrell appointed Victor Makras to the San Francisco Port Commission on Friday, May 11, 2018.

Tula Mouroufas hailed as Benefactor of UCSF

The Hellenic Journal recently featured Tula Mouroufas' endowment of a professorship in pediatrics at UCSF. The Cathedral joins in congratulating Mrs. Mouroufas for this act of generosity to a most prominent and, may we add, "cutting edge" institution, as UCSF.

The article noted that Tula was inspired by a young cancer patient. "My heart was so touched, when I saw the pure happiness on her face as the bell was ringing," she is quoted as saying. "Children are very dear to my heart. I've always wanted to do something to ease their suffering. I knew then what I wanted to do." The gift honors the passing of Tula's daughter, Angela, and her husband, Chris.

Tula is also a major benefactor in the rebuilding of the Cathedral. She made her initial gift even before the Capital Campaign began, inspiring the undertaking of the construction of a landmark Greek Orthodox house of worship in the heart of the City. God bless you, Tula.

Axia!

Victor Makras Named Port Commissioner

The Port of San Francisco is a public agency responsible for managing the seven and one-half miles of San Francisco Bay shoreline stretching from Hyde Street Pier in the north to India Basin in the south. The Port's responsibilities include promoting maritime commerce, navigation, and fisheries and providing public recreation. More than 1,000 acres fall under its jurisdiction.

Victor Makras previously served on the Board of Permit Appeals, San Francisco Public Utilities Commission, San Francisco Police Commission, San Francisco Fire Commission, and most recently San Francisco Retirement Board, which managed 24 Billion Dollars in assets.

Axios!

Phase One of Construction Nearing Completion



As the photos, above, show, the laying of the pavers in the courtyard and all around the new Cathedral is nearing completion. The walls along Valencia Street have been built. Eventually the walls will be capped in granite, the same as the façade of our ancillary facilities building. The sidewalk along both Stevenson St. and Valencia St. has been poured (except for a section which will accommodate trees and parking meters). We are one step closer to using our parking component. Honestly, we can't wait! Final electrical connections are being made, including the installation of an inverter. Then, final inspections will allow us to access our parking on a permanent basis. And how about our beautiful courtyard fountain? We can't wait until this is done. And until the doors for the Cathedral get installed. And this is just phase one. Phase 2 is the work on the interior, which requires another two years' worth of work, and about \$4 million. Yes, all this takes time, and money. And it takes patience, perseverance, and vision. And, then, everyone will be proud in saying, "look at what we've accomplished.

In this positive vein, we note your eagerness to renew our financial support, and we thank you. We're speaking about individuals who've met their financial commitment, and want to continue contributing. If you have not yet contributed (and there are a number of families that have not done so), we invite your participation. Be assured, your gift is fully tax deductible, to the extent allowed by law. More importantly, you, too, will experience the joy of giving--and to such a historic undertaking! We mean, how many people get to build a church in their lifetime? Equally importantly, you will be helping make firm our presence as a Greek Orthodox house of worship in the heart of our Great City. In this way, together we will be answering the call by God to Moses, when He said *"Build me a Sanctuary, and I will appear among you."* (from the Septuagint: *Καὶ ποιήσεις μοι ἅγίασμα, καὶ ὀφθήσομαι ἐν ὑμῖν*). (Exodus 25:8). When everything is completed, we will be able to consecrate the new Cathedral to the glory of God. God willing, this can coincide with our 100th anniversary, in 2021 and become the crowning glory of those 100th anniversary celebration.

Father Stephen Attends Forum on Human Trafficking and Modern Slavery in Buenos Aires, Argentina May 5-8

Members of the Orthodox clergy who attended the forum in Buenos Aires. Below, is a press released following the forum

Under the auspices of the Ecumenical Patriarchate, a second international forum on modern slavery convened in Buenos Aires, Argentina, May 5-8, 2018. This forum, entitled Old Problems in the New World, was cosponsored by the Greek Orthodox Archdiocese of Buenos Aires and South America, and the Patriarch Athenagoras Orthodox Institute (Berkeley, California). The purpose of this gathering was to bring together distinguished practitioners, policymakers, theologians, and scholars, from within Latin America and other parts of the world to explore the myriad dimensions of the scourge of modern-day slavery.



Members of the Orthodox clergy who attended the forum in Buenos Aires. Below, is a press released following the forum

The forum was held at the Ministry of Foreign Affairs of Argentina, with welcoming remarks from the President of Argentina, government officials, dignitaries and various religious leaders. A highlight of the opening session was the video messages from His All Holiness Ecumenical Patriarch Bartholomew, His Holiness Pope Francis, and His Grace Archbishop Justin Welby of Canterbury.

The program began with a compelling visual media presentation of the global scope of modern slavery, followed by a moving testimony of the impact of modern slavery on vulnerable populations of children and marginalized social groups. The greater part of the forum was structured around three panels, beginning with the theological foundations for understanding the Christian responsibility to eliminate all forms of enslavement of the person. The second panel identified the distinct and interconnected manifestations of modern slavery, including trafficking and smuggling, sexual exploitation, human supply chains, and the public health impacts of those practices. The final panel presented diverse programs and initiatives currently undertaken by faith-based organizations and communities.

The forum produced A Common Declaration of Unity Against the Sin Human Trafficking and Modern Slavery (see below). Signatories to the Common Declaration pledged to initiate and undertake every effort to heal the brokenness

caused by modern slavery and to restore to each and every person their God-given dignity.

His All Holiness Ecumenical Patriarch Bartholomew has appointed a commission that will address these multifaceted and complex issues of human slavery. The commission includes His Eminence Metropolitan Nikitas of the Dardanelles, V. Rev. Deacon Nephon Tsimalis, Dr. Elizabeth Prodromou, and Presbytera Maria Drossos.

*Fathers, do not provoke
your children to anger,
but bring them up
in the discipline and
instruction of the Lord*

— Ephesians 6:4

A Declaration of Unity Against the Sin of Human Trafficking and Modern Slavery

Modern slavery knows no boundaries and affects human beings on a global scale, regardless of economic status, political regime, cultural specificity and geography. In order to raise awareness and enact change within the multi-faceted scourge of human exploitation, which is characterized by human trafficking and smuggling, human supply chains and bonded labor, sexual exploitation and the sale of organs, The Ecumenical Patriarch Bartholomew called for a second forum to take place in the New World, specifically in South America.

Inspired by the words of St. Basil the Great, who said “the world that forgets God, brothers and sisters, is ruled by injustice toward neighbors and inhumanity toward the weak,” all the participants affirm their vision of a world where all people are free and equal. All present commend the call of His All-Holiness and join together with him in solidarity against human slavery by declaring the following statement:

- i. We condemn all forms of slavery as a sin against the truths and values entrusted to the world by God, Who created human beings in His image and likeness.
- ii. We appeal to all world leaders to join in ending this plague and abomination.
- iii. We seek to promote legislation and systems that will hold criminals accountable for their actions.
- iv. We proclaim the belief that religious leaders are obligated to speak out against social injustice and exploitation and to encourage all people of good will to be a healing presence in society and a beacon of light in God’s call for love and mercy.
- v. We ask all educators to educate students about the travesty of modern slavery, encouraging action and expressing compassion towards this sin.
- vi. We seek forgiveness from native and indigenous peoples, who have suffered as a result of these actions, especially the victims of colonialist ambitions, and pledge to never allow this injustice to occur again.
- vii. We affirm that we are a single, united voice and stand in solidarity in condemning these transgressions against God and His creation. We also commit not to delay in our actions and work, as our hesitation may bring greater evil on the human race.

By this Common declaration, we, the undersigned, pledge to initiate and undertake every effort to heal the brokenness that is cause by modern slavery and to restore to each and every person their God-given dignity.

Buenos Aires, 7th May 2018.



After Liturgy, in the courtyard of the Dormition Cathedral of the Metropolis of Buenos Aires.

**Halki Theological School
awaiting its re-opening
#ReOpenHalkiNow**

*I have never met a
person whose greatest
need was anything
other than real
unconditional love*

—Elizabeth Kubler-Ross



Theology

biblical religious believe faith
God preach spirituality worship

I PLEDGE TO REBUILD MY CHURCH

Once again, we thank those parishioners and friends of the Cathedral, who, during the first five months of 2018, have made good on or paid off their building fund pledge. In some cases, people have renewed or extended their pledge. All this bodes well in terms of funding our project. As noted in past issues of the Herald, our Capital Campaign was undertaken in good faith, for the purpose of rebuilding the Cathedral. At the time, the Cathedral, together with its underground parking component, was estimated to cost a total \$14 million, about \$10.9 for the exterior and about \$3.1 for the interior. And, we approached our parishioners and friends. In turn, you responded generously. Some made a one-time payment; others made a 5-year pledge. Most of those who made a 5-year pledge have now completed their pledge. This has enabled us get to the point where we are now. Yes, there have been a few glitches along the way, like when lead was found in the soil, like when it was discovered the neighboring property slightly encroached on ours. Like when the window installation took longer than expected. And, yes, there were cost overruns. We had no idea that, when we began construction, the whole city would have begun construction in what has to be the largest building boom since the 1906 earthquake. But, in this building boom, there is only one church being built, and that is ours. You should be very proud about this. We thank you for pledging to rebuild your church.

Success consists of going from failure to failure without loss of enthusiasm

— Winston Churchill

Introduction to Orthodoxy

Introduction to Orthodoxy"

Class Welcomes New Members to the Faith

The new Annunciation cathedral recalls the beauty and majesty of other churches more than a millennium old, such as Hagia Sophia in Constantinople. Those who have been fortunate enough to witness its construction know that, like those older churches, it is being built to last, and one can imagine it serving the needs of the faithful, God willing, centuries from now. The building is an impressive, outward sign of our community's conscious outreach to the city and the world. By building a sanctuary for God, we are simultaneously expressing a gesture of welcome to all future generations of Orthodox Christians.

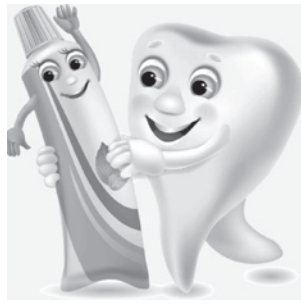
Some of them will be born into our families, while others will marry into the faith. Still others will come to us simply because they are astounded by the beauty of our worship, the richness of our theological traditions, and our special emphasis on the mystery of our intimate encounter with God. Whether future parishioners are drawn into the fold by love for its members, for their resilient, ancient faith, or by a mixture of the two, we must continue to be prepared to accommodate incoming Orthodox Christians of every background.

The Cathedral's "Introduction to Orthodoxy" class aims to facilitate the spiritual journey of those considering joining our Church. We prepare adult inquirers for their baptisms and chrismations, and we explore the richness of our faith through discussion of Holy Scripture, the theology of the Church Fathers, and the lives of the Saints. The goal of the course is to provide people with acculturation in the Church prior to their becoming full members in it.

The class has been meeting on a weekly basis. Going forward, however, it will meet two times a month. In June, the class will meet on June 3 and June 10.

Health Goods Drive

Our Young Adults, in tandem with our Ladies Philoptochos, is conducting a "health goods drive," just as we're ending our very successful socks drive. What's a "health goods drive?" Well, it means picking up a toothbrush, a small tube of toothpaste, perhaps some mouthwash. Things like this. Like the socks, the health goods will be given out to our guests who come to Community Kitchen. The next Community Kitchen will take place on Tuesday, June, 19, followed by one on Tuesday, July 17. Won't you bring one of the above items with you the next time you come to church and leave it in the appropriate receptacle, located in the front office? The office is the first room on your right, as you enter the building, off Valencia Street. Thank you.



Festival 2018: September 21, 22, 23

Though months away, planning has begun on this year's Food Festival, which will take place on our location at 245 Valencia Street, Friday, September 21, Saturday, September 22 and Sunday, September 23. By far the largest fund raiser for the Cathedral, it is also its largest social event, bringing together thousands of people for a weekend of food, fellowship, and faith. In recent years, social media has been the way people have been informed of the festival, and the growing crowds each year suggests we will expect to break another attendance record in 2018. But, we need volunteers. Volunteers to plan the festival. Volunteers to promote the festival. Volunteers to cook, organize and offer the various food items during the festival. We need you.

On the following pages, you will find the Festival Souvenir Contract Form and also the Donation Form for underwriting the various foods served at the Festival. Because of your support, and the hard work of its chairs, Angie Leventis and Presbyteria Alike Kyriacou, the book has broken records in recent years, netting over \$60,000. Donations for the food items have also broken records in recent years. We are grateful for your support and we encourage you to keep doing what you are doing. As we've often stressed, the Festival is not just about food; it's about community building. Both the immediate community around the Cathedral and the larger community, which has come to know and respect our faith, our traditions, and what we stand for.

*The future belongs to
those who believe in the
beauty of their dreams*

—Eleanor Roosevelt

Icon Painting Workshop

Annunciation Greek Orthodox Cathedral, San Francisco

Experience the unique spiritual world of the Byzantine Era through icon painting



June 18-23, 2018
Annunciation Greek Orthodox Cathedral
San Francisco

Join us on this six day intensive course under the direction of visiting master iconographer and expert instructor Theodoros Papadopoulos from Greece. This Christ Pantocrator icon will "come alive" as he will guide you step by step, through the ancient techniques of Byzantine Iconography. Let us journey together, discovering anew, this traditional artistic expression of theology and spirituality often called the "meeting place of the Divine". Whether you are beginner or a professional, this workshop offers the opportunity to learn or refine your techniques.

Your tuition fee of \$680 includes most supplies including boards, pigments, brushes, etc.

Space is limited and early registration is suggested.

For enrollment and information, visit the website
www.theodoreicons.com/sf

or contact Theodoros Papadopoulos at, theodoreicons@gmail.com
Alternatively you can call Ms. Katina Kostoulas at 310-863-4762.

OIKOS News

Oikos began the ecclesiastical year in September with a talk by Dr. Steve Harris, Ph.D. an Orthodox Christian and Clinical Psychologist from Newport Beach, California. Dr. Harris spoke to us from a chapter of his soon to be published book, "God, Psychology and Faith" by St. Sebastian Press. Congratulations to Dr. Steve and gratitude for his sharing his thoughts on the interplay between psychology and religion. Oikos is ending the year in June with a six-day icon painting workshop, taught by Dr. Theodore Papadopoulos from Larissa, Greece. Dr. Theodore will offer a lesson on the icon of Christ, which the students will be writing over the six day period at the Annunciation Cathedral (See the above flyer).. No prior artistic experience is necessary, just a willingness to dive into the experience with an amazing teacher. For detailed information see the flyer in the Herald and on our web site or contact Dr. Katina Kostoulas (katinakost@aol.com).





People Ask

People are calling the Cathedral asking questions like, How do I become Orthodox? How can I learn more about your Faith? We were raised in this or that faith (or, in one case, recently, in several faiths), or in no faith, and, seeing the Cathedral being built, we want to know more about you, as we may want to become a part of your community. When they call, we try to discern where they have been spiritually, and how we may guide them to the Lord in fellowship with His Apostolic Church. We direct them to the class we have, taught by Alex Kozak, aimed at introducing people to the Orthodox Faith. We provide Alex's e mail: orthodoxy-agkozak@sneakemail.com. We also direct them to the Archdiocese web site, www.goarch.org. Once they're on the web site, we ask them to go to Library. Scroll down to Introduction to Orthodoxy. There, they will read: 1. an Introduction, which aims at introducing the non-Orthodox to Orthodox Christianity, 2. House of God, which describes the interior of the church building, 3. Worship, which discusses the form and characteristics of Orthodox worship, 4. Liturgy, which describes the meaning and celebration of the Eucharist, 5. Sacraments, which describes the meaning and importance of liturgical life, 6. Special Services and Blessings, which describes the non-sacramental services which contribute to spiritual life, 7. Teachings, which outlines the salient points of doctrine and basic creedal affirmations, 8. Spirituality, which discusses the meaning of theosis as the goal of Christian life, 9. History, which sketches the great epochs of Orthodoxy, and 10. The Church, which outlines the procedures for becoming a member of the Orthodox Church.

Becoming an Orthodox Christian is a process. There is no "one rule fits all" as for the time required and the amount of learning one must undergo to become a member of the Church. For some, it's a matter of a few months; for others, a few years. But, the overwhelming consensus of those who join the Church is they feel fulfilment, they feel joy, they feel this Faith is the true Faith. The Faith we have inherited is a treasure, indeed, open to all who seek Truth. As St. Paul reminds us in his first letter to Timothy (1 Timothy 2:3-4), "God...desires all men to be saved and to come to the knowledge of the truth." By the way, you don't have to be non-Orthodox to benefit from Alex's class or the articles available on www.goarch.org. Do you have a few minutes? Do you have access to the Internet? We invite you to log on. You will be glad you did. their remarks.

The Cathedral's Community Kitchen, which began under the name "Soup Kitchen," operates the third Tuesday of every month. The volunteer work involves food prep, cooking, hall setup, serving the meal and—so important—cleanup. We also have a food pantry, so a few awesome volunteers come early to bag up canned/non-perishable goods for our guests to take with them. Some volunteers arrive earlier, but the typical timeframe is 5 p.m. to 9 p.m. Shown above are just some of our Young Adults, who spearhead the Community Kitchen ministry. Won't you join them? Following each Community Kitchen, after cleanup, the Young Adults gather in the second-floor conference room for wine and cheese. They get to know one another better. They welcome new members. They address topical issues. And, of course, they plan for the following month's Community Kitchen. In November, the Young Adults teamed up with the Cathedral Ladies Philoptochos and turned out a Thanksgiving feast! In December, the theme was Christmas. The Metropolis Young Adults contributed gift cards, which, in turn, were handed out to our guests. In April, Community Kitchen will take place on Tuesday, June 19, and then on Tuesday, July 17. Our guests count on us to provide them with a hot meal, and fellowship. May we, in turn, count on you? Once again, that's June 19 and July 17, 5:30 p.m. for set up and 6:30 p.m. for serving.



Bless the hands that have prepared this food.



Our guests know: Community Kitchen is the third Tuesday of every month.

COMMUNITY KITCHEN



PHILOPTOCHOS NEWS & ANNOUNCEMENTS

ATTENTION: Festival Baking Schedule: August 21, 22, 28 & 29, and September 4, 5, 11, 12 and 18 & 19. For additional information...contact Grace Koutoulas, Secretary and Festival Co-chair.

REMINDER: Membership: If you have not renewed or would like to join our chapter, please return your membership form or pick up an invitation located in the Narthex or contact Vicki Holloway (vcarnegis@gmail.com), Membership Chair if you have any questions. Please return completed form to Philoptochos by June 15, 2018.

SAVE THE DATE: "Friend of Philoptochos" Award: June 17, 2018 we will be recognizing the recipient following the Divine Liturgy. Announcement of honoree will be forthcoming.

GENERAL MEETING: June 3rd following the Divine Liturgy upstairs in the conference room.

AGENDA: Refreshments, certificates of merit for achievements and unselfish devotion to be presented. After awards, we will have a short business meeting.

MOTHERS DAY THANK YOU

The San Francisco Annunciation Cathedral held its annual Mother's Day luncheon on Saturday, May 12 and it was "fantastico". We appreciate your support and for joining us on this special day to give thanks to the women who have given us so much – our Yia Yias, Miteras, Theas, and Nounas; we love them and revere them.

This year it is with love and respect that we recognized two exceptional Philoptochos women as the 2018 Mothers of the Year – Vivian Curd and Kalliope Fousekis. They have selflessly given their dedication and devotion to the Church along with love and guidance to their families, and their commitment to improve the lives of others in need.

This affair would not have been a spectacular day in Rome without the vision, creativity and hard work of our chairperson, Irene Kyriacou who exudes (as did her Patron Saint Irene "a woman of great faith and strength"). Axia!

A special thank you to all our volunteers and friends of Philoptochos who helped with the event.

Yours in Christ, Janis Petrou, President and the Philoptochos Board



Annunciation Cathedral Presents
**SAN FRANCISCO'S ONLY
 GREEK FOOD FESTIVAL...**
 245 Valencia (between 14th St. & Duboce Ave.)
SEPT. 21, 22 & 23, 2018



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PLEASE CHECK APPROPRIATE BOX:

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Full Page (7 3/4" x 9 1/2") **\$1,000** Half Page (7 3/4" x 4 1/2") **\$500**

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(Non-business, family name only: will be listed on separate page together with other Festival Friends)

Please Use Layout from Last Year Please Use Supplied Camera-ready Art

Please Write your Ad, Message or Memorial in this area, or send your Artwork to email: aleventis3@comcast.net (PDF file preferred & submit only JPEG file for photos)

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245 Valencia Street, San Francisco, CA 94103

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Contact Phone _____ **Email Address** _____

<u>Item</u>	<u>Cost</u>	<u>Item</u>	<u>Cost</u>
<input type="checkbox"/> Napkins	\$100	<input type="checkbox"/> Pastitsio	\$1,000
<input type="checkbox"/> Propane	\$100	<input type="checkbox"/> Moussaka	\$1,000
<input type="checkbox"/> Cleaning Supplies	\$120	<input type="checkbox"/> Bell Peppers	\$500
<input type="checkbox"/> Tablecloths	\$140	<input type="checkbox"/> Chicken Broth	\$500
<input type="checkbox"/> Cooking supplies	\$150	<input type="checkbox"/> Butter	\$500
<input type="checkbox"/> Schedule/Menu Printing	\$160	<input type="checkbox"/> Philo Dough	\$500
<input type="checkbox"/> Paper Towels	\$190	<input type="checkbox"/> Pastries, nuts, etc.	\$500
<input type="checkbox"/> Kalamata Olives	\$300	<input type="checkbox"/> Dolmades	\$800
<input type="checkbox"/> Feta Cheese	\$500	<input type="checkbox"/> Tiropites	\$800
<input type="checkbox"/> Ice – Inside Bar	\$300	<input type="checkbox"/> Loukoumades	\$850
<input type="checkbox"/> Cups	\$350	<input type="checkbox"/> Gyro	\$2,500
<input type="checkbox"/> Fasolakia	\$400	<input type="checkbox"/> Lamb	\$2,500
<input type="checkbox"/> Utensils	\$400	<input type="checkbox"/> Liquor	\$2,500
<input type="checkbox"/> Lemon Juice	\$400	<input type="checkbox"/> Pork Souvlaki	\$2,500
<input type="checkbox"/> Ice Outside Bar	\$500	<input type="checkbox"/> Wine	\$2,000
		<input type="checkbox"/> Water	\$1,000

Please apply towards preparation of: _____ \$ _____

All donations are fully tax-deductible to the extent permitted by law.

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PLEASE NOTE THAT YOUR NAME WILL BE PLACED IN THE 2018 FF Souvenir Book



GOYA News

Pictures are, sometimes, worth a thousand words. Some photos of our recent GOYA experience at the Escape Room.



Kudos to our Graduates

Needless to say, we are proud of our graduates, from elementary school, to college, and beyond. We are proud to list them:

Graduating from Elementary School:

Elias Haginicols, going to Marin Montessori School
Pano Koutoulas, going to Ralston Middle School
Vlasis Kyriacou, going to Ralston Middle School
Katerina Nicolacakis, going to Stanley Middle School
George Polyzos, going to Holy Name School
Jack Psarras
Elda Tesfai, from Clarendon
Dionisi Vorrises, going to Parkside Middle School
Matheos Zarou, going to Burlingame Intermediate School

Graduating from Middle School:

Anastasia Athanasiadis - 8th Grade, Attending Sacred Heart High School, SF
Taia Konstantinides - 8th Grade - Attending Bishop O'Dowd High School
Daphne Gavros - 8th Grade - Attending Deerfield Academy
Alexander Kasolas, attending International High School, SF
Kosta Lyberopoulos - 8th Grade - Attending Carmont High School
Elizabeth Monolakis, 8th grade – Attending Monte Vista High School
Maria Novo - 8th Grade - Attending Sacred Heart High School, SF
Alexis Rakos, 8th Grade- Attending Ruth Asawa School of the Arts
Nikola Shataru, from James Lick Middle School
Orestis Strongylos, attending Junipero Serra High School
Nathan Tesfai, from A.P. Giannini

Graduating from High School:

Anna Bresenev - Soda High School, attending City College of San Francisco
Giovanni Kefalas - Burlingame High School, Attending the College of San Mateo
Niko Pezo - Mills High School, Attending the University of Oregon
Dimitri Rally - Burlingame High School, Attending the University of Oregon
Niko Rakos – Attending California Institute of the Arts
Yonas Tesfai – Washington High,

Graduating from College:

Evan Constantine Boukidis, University of San Francisco, B.A.
Anthony Obester, UC Santa Cruz, B.A.

NOTE: Kudos is a Greek word, κῦδος, which means “praise and honor for an achievement.”



Young Adults

Our Young Adults are becoming increasingly involved in the life of the Church. They are worshipping on Sundays and, after a number of years, are still hands on in charge of our Community Kitchen, which is held the third Tuesday of every month. Hardly a Sunday goes by when we don't welcome a new Young Adult or two. Some come from parishes clear across the country. Others are more local. Some come immediately upon arrival. Others do so after months of living in the City. Some scope us out, visiting other Bay Area churches, to determine if we're a good fit for them. Let's face it, different strokes for different folks. Some like more Greek in the Liturgy, others less. Still others are looking for a more "spiritual" or "engaging" parish. Others show up when they need a certificate of membership because they want to baptize someone or because they're going to be married. No matter what, we are impressed by the genuine interest of our Young Adults and we welcome them. We're here to serve. And, we invite them to become involved in the life of the parish, certainly in the monthly Community Kitchen and our get-togethers afterwards, as well as the following, designed exclusively for them:

METROPOLIS YOUNG ADULT CAMPING TRIP
August 31-September 3, 2018 (Labor Day Weekend)
Near Chico, CA

METROPOLIS YOUNG ADULT FALL RETREAT
October 12-14, 2018
St. Nicholas Ranch & Retreat Center, Dunlap, CA

The Cathedral Young Adults are responsible for starting the Soup Kitchen (now Community Kitchen) at the Cathedral. While others come and volunteer, it is the Young Adults who are spearheading this ministry. After everything is cleaned up, the Young Adults convene in the second-floor conference room for fellowship and discussion, over wine and cheese. A recent discussion took place around the Great and Holy Council, which took place last year on the island of Crete, and especially its outreach to young young adults around the world.



Summer Camp at St. Nicholas

Count the days until Summer Camp 2018!

Camp dates this summer (at St. Nicholas Ranch and Retreat Center) are:

July 8-14, July 15-21, July 22-18 and July 29-August 4 (new this year!). We look forward to the program and thank you for signing up. If you need additional information, prior to the start of camp, please visit www.gosfyouth.org



*For I know the plans
I have for you, declares
the Lord, plans for
welfare and not for
evil, to give you a
future and a hope*

—Jeremiah 29:11



Dance Group News

The Annunciation dance program is opening registration for the 2018-2019 dance year to new dancers for a limited time. Our program encompasses dancers from Pre-K to adult. The goal of our program is to cultivate appreciation of Greek culture and heritage through dance while also fostering fellowship in our youth and community. All groups attend the annual Folk Dance Festival (FDF), sponsored by the Greek Orthodox Metropolis of San Francisco. During the year, dance groups perform at Annunciation's Greek Festival as well as other special events.

All of our groups, with the exception of our Young Adults, will be practicing on Sundays, beginning at 12:30 p.m. Interested in joining our award-winning groups? Contact Lea Lyberopoulos at karthia808@yahoo.com.

The Cathedral's dance groups are:

To Mellon: Pre-K-1st grade (must be at least 5 years old in Fall 2017)

Directed by Irene Kyriacou and Katerina Sarikakis

Thisavri: 5th-7th grade in Fall 2017

Directed by Irene Kyriacou, Lea Lyberopoulos, and Lea Papavasiliou

Revmata: 2nd-4th grade in Fall 2017

Directed by Katerina Sarikakis, Trina Misthos and Eleni Taptelis

Spithes: 8th -12th grade in Fall 2017

Directed by Irene Kyriacou, Lea Lyberopoulos, and Lea Papavasiliou

Atithasi: Young Adults

Directed by Michael Garibaldi and Nicole Garibaldi

Greek School News

The last day of Greek School for the 2017-2018 school year will take place on Saturday, June 9. At the conclusion of classes that day, the Greek School will hold an end of the year party. We wish everyone a restful summer and look forward to starting up again in the fall. We thank the teachers for their dedication and the parents for bringing their children to Greek School. We had a good enrollment this year and, with our assistance and cooperation, we will grow our program. Greek School resumes Saturday, September 29. For more information about our school, please contact Anthi Janssens at anthig@gmail.com.



Sunday School News

"Of all holy works, the education of children is the most holy."

~Saint Theophan the Recluse

Our Sunday School will come to an end for the 2017-2018 school year on Sunday, June 3. We thank all the parents who assisted with our program this year, as well as all the students who attended. For the 2018-2019 year, we would like to see better attendance, especially in the season after FDF. We pray that the seeds of learning about the faith we sowed this year continue to get watered at home in the young hearts and minds. And we look forward to continuing this holy work next year with the those who are most precious—our children. Getting volunteers to teach has become a challenge. Therefore, we our putting out our appeal to you early on: we will need a few more teachers to assist us with the program. Please consider giving an hour or two of your time this coming year. That hour or two will be as rewarding for you as it will make all the difference in the hearts and minds of the young people you will instruct in the ways of the Lord. If you are willing and able to assist, please speak with Brittany Dhawan over the summer, Henderson.Brittany@gmail.com



Find us on:
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Αα



Ββ



Γγ





Pangari Schedule

Serving on the pangari is a privilege, not only for Parish Council members, but for anyone who would like to be a part of the team of those who extend welcome to our services, especially for those who are visiting us from out of town and also people new to the community. The following teams, created so as to match up with their respective children, who will be serving in the altar on those days, consists of Parish Council members. Duties include the passing of the collection plate(s) and the seating of guests.

Team #1

Deno Konstantinidis
Philippos Athanasiades
Christopher Kyriacou
Dean Nicolacakis

Team #2 (Second Sunday Please)

Paul Sogotis
George Ambus
Mike Sarikakis

Team #3

Nicholas Rally
Nicholas Svetcoff
Chris Ramos

Team #4

Manoli Nuris
Vasiliki Moulas
George Gavros

Peter Manetas, Nick Kontonis, Michael Bagatelos, Gus Vellis also serve at the pangari, on a regular basis.

Philoptochos members and other members of the community are invited to participate, as well. Please speak to Paul Sogotis, our "chief of protocol," and indicate your willingness to be a part of the pangari team.

Amazon Smile

A lot of us buy books, household items, and what-have-you on Amazon. If you sign up, at no cost to you, Amazon will make a contribution, based on your purchases, to the Annunciation Cathedral. If you have not already done so, visit smile.amazon.com to enroll. It's as simple as that.

More from our Mother's Day Fashion Show



Serving in the Altar

Serving in the altar is a wonderful way for our young people to participate in the worship of our church, and learn more about our faith. For the present school year, we are very pleased to announce the altar leaders program! This year, three of the older altar servers have taken on the responsibility of coordinating the groups during services each week. We hope to add several more to their ranks in the coming years!

If any families are interested in their boys joining an altar group, who are above the age of 10, feel free to contact **Father Stephen** at fatherstephen@annunciation.org. Thank you also to **Nektarios McKnight** for guiding and instructing our altar servers each Sunday. As always, if anyone has any questions or suggestions, feel free to let us know. Thanks!



Our altar schedule for June & July is as follows:

June 3	-	Group 1
June 10	-	Group 2
June 17	-	Group 3
June 24	-	Group 4
July 1	-	Group 1
July 8	-	Group 2
July 15	-	Group 3
July 22	-	Group 4
July 29	-	Group 1

Our altar groups are as follow:

Group 1- Stelios Kyriacou, Kosta Lyberopoulos, Andrew Vellis, George Tsokas, Victor Nicolacakis, Justin Perez, Christian Kleinekorte (Dimitri Kontonis- Group Leader)

Group 2- Christopher Apostolos Percia, Panagiotis Sogotis, Yianni Sogotis, Steven Monolakis, Matheos Zarou (Niko Manetas- Group Leader)

Group 3- Niko Pezo, Demetri Rally, Steven Chiappari, Gianni Kefalas, Nicholas Shataras (Demetri Kontonis- Group Leader)

Group 4- Nathan Tesfai, Bobby Kontonis, Hari Manetas, Alexander Kasolas, Matthew Nuris (Jonas Tesfai- Group Leader)

Don't see your name here? Would you like to join us? We would like you to. Report for altar duty any Sunday morning, prior to 10:30 a.m., and Nektarios will make the appropriate arrangements. Meanwhile, it is also imperative that you attend Sunday School.

Interested in forming a group of girl altar servers, beyond the Myrrh Bearer's (Angels) program that we have during Holy Week and Pascha? Please contact Evangelia Raptis-Zarou, erz.raptiszarou@gmail.com



Following their successful dinner-dance, the Navarino Messinian Society presented the proceeds of the event toward the rebuilding of the Annunciation Cathedral. Making the presentation is Kalliope Fousekis, President, as Father Stephen and Tom Kastoras, immediate past president, look on.

Sacraments and Services

Funerals

George Doukas, who fell asleep in the Lord on May 9, was buried May 11. He is survived by his wife, Maryann Doukas and their son, Greg Doukas; also by his brother, Steve Doukas.

Aionia I Mnimi. Eternal Memory!

J U N E C A L E N D A R

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
						Greek School 10 am
3	4	5	6	7	8	9
Orthros 9 am Divine Liturgy 10:30 am Intro to Orthodoxy 9 am Last Day of Sunday School Philoptochos 12:30 pm	Fast of the Holy Apostles Begins					Last Day of Greek School
10	11	12	13	14	15	16
Orthros 9 am Divine Liturgy 10:30 am Joint meeting of Parish Council & Philoptochos re: 100th anniversary						
17	18	19	20	21	22	23
Orthros 9 am Divine Liturgy 10:30 am		Community Kitchen & Young Adult Get Together 6:30 pm				Icon Class
24	25	26	27	28	29	30
Orthros 9 am Divine Liturgy 10:30 am						

J U L Y C A L E N D A R (partial)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
Orthros 9 am Divine Liturgy 10:30 am	Archdiocese Clergy-Laity, Boston, MA					
8	9	10	11	12	13	14
Orthros 9 am Divine Liturgy 10:30 am Father Stephen Scott celebrating						
15	16	17	18	19	20	21
Orthros 9 am Divine Liturgy 10:30 am Father Stephen Scott celebrating		Community Kitchen & Young Adult Get-Together				

UNITED GREEK ORTHODOX COMMUNITY OF
SAN FRANCISCO, THE ANNUNCIATION
ANNUNCIATION CATHEDRAL
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Presentation in church of our Mothers of the Year 2018: Vivian Curd and Kalliope Fousekis, with Father Stephen and Janis Petrou, Philoptochos President.