



# ANNUNCIATION CATHEDRAL HERALD



245 VALENCIA STREET, SAN FRANCISCO, CA 94103 · 415 864-8000 · FAX 415 431-5860 · E-MAIL [marcelo@annunciation.org](mailto:marcelo@annunciation.org)

OCTOBER 2013



## 2013 FOOD FESTIVAL A HUGE SUCCESS!!!

Under the capable leadership of Bob and Lea Lyberopoulos, along with an able team of hard-working volunteers, the San Francisco community enjoyed three days of Food, Culture and Faith! The food was the same, legendary, best Greek food around (sorry about bragging, but we were told this repeatedly by many of our guests), thanks to Loula, Despina and Pope and Ted and Mary, Rosie and Tessie, Effie and Spyridoula, and so many others in the kitchen, Tatiana, Pat, Stacy, in charge of food line set-up and maintenance all weekend, our Gyro and Calamari team (thanks, Athena and Andy; thanks to the whole Gyro team!) our Loukoumades specialists (thanks, Kosta, the Ambuses and others), our Lamb and Souvlaki team (thanks, Bob and friends) Zoe's Meats (found in some of the best upscale restaurants around town and throughout the country). And those pastries! Thanks, Philoptochos! So much about food. How about our chapel tours, under the direction of Father Niko, our dance groups—Rizites, Ekrixi, Thisavri, Spithes, and To Mellon—our gatekeepers (thanks, Beverly), our accounting personnel, led by Philippos and Nick, our cashiers, led by Genie and Perri, our children's area volunteers, our raffle team, our set-up team, led by Tom Moulas, and our many hard-working bar tenders, led by Nick at the outside Taverna, Chris and Angelo at the inside tavern. How about the person who coordinates the whole Festival from behind the scenes and runs around town picking up every item imaginable—Mike Canellos and the person who works so hard at set-up and take down, and during the Festival—Antonio! Our deepest appreciation!



In a word, Festival 2013 was among the most successful ever. We held a wrap-up luncheon to honor the volunteers on Sunday, September 29, at which time we announced a preliminary P&L. (Remember, all proceeds go to support the Cathedral and its programs, as well as the Building Fund.) Preliminary estimates are that the Festival did better than last year, with the Festival book, led by Angie Leventis and Pres. Aliko, exceeding all prior years—the book alone brought in over \$60,000! A special thanks to Nick Balian for his unique graphics and, of course, to Gumus Advertising, for gifting the design and layout. Thank you, again, Annunciation Cathedral staff and volunteer workers, for being so welcoming to all who came to savor our food, share our culture, learn about our Faith. God bless us all kai tou chronou! (And to next year!)







### Thank You to the Philoptochos Ladies!!!

A big thank you to all the women and men who worked so hard to make pastries for the Greek Food Festival! They worked with camaraderie, lots of smiles and loving hands to prepare all the delicacies we enjoy. "We are delighted to report that the pastry booth made close to \$14,000 this year!" Our members are already eying next year's Festival, with the hope of bringing some new pastries to the



booth, and more members to Philoptochos! Again, many thanks to all who participated, you are special to the Cathedral.

Our next Philoptochos meeting will be a Sunday meeting in October- stay tuned for more information.

- Pat Aleck, Philoptochos President

### MATCHING GIFTS FOR THE BUILDING PROJECT

A few weeks ago, one of our dedicated parishioners informed us that the company she works for offered to match any contributions made by any of their employees to non-profit organizations. The individual had already pledged \$25,000. over five years to the building project, and had already submitted one payment in the amount of \$5,000. this year. Recently, we were notified that the company would be sending a check for the same amount. This means

that, potentially, this individual's pledge will go from \$25,000 to \$50,000!

If you have already pledged to the Capital Campaign and submitted a payment this year, or are planning to do so in the future, please inquire if your employer has a similar policy of matching gifts to non-profits. Please join us as we embark on this historic time in the history of our community. Every bit helps!

### WHAT DOES MY GIFT TO THE BUILDING FUND REALLY AMOUNT TO OVER A FIVE YEAR PERIOD?

Below are some different ways to look at how you can make a meaningful gift.

AMOUNT	PER YEAR OVER 5 YEARS	PER MONTH OVER 5 YEARS	PER DAY OVER 5 YEARS	2 PERSON FAMILY-PER DAY (EACH)	3 PERSON FAMILY-PER DAY (EACH)	4 PERSON FAMILY-PER DAY (EACH)
\$50,000	\$10,000	\$833.00	\$27.40	\$13.70	\$9.13	\$6.85
\$30,000	\$6,000	\$500.00	\$16.43	\$8.22	\$5.48	\$4.10
\$25,000	\$5,000	\$416.00	\$13.70	\$6.85	\$4.56	\$3.42
\$20,000	\$4,000	\$333.33	\$10.95	\$5.49	\$3.65	\$2.74
\$15,000	\$3,000	\$250.00	\$8.22	\$4.11	\$2.74	\$2.05
\$10,000	\$2,000	\$166.66	\$5.47	\$2.75	\$1.82	\$1.36

### CATHEDRAL ABOUT TO BREAK GROUND!!!

As reported in the September Herald, the Cathedral Building Committee selected McNely Construction Company of San Leandro as finalist of the four construction companies which submitted bids for the rebuilding of the Cathedral. The Parish Council authorized the signing of a letter of intent, which enabled McNely to "sharpen its pencil with its subcontracts," so as to obtain the best possible price, within the \$12 million cost approved by the General Assembly. As the October issue is going to print, a contract is being drafted for review by the Parish Council at its September 25th meeting. If the price and the contract provisions are approved, the permit will be pulled, enabling construction to begin October 1. Details will be provided in the November Herald.

If you have yet to make a gift to the Building Project and would like to, please contact the Cathedral office at (415) 864-8000 to speak with Father Stephen or Father Niko. All commitments are greatly appreciated, no matter the amount.



### RENDERINGS FOR POTENTIAL ICONOGRAPHY IN NEW CATHEDRAL

Mr. George Kordis, a very reputable iconographer whom Father Stephen met with in June, recently sent us some preliminary renderings of potential iconography for the new Cathedral, based on renderings from Goldman Architects.



Scan this code to see the full gallery:

For more architectural renderings, please visit <http://www.annunciation.org/gallery/thumbnails.php?album=31> on the Cathedral's website.

As we draw closer to historic event in the life of our community, we ask for your prayers for the Lord to guide us and see this project to fruition!



*"Behold, I propose to build a house for the name of the Lord my God, as the Lord spoke to my father David, saying, 'Your son, whom I will set on your throne in your place, he shall build the house for My name.'"*

- 3 Kingdoms 5:17

### ON THE DIVINE LITURGY AND HOLY COMMUNION

The following is an excerpt of a homily by St. Cyril of Jerusalem, posted by Marcelo P. Souza

By the loving-kindness of God ye have heard sufficiently at our former meetings concerning Baptism, and Chrism, and partaking of the Body and Blood of Christ; and now it is necessary to pass on to what is next in order, meaning to-day to set the crown on the spiritual building of your edification. . . .

After this the Priest cries aloud, "Lift up your hearts." For truly ought we in that most awful hour to have our heart on high with God, and not below, thinking of earth and earthly things. In effect therefore the Priest bids all in that hour to dismiss all cares of this life, or household anxieties, and to have their heart in heaven with the merciful God. Then ye answer, "We lift them up unto the Lord:" assenting to it, by your avowal. . . .

Then the Priest says, "Let us give thanks unto the Lord." . . . Then ye say, "It is meet and right" . . . After this, we make mention of heaven, and earth, and sea; of sun and moon; of stars and all the creation, rational and irrational, visible and invisible; of Angels, Archangels, Virtues, Dominions, Principalities, Powers, Thrones; of the Cherubim with many faces . . .

Continued next page



We make mention also of the Seraphim, whom Esaias in the Holy Spirit saw standing around the throne of God, and with two of their wings veiling their face, and with twain their feet, while with twain they did fly, crying Holy, Holy, Holy, is the Lord of Sabaoth. . . .

Then having sanctified ourselves by these spiritual Hymns, we beseech the merciful God to send forth His Holy Spirit upon the gifts lying before Him; that He may make the Bread the Body of Christ, and the Wine the Blood of Christ; for whatsoever the Holy Ghost has touched, is surely sanctified and changed.

Then, after the spiritual sacrifice, the bloodless service, is completed, over that sacrifice of propitiation we entreat God for the common peace of the Churches, for the welfare of the world; for kings; for soldiers and allies; for the sick; for the afflicted; and, in a word, for all who stand in need of succour we all pray and offer this sacrifice.

Then we commemorate also those who have fallen asleep before us, first Patriarchs, Prophets, Apostles, Martyrs, that at their prayers and intercessions God would receive our petition.

Then on behalf also of the Holy Fathers and Bishops who have fallen asleep before us, and in a word of all who in past years have fallen asleep among us, believing that it will be a very great benefit to the souls, for whom the supplication is put up, while that holy and most awe-inspiring sacrifice is set forth. . . .

Then, after these things, we say that Prayer which the Saviour delivered to His own disciples, with a pure conscience entitling God our Father, and saying, Our Father, which art in heaven . . .

After this the Priest says, "Holy things to holy people." Holy are the gifts presented, having received the visitation of the Holy Ghost; holy are ye also, having been deemed worthy of the Holy Ghost; the holy things therefore correspond to the holy persons. Then ye say, "One is Holy, One is the Lord, Jesus Christ." For One is truly holy, by nature holy; we too are holy, but not by nature, only by participation, and discipline, and prayer. . . .

After this ye hear the chanter inviting you with a sacred melody to the communion of the Holy Mysteries, and saying, O taste and see that the Lord is good. Trust not the judgment to thy bodily palate no, but to faith unfaltering; for they who taste are bidden to taste, not bread and wine, but the anti-typical Body and Blood of Christ . . .

*"Whoever attunes himself and studies the meaning of sacred songs from beginning to end will find himself approaching God."*

- St. Gregory Palamas

Then after thou hast partaken of the Body of Christ, draw near also to the Cup of His Blood; not stretching forth thine hands, but bending, and saying with an air of worship and reverence, Amen, hallow thyself by partaking also of the Blood of Christ.

Hold fast these traditions undefiled and, keep yourselves free from offence. Sever not yourselves from the Communion; deprive not yourselves, through the pollution of sins, of these Holy and Spiritual Mysteries. And the God of peace sanctify you wholly; and may your spirit, and soul, and body be preserved entire without blame at the coming of our Lord Jesus Christ:—To whom be glory and honour and might, with the Father and the Holy Spirit, now and ever, and world without end. Amen.

- Excerpts from St Cyril of Jerusalem, Lecture XXIII (On the Sacred Liturgy).

### Saint Demetrios the Myrrh-Streaming, October 26

You may wish to consider sponsoring a coffee hour on the Sunday closest to your nameday, as a way of celebrating with our parish family. For more information, please contact **Mike Canellos** at (415) 864-8814.

*\*\* The information above was taken from the data submitted on our 2013 stewardship pledge cards. If your name does not appear on this list, please feel free to give your information to our stewardship data table in the gallery, or by filling out a 2013 stewardship pledge card. \*\**

### XRONIA POLLA FOR NAMEDAYS IN OCTOBER!

Best wishes to the following individuals who celebrate their namedays in October:

- |                       |                     |
|-----------------------|---------------------|
| Demetra Paras Kopecky | James Cois          |
| Demetra Kintis        | Jim Panagiotopoulos |
| Demetra Monolakis     | Jim Bozionelos      |
| Demetra Aleck         | Jim Vandarakis      |
| Demetrios Rangaves    | Jim Rakos           |
| Demetrios Simotas     | Jim Cocolos         |
| Demetrios W. Rizos    | Jim Milon           |
| Demetris Botaitis     | Jimmy Prountzos     |
| Dimitri Prountzos     | Jimmy Kardasakis    |
| Dimitri Fanourgiakis  | Demetrius Rally     |
| Dimitrios Kalessis    | Demitrios Keramari  |
| James Carter          | Dimitrios Sogas     |
| James Chiappari       | Dimitrios Tsokas    |
| James Dariotes        | James Monschke      |
| James Lucas           | James Poulos        |
| James Mason           | James Tsiplakos     |
| James Vavuris         | James Fotenos       |
| James Thomas          | Jim Papageorge      |
| James Kavalaris       | Dimitra Maryannis   |
| Demetrios Kontonis    | Demetri Rally       |
| Dimitri Selianitis    | Jim Vorrises        |

### HAPS Offering Scholarship in October 2013

The Hellenic American Professionals Society (HAPS) is offering a \$750 scholarship to Hellenic (Greek) Bay Area youth who are continuing college students, and/or graduate/professional school students. If interested, please refer to the application in the back of this month's Herald. The application is due no later than October 18.

### Community Link Continues Ministering to Those in Need

Community Link, now in its ninth year of existence, is a group of Annunciation parishioners who meet once a month on a drop-in basis to visit members of our community who may be confined due to illness or age. We travel to hospitals, nursing homes and private residences. Many of those we visit no longer have family or friends to support them and just need to know there is someone who cares. A short visit or phone call can lift one's spirits a great deal. If anyone in the community knows of any other home bound parishioners to add to our list or would like to join us for a visit, please contact, please contact Pauline Oetzel at poetzel@hotmail.com. Upcoming Community Link dates for 2013 are: October 19, November 16, and December 21.

*"The word of the Lord is strong, tried by fire; He is a defender of all who trust in Him."*

- 2 Kingdoms 22:31



### WEEKLY CRETAN MUSIC & DANCE WORKSHOP, RIZITES

**Mission Statement:** A Cretan dance, instrumental, & song hobby group/ para, where those who want to learn more in general and for the popular Cretan Glendia they participate in regularly during the year throughout California and the U.S. and Crete, can meet to apply and develop their skills confidently and in an authentic way that maintains strong roots.

**Content:** The study and style execution of Cretan dances and music from the original provinces in Crete they came from.

**Moderator/Teacher/Director:** Petros Papageorge  
petrosp@atherntonappliance.com

### YOUTH NEWS

#### Sunday School Korner

September brought the beginning of our ecclesiastical year and the beginning of our Sunday School year. Welcome to our students/families, both new and returning.

Sunday School opened with more than 75 students enrolling in classes. Father Niko held an *agiamos* service (Blessing of the Waters). A very successful morning was followed by a free luncheon sponsored by Sunday School. Our students were very happy to be back in Sunday School.

Our second week of classes were larger than the first! Don't let your children and grandchildren miss out on Religious education. It's never too late to bring your children/grandchildren to class. We begin each week at 10:30 am.

October brings lessons on creation and moves into discussions on what we are thankful for. To mirror this, we have our first community service project...UNICEF. We believe in teaching the Christian ideal to our youth of helping others in need. We will be distributing Trick-or-Treat for UNICEF collection boxes in our classes October 20 & 27, 2013. Our fundraising goal this year is \$800 to help children all over the world. Children should return the boxes to their Sunday School class on Nov 3, 2013. The class which raises the most money will be treated to a special surprise!

October 27th we will participate in a children's teaching liturgy with the congregation. Immediately following the Divine Liturgy, we are sponsoring our annual Halloween Luncheon & Parade. Please have your child bring their Halloween costume to church and change into the costume before the luncheon. UNICEF boxes will be available on tables for the community to make a donation.

With so many wonderful programs, it's time to commit to Sunday School, get involved, bring your children/grandchildren/godchildren/nieces, etc. Many volunteer opportunities are available. Get involved Now!

See you in class this Sunday at 10:30am!

Denise Yeilding  
Sunday School Principal

*"Direct your mind toward the Lord, guard yourself with the sign of the Cross, call upon the Holy and All-pure One and the holy God-pleasers, and especially upon your guardian angel for aid- and do not be afraid."*

- St. Nicholas the Serb







**HELLENIC AMERICAN PROFESSIONAL SOCIETY OF CALIFORNIA**

**2013-2014 SCHOLARSHIP PROGRAM**

**Instructions for 2013-2014 Applications**

**1. APPLICATION DEADLINE: OCTOBER 18, 2013**

**2. OBJECTIVE:**

To award a one-time only, \$750 scholarship annually to Hellenic (Greek) Bay Area high school graduates, continuing college students, and/or graduate/professional school students.

**3. CRITERIA:**

- A. Age: 17-30 as of the scholarship deadline.
- B. Family home location: Greater Bay Area. (Alameda, Contra Costa, Marin, Monterey, Napa, San Francisco, San Mateo, Santa Clara, Santa Cruz and Sonoma counties). Check with George Mattis if you live outside of these counties.
- C. Ancestry: Applicant must be of Hellenic ancestry – with at least one grandparent and/or parent of Hellenic ancestry.
- D. Academic: GPA of 3.0 grade point or better in high school and college (for those continuing in college).
- E. Proof of admission to a college or university accredited by the Western Association of Colleges and Universities, or accredited graduate school, as a full-time student for the fall semester of application year.

**4. DOCUMENTS REQUIRED:**

- A. Grade transcripts and test scores
  - High School and College Students: high school transcripts, SAT/ACT test scores and college transcripts (if applicable).
  - Graduate/Professional Students: graduate school examination scores (GRE, LSAT, GMAT, MCAT, etc.), college and graduate/professional school transcripts (if applicable).
- B. Two letters of character reference, preferably from teachers and/or school counselors.
- C. Personal Statement: In 250 words addressing (1) Career objectives and educational goals, and (2) Future plans to contribute your talents to the Hellenic community and society in general.

**5. TERMS OF THE SCHOLARSHIP PROGRAM:**

- A. Recipient must be enrolled as a full-time student during the academic year the award is given.
- B. If recipient withdraws from school during the term the scholarship is awarded, recipient forfeits the award. If the award has already been presented, recipient must return all funds awarded to the Society.
- C. The scholarship will be sent to recipient when the committee receives proof of registration from the recipient's educational institution's registrar's office (or its equivalent).
- D. The awards will be announced in December 2013 and an invitation will be extended to the winners to attend the Society's annual Greek Letters Day Luncheon to be held on a Sunday in February 2014.
- E. It is customary for scholarship recipients to acknowledge receipt of the award and to inform the Society how the scholarship was utilized, and any accomplishments since receipt of the award. Through application for the scholarship, recipient gives permission for the Society to utilize personal, biographical information in publicizing for the scholarship program (including the Society's website).

**MAIL COMPLETED FORM TO:**

**George P. Mattis  
2998 – 21<sup>st</sup> Avenue  
San Francisco, CA 94132  
(415) 566-4308  
Email: [geomattis1@aol.com](mailto:geomattis1@aol.com)**

**HELLENIC AMERICAN PROFESSIONAL SOCIETY**  
**2013-2014 SCHOLARSHIP APPLICATION**

Mail completed form to George Mattis, 2998 – 21<sup>st</sup> Ave., San Francisco, CA 94132

Name: \_\_\_\_\_  
Last First MI.

Current Address: \_\_\_\_\_

Permanent Address: \_\_\_\_\_

Telephone Number: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Are you a U.S. citizen? \_\_\_\_\_

Mother's Name: \_\_\_\_\_

Mother's Address: \_\_\_\_\_

Father's Name: \_\_\_\_\_

Father's Address: \_\_\_\_\_

Name(s) and Address (es) of Hellenic ancestor(s):  
\_\_\_\_\_  
\_\_\_\_\_

High School and City: \_\_\_\_\_ Graduation Date: \_\_\_\_\_

High School Address: \_\_\_\_\_

College you are planning to attend this fall: \_\_\_\_\_

Intended Academic Major: \_\_\_\_\_ Minor: \_\_\_\_\_

GPA: High School (if in HS): \_\_\_\_\_ Undergraduate GPA: \_\_\_\_\_ Graduate School: \_\_\_\_\_

Colleges previously attended (if any), location (city and state), and degree completed (if applicable):

\_\_\_\_\_ Degree Completed: \_\_\_\_\_ Dates: \_\_\_\_\_

\_\_\_\_\_ Degree Completed: \_\_\_\_\_ Dates: \_\_\_\_\_

\_\_\_\_\_ Degree Completed: \_\_\_\_\_ Dates: \_\_\_\_\_

Number of college/graduate school units completed by June of this year: \_\_\_\_\_

I am presently a (circle) FR SOPH JR SR GRAD STUDENT: \_\_\_\_\_ year/Degree Type: \_\_\_\_\_

Career Objective: \_\_\_\_\_

**Hellenic American Professional Society 2013-2014 Scholarship Application.**  
**ADDITIONAL INFORMATION** (a resume or CV may be substituted for this portion)

**Extracurricular Interests and Activities** (attach additional pages if necessary):  
\_\_\_\_\_  
\_\_\_\_\_

**Work Experience** (if applicable; attach additional pages if necessary):  
\_\_\_\_\_  
\_\_\_\_\_

**Clubs, Organizations, or Association Memberships** (attach additional pages if necessary):  
\_\_\_\_\_  
\_\_\_\_\_

**Scholarships, Honors or Awards** (attach additional pages if necessary):  
\_\_\_\_\_  
\_\_\_\_\_

**Name, address & phone number** of two (2) persons whom you have asked to write letters of recommendation:

**Name:** \_\_\_\_\_

**Address/Phone:** \_\_\_\_\_

**Name:** \_\_\_\_\_

**Address/Phone:** \_\_\_\_\_

**Attached:**

- **Typed Personal Essay (of 250 words double-spaced)**
- **2 Letters of Recommendation**
- **Transcript(s) and Test Scores (see Instructions)**
- **Resume/CV (optional)**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**MAIL COMPLETED FORM TO: George P. Mattis, 2998 – 21<sup>st</sup> Avenue, San Francisco, CA 94132**



# RESERVATIONS

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Home Parish \_\_\_\_\_

Please reserve \_\_\_\_\_ seats at \$50 each for the *"United by the Cross"* dinner on Saturday, October 19, 2013.\* Total \$ \_\_\_\_\_

*\*Please indicate the names of your guests on the next sheet.*

I would like to be a sponsor at the following level:

- Exaltation Sponsor \$2,500 (includes 10 tickets and name in program) \$ \_\_\_\_\_
- Jubilation Sponsor \$1,000 (includes 4 tickets and name in program) \$ \_\_\_\_\_
- Inspiration Sponsor \$ 500 (includes 2 tickets and name in program) \$ \_\_\_\_\_

TOTAL AMOUNT ENCLOSED \$ \_\_\_\_\_

### Payment:

Check Enclosed: *Make checks payable to: Greek Orthodox Metropolis of San Francisco*

Please charge my credit card:

Visa  MasterCard  American Express  Discover

Card No. \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

### RESERVATION DEADLINE

October 7, 2013

Please fax your reservation to: 415.753.1165 or mail it to:

Greek Orthodox Metropolis of San Francisco ♦ 245 Valencia St. ♦ San Francisco, CA 94103

For more information, please contact the Metropolis Office at 415.753.3075.

ALL PROCEEDS BENEFIT HELLENIC COLLEGE/HOLY CROSS  
GREEK ORTHODOX SCHOOL OF THEOLOGY

*Your donation is tax-deductible to the extent permitted by law.*



# SEATING REQUEST FORM

Please indicate the names of your guests below, along with any additional people with whom you would like to be seated.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

*We will make every effort to accommodate your request based on space availability.*

## RESERVATION DEADLINE

October 7, 2013

Please fax your reservation to: 415-753-1165 or mail it to:

Greek Orthodox Metropolis of San Francisco ♦ 245 Valencia St. ♦ San Francisco, CA 94103





METROPOLIS OF  
SAN FRANCISCO

His Eminence Metropolitan Gerasimos,  
the Greek Orthodox Metropolis of San Francisco,  
and the Annunciation Cathedral Parish Council and Philoptochos  
cordially invite you to a Farewell Reception  
honoring the distinguished service of

## **AMBASSADOR IOANNIS ANDREADES**

*upon his departure from San Francisco*



ΓΕΝΙΚΟ ΠΡΟΞΕΝΕΙΟ ΤΗΣ ΕΛΛΑΔΟΣ  
ΣΤΟΝ ΑΓΙΟ ΦΡΑΓΚΙΣΚΟ

**Sunday, November 3, 2013**

9:00 a.m. Orthros

10:30 a.m. Hierarchical Divine Liturgy

Farewell Reception immediately following Divine Liturgy



**Annunciation Greek Orthodox Cathedral**

**Korinthias Hall**

245 Valencia Street  
San Francisco, California



### Young Adults Assist with Food Festival Setup and at Food Festival

Wednesday, September 18, our young adult group gathered at the church to set up the hall and parking lot for the annual Food Festival! In addition, the young adults were responsible for running the calamari and loukoumades booths during the Festival weekend. Many, many thanks to those who came out to assist, under the capable guidance of Bob and Lea Lyberopoulos, and Tatiana Kyriakides.

Next month, our young adults will attend the annual young adult volleyball tournament in San Jose (October 18-20), as well as a discussion night on October 24, which will feature guest speaker Steven Lim! Dinner will be provided. Hope to see you there!

\*\*The Cathedral Young Adult group is open to all young adults 22-35(ish)\*\*

For more information on any of our youth groups, feel free to contact Father Niko at [fatherniko@annunciation.org](mailto:fatherniko@annunciation.org), or visit the "Youth of Annunciation Cathedral San Francisco" Facebook group page.



*"You have given me the protection of my salvation, and your gentleness fulfills me." - 2 Kingdoms 22:36*

### Greek School Begins 2013-2014 School Year!

If you have any questions, or would like to sign up your child up for the 2013-2014 school year, please contact Anthi Janssens ([anthij@comcast.net](mailto:anthij@comcast.net)) or Philip Athanasiades ([philippos1cy@yahoo.com](mailto:philippos1cy@yahoo.com)).

Some noteworthy dates are as follow:

- October 12: Columbus Day, no class
- November 9: Veteran's Day, no class
- November 30: Thanksgiving, no class
- December 21: Christmas, no class
- December 28: Christmas, no class
- February 15: President's Day, no class
- April 19: Greek Easter, no class
- May 24: Memorial Day, no class
- June 7: Last day of Greek school!



### Dance Groups Resume Practicing

Anyone interested in joining any of the groups, please contact Irene Kyriacou at (650) 591-0690 or email [sassygrk@aol.com](mailto:sassygrk@aol.com).

The dance groups are as follow:

To Mellon (4-5 year olds)

Thisavri (6-8 year olds) - directed by Shareen Fousekis, Irene Kyriacou, Lea Lyberopoulos and Lea Papavasiliou

Spithes (9-13 year olds) - directed by Irene Kyriacou, Lea Lyberopoulos & Lea Papavasiliou

Ekrixi (14 & up) - directed by Michael & Nicole Garibaldi

They will resume practice on August 18.

### The Cathedral JOY and GOYA Groups Will Resume This Month!



*The Greek Orthodox Metropolis of San Francisco invites you to an inspirational weekend benefitting Hellenic College/Holy Cross Greek Orthodox School of Theology on the occasion of its 75th Anniversary.*

**Saturday, October 19, 2013**

6:00 p.m. Great Vespers

Guest Homilist: Father Maximos of Simonopetra  
"Great All the Saints in Christ Jesus"

7:30 p.m. Dinner

Celebrating the 75th Anniversary of the founding of Hellenic College/Holy Cross Greek Orthodox School of Theology and honoring the Feast Day of His Eminence Metropolitan Gerasimos.

Guest Speaker: Rev. Fr. James Katinas, HCHC Director of Institutional Advancement

All proceeds will benefit Hellenic College/Holy Cross Greek Orthodox School of Theology.

Please refer to the attached form for sponsorship opportunities and reservation information.



**Sunday, October 20, 2013**

Feast of Saint Gerasimos of Cephalonia

8:30 a.m. Orthros

10:00 a.m. Hierarchical Divine Liturgy

Guest Homilist: Father Maximos of Simonopetra  
"Rejoice that Your Names are Written in Heaven"

Reception to follow.

All services and events to be held at: Greek Orthodox Church of the Holy Cross ♦ 900 Alameda de las Pulgas ♦ Belmont, California



Fr. Maximos of Simonopetra is a 1984 graduate of Hellenic College and a 1987 graduate of Holy Cross. He then attended Catholic University in Washington, DC, where he received a Ph.D. concentrating in Patristics and the Church Fathers. Father Maximos taught patristics at Hellenic College/Holy Cross from 1992 - 1998, after which he became a professor at Harvard

Divinity School, where he taught courses in Orthodox Theology and the Church Fathers for seven years. He joined the brotherhood at Mount Athos at the Holy Monastery of Simonopetra in 2005.



Rev. Fr. James S. Katinas is the Director of Institutional Advancement at Hellenic College/Holy Cross in Brookline, Massachusetts. He holds a Bachelor of Science degree from Texas A&M University, a Master of Divinity degree from Holy Cross Greek Orthodox School of Theology, a Master of Arts degree from Andover Newton Theological School, and a D.

Min. from Pittsburgh Theological Seminary. Fr. James, his wife Corinne, and their three children make their home in the greater Boston area.

For more information, please call the Metropolis Office at 415.753.3075.





### Altar Group Schedule for October

The schedule for the month will be as follows:

- October 6- Group 1
- October 13- Group 2
- October 20- Group 3
- October 27- Group 4

The altar group rosters are as follow:

Group 1- Niko Pezo, Demetri Rally, Stelio Kyriacou, Kosta Lyberopoulos, Andrew Vellis

Group 2- Anthony Obester, Demetri Kontonis, Bobby Kontonis, Niko Manetas, Hari Manetas, Matthew Nuris

Group 3- Steven Flynn, Clint Flynn, Tony Selianitis, Taumaoe Selianitis, Dimitri Selianitis

Group 4- Jonas Tesfai, Nathan Tesfai, Steven Monolakis, Panagioti Sogotis, Yianni Sogotis

If any families are interested in their boys joining an altar group, who are above the age of 10, feel free to contact Father Niko Bekris at fatherniko@annunciation.org. Thank you also to Nektarios McKnight for guiding and instructing our altar servers each Sunday. As always, if anyone has any questions or suggestions, feel free to let us know. Thanks!

### SACRAMENTS AND SERVICES At the The Cathedral

#### Funerals:

Harry Vastardis fell asleep in the Lord on August 22, and was buried at the Cathedral on August 30. He is survived by his wife, Rachel Vastardis, and his sons Augustus and Luke Vastardis.

Demetrios (Jim) Tzortzes fell asleep in the Lord on August 30, and was buried at the Cathedral on September 6. He is survived by his wife, Heidi Tzortzes and his three sons Christopher, Michael, Andreas and their families.

*Aonia I mnimi (Eternal memory)!*

*“Credibility is a by-product of a Christ-like character.”*

*“I consecrated this house you built to place My name there forever, and My eyes and My heart will be there all days.”*

- 3 Kingdoms 9:3

## OCTOBER CALENDAR

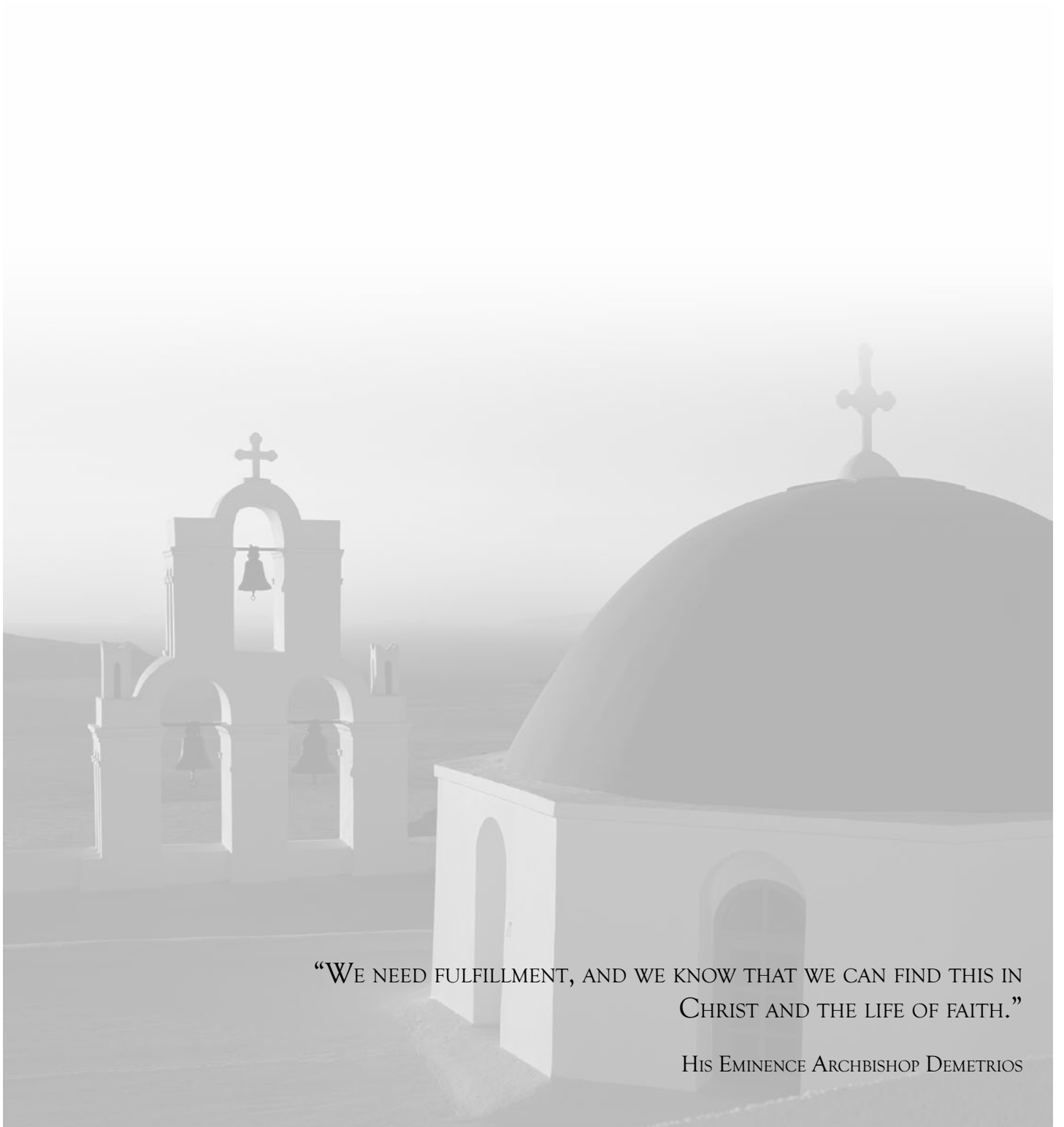
SUNDAY	MON.	TUESDAY	WED.	THURS.	FRIDAY	SATURDAY
		1	2	3	4	5
						Greek School Resumes, 10 am
6	7	8	9	10	11	12
Orthros, 9 am, Divine Liturgy, 10:30 am, Sunday School, 10:30 Dance Practice		JOY, 6:30				Greek School, 10 am
13	14	15	16	17	18	19
Orthros, 9 am, Divine Liturgy, 10:30 am, Sunday School, 10:30 Dance Practice				San Jose Volleyball Tournament	San Jose Volleyball Tournament  Community Link, 9 am	San Jose Volleyball Tournament  Greek School, 10 am  Nameday of Metropolitan Gerasimos, Luncheon at Holy Cross, Belmont
20	21	22	23	24	25	26
Orthros, 9 am, Divine Liturgy, 10:30 am, Sunday School, 10:30 Dance Practice			Philoptochos Meeting; Young Adult Discussion, 6:30		Saint Demetrios, Orthros 9 am,  Divine Liturgy 10 am	Greek School, 10 am  Halloween Party in Kytherian Room
27	28	29	30	31		
Orthros, 9 am, Divine Liturgy, 10:30 am, Sunday School, 10:30 Dance Practice						

*“Direct your mind toward the Lord, guard yourself with the sign of the Cross, call upon the Holy and All-pure One and the holy God-pleasers, and especially upon your guardian angel for aid- and do not be afraid.”*

- St. Nicholas the Serb

UNITED GREEK ORTHODOX COMMUNITY OF  
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“WE NEED FULFILLMENT, AND WE KNOW THAT WE CAN FIND THIS IN  
CHRIST AND THE LIFE OF FAITH.”

HIS EMINENCE ARCHBISHOP DEMETRIOS