



ANNUNCIATION CATHEDRAL HERALD



245 VALENCIA STREET, SAN FRANCISCO, CA 94103 • 415 864-8000 • FAX 415 431-5860 • E-MAIL marcelo@annunciation.org

MAY 2014

ΧΡΙΣΤΟΣ ΑΝΕΣΤΙ! CHRIST IS RISEN!

On April 20 this year, Orthodox Christians around the world, together with all Christians, since our calendars coincided, celebrated the Resurrection of Jesus Christ. We prefer to call the event “Pascha,” from the Hebrew for “passover,” rather than “Easter,” which has pagan connotations. Scripture tells us that Jesus Christ “is our Passover lamb, which has been sacrificed for us.” (1 Corinthians 5:7) Pascha is the epitome of the Good News. The Good News is that Jesus Christ was born in the flesh “for us and for our salvation,” as we proclaim in the Nicene Creed, was crucified for us, suffered and was buried, and, on the third day, rose again. In affirming the centrality of the Resurrection, from Pascha and for forty days afterwards, until the Apodosis of Pascha, we Orthodox Christians greet one another with Christos Anesti! Christ is Risen! We answer one another: Alithos Anesti! Truly He is Risen! The greeting is said in every language. See how many of the following languages you recognize:

Albanian: Krishti u Ungjall Vertet Unjal!
Arabic: Al Massih Qam! Haken Qam!
Armenian: Krisdos hanyav ee merelotz!
Orhnyal eh harootiunun Krisdosee!
Bulgarian: Hristos Voskrese! Vo Istina Voskrese!
Castilian: Cristo ha Resucitado! En Verdad ha Resucitado!
English: Christ Is Risen! Truly He Is Risen!
Eritrean: Christos Tensiu! Oue Tensiu!
Ethiopian: Christos Tanasa! Awon Tanasa!
French: Le Christ est Ressuscite! En Verite Il est Ressuscite!
Georgian: Kriste agsdga! C'esmarit'ad agsdga!
German: Christus ist Erstanden! Er ist Wahrhaftig Erstanden!
Greek: Christos Anesti! Alithos Anesti!
Italian: Cristo `e Risorto! Veramente `e Risorto!
Latin: Christus Resurrexit! Vere Resurrexit!
Romanian: Hristos a Inviat! Adevarat a Inviat!
Russian: Khristos Voskrese! Voistinu Voskrese!
Spanish: ¡Cristo ha resucitado! ¡En verdad ha resucitado!
Swahili: Kristo Amefufukka! Kweli Amefufukka!
Turkish: Hristos Diril-di! Hakikaten Diril-di!
Ukrainian: Khristos Voskres! Voistinu Voskres!



Building Update: Construction of the Parking Garage to Begin in May

The second phase of construction of the new Cathedral began on Holy Wednesday with the pouring of the first slab. Although not specifically planned for Holy Wednesday, the timing of beginning actual construction seems auspicious nonetheless. This slab will provide a smooth, level surface for installation of the waterproofing membrane under the foundation slab. Waterproofing is needed because the Cathedral's foundation is only a foot or two above the water table during dry weather, and the water table will rise above the foundation during wet weather. The waterproofing membrane consists of plastic sheeting on the outside bonded with bentonite clay on the inside. When bentonite becomes wet, it will swell to form a watertight seal between the soil and the Cathedral's foundation and the parking garage. The membrane will be wrapped up the outside of the foundation slab and the parking garage walls, and the wall sheets will be overlapped like shingles so that any water moving down the outside of the membrane will be shed away from the wall. This should ensure that the foundation and the parking garage stay dry regardless of the water table's rising and falling. Once the under-foundation waterproofing is installed, another thin (two inches thick) concrete slab will be poured over. This slab will protect the waterproofing membrane from damage as the foundation slab's rebar is installed and the foundation is poured. Once the foundation slab is poured and cured, the waterproofing and rebar will be installed for the walls, and the wall concrete will be sprayed into place. Once the walls have cured, then the top slab can be formed, rebar installed, and concrete poured. The top slab should be ready for structural steel work to begin in late July, and as it rises the new Cathedral will begin to take shape. To date, a total of \$10,316,928.91 has been given or pledged to complete the new Cathedral, all told (including monies spent on preconstruction).

see next page

from previous page

The Capital Campaign Committee is continuing its fundraising efforts so that it can be completed in 2015.

With the completion of shoring and excavation, construction of the new Cathedral is moving into its second phase - construction of the underground parking garage. This parking garage will replace 58 of the 61 parking spaces in the former parking lot. The new parking garage will be an all-concrete structure, and its base slab will be the foundation for the whole new Cathedral structure. The parking garage's roof slab will serve as the base slab for the rebuilt courtyard and the new Cathedral with its small side and back courtyards. The first steps in this phase involve installing the under-slab sewer lines, then the waterproofing system, and then the rebar for the foundation slab. Once the foundation slab is poured and cured, the waterproofing and rebar will be installed for the walls, and the wall concrete will be sprayed into place. Once the walls have cured, then the top slab can be formed, rebar installed, and the slab concrete poured. All this concrete work will require a lot of rebar - some 260,000 pounds! Fortunately, a benefactor has stepped up to help: Isidoros Garafalakis owner of Omega Industries, a steel fabrication company headquartered in Vancouver, Washington. He has generously offered to supply all the rebar for the project at a price considerably below his material cost, as well as donating all the costs for shop fabrication, shipment, and delivery to the job site. This arrangement was the result of extensive four-sided negotiations between the Cathedral construction team, Isidoros, Dan McNely (the project contractor) and his rebar installation subcontractor. We are grateful to all the team members for diligently working to hammer out the conditions of this agreement, and, of course, especially grateful to Isidoros and his family for their generosity. The negotiation team is already hard at work sorting out a similar arrangement for the steel framework of the Cathedral itself.

“The entire Church always prays for all her members. There pray for us all the angels, apostles, martyrs, patriarchs, and the most-high Mother of our Lord, and this holy union is the true life of the Church.”

- Fr. Andrew Louth

MATCHING GIFTS FOR THE BUILDING PROJECT

A few months ago, one of our dedicated parishioners informed us that the company she works for offered to match any contributions made by any of their employees to non-profit organizations. The individual had already pledged \$25,000. over five years to the building project, and had already submitted one payment in the amount of \$5,000. this year. Recently, we were notified that the company would be sending a check for the same amount. This means that, potentially, this individual's pledge will go from \$25,000 to \$50,000!

If you have already pledged to the Capital Campaign and submitted a payment this year, or are planning to do so in the future, please inquire if your employer has a similar policy of matching gifts to non-profits. Please join us as we embark on this historic time in the history of our community. Every bit helps!

**WHAT DOES MY GIFT TO THE BUILDING FUND REALLY AMOUNT TO OVER A FIVE YEAR PERIOD?
Below are some different ways to look at how you can make a meaningful gift.**

AMOUNT	PER YEAR OVER 5 YEARS	PER MONTH OVER 5 YEARS	PER DAY OVER 5 YEARS	2 PERSON FAMILY- PER DAY (EACH)	3 PERSON FAMILY- PER DAY (EACH)	4 PERSON FAMILY- PER DAY (EACH)
\$100,000	\$20,000	\$1,666.00	\$54.80	\$27.40	\$18.26	\$13.70
\$50,000	\$10,000	\$833.00	\$27.40	\$13.70	\$9.13	\$6.85
\$30,000	\$6,000	\$500.00	\$16.43	\$8.22	\$5.48	\$4.10
\$25,000	\$5,000	\$416.00	\$13.70	\$6.85	\$4.56	\$3.42
\$20,000	\$4,000	\$333.33	\$10.95	\$5.49	\$3.65	\$2.74
\$15,000	\$3,000	\$250.00	\$8.22	\$4.11	\$2.74	\$2.05
\$10,000	\$2,000	\$166.66	\$5.47	\$2.75	\$1.82	\$1.36

Annunciation Sunday School Building Project

If you've been attending service over the past couple of months it's hard to miss the building enthusiasm shared by the youth of our church. This enthusiasm is more formally known as the Annunciation Sunday School Building Project.

During the school year there will be a variety of projects presented in church that allow the youth to interpret what building a new church means to them. Presentations are grouped in several ways including age, activity, or child's interest

The aim of the Sunday School project is to allow the youth to take part in the historic building process of the Annunciation Cathedral. Just as many of you hold memories of the devastating 1989 earthquake, we want our youth to hold memories of building the new cathedral.

All pictures will be displayed on our building project shutterfly share site: https://annunciationsf.shutterfly.com/#:emid=site_calendarreminder&cid=SHARE3SXXXX. All members of the share site can view, copy, post, and order pictures of the projects. If you wish to be added to the share site, email Anastacia Ambus at: Tashaugr@yahoo.com.

PARISH ASSEMBLY CONVENES MARCH 30, NAMES FESTIVAL CHAIRS; DELEGATES TO CLERGY-LAITY; NOMINATING COMMITTEE

Twice each year, parishes of the Archdiocese are required to hold Parish Assemblies. These assemblies are not unlike meetings of the Parish Councils, which concern themselves with the day-to-day operation of the parish. In fact, they afford all the members of the parish the opportunity to participate in the administration of the parish and to learn more about the ministries of the church and the opportunities for their involvement in the life of the parish.

The first Parish Assembly of 2014 was held on Sunday, March 30, following the Divine Liturgy. In addition to considering the minutes of the November 10, 2013 Parish Assembly, the parishioners heard reports relating to parish finances, stewardship, youth, and the rebuilding of the Cathedral—a unique and once-in-a-lifetime undertaking. Then, it welcomed the chairmanship of this year's Festival. The Festival, which will be held entirely indoors, because of construction, is scheduled to take place the first weekend of October, namely October 3-5. The co-chairs are Angie Leventis and Pat Aleck. Following this, it elected those who will represent the Cathedral at the Archdiocese Clergy-Laity Congress, which will be held in Philadelphia, PA July 6-9. The Congress convenes every two years. The delegates from the Cathedral to the Congress are: Father Stephen Kyriacou, Angie Leventis, and Jim Vorrises. Finally, the Assembly elected a Nominating Committee to place in nomination, at the October 26 second Parish Assembly, the names of those who will be running for Parish Council. (Parish Council

elections will take place on Sunday, December 14; 7 members will be elected to a two-year term.) The members of the Nominating Committee are: **Bill Tonas, Philip Chiappari, and Annette Chiappari.**

We are grateful to the many volunteers who, because they love Christ and His Church, give countless hours of service to the Church, thus spreading the Gospel and building up the Body of Christ. Your faith and commitment are what make ours a dynamic and wonderful parish.

Cathedral Soup Kitchen to Continue Regularly Beginning in May

After the success of the first soup kitchen last March, the Cathedral's soup kitchen committee have begun discussing making our soup kitchen a regular event. The committee last met on April 28, and planned to hold another soup kitchen in May, with the intention of putting a soup kitchen on at least once a month.

This wonderful program is an example of ministry in an urban setting, with the intention of reaching the needy who reside in our church's neighborhood. In committing ourselves to this, and other urban ministries, we commit ourselves to fulfilling the Lord's question of "When I was hungry, did you feed Me?" In addition, by participating, a Christian receives the joy and fulfillment that comes from helping those less fortunate.

Details on scheduling, donations, and volunteering will be forthcoming. Please continue to check Annunciation Cathedral's website, Facebook page, and Twitter. Thanks!

Greek Village Camp Plans Virtual Trip to Crete

Camper Online Registration and Staff Applications Available Now! www.ourgreekvillage.org

The Greek Village Immersion Camp is a successful and growing ministry of the Greek Orthodox Metropolis of San Francisco. Now in its fifth year, the Greek Village Immersion Camp, "To Elliniko Horio", will be held June 21 - 28, 2014 at Saint Nicholas Ranch and Retreat Center in Dunlap, CA, for children ages 7 through 15. This year's camp will follow the theme "Let's Go To Crete - Πάμε Κρήτη" and will provide campers with an all-Cretan experience including geography, music, dancing, food and much more.

*"I consecrated this house you built
to place My name there forever,
and My eyes and My heart will be
there all days."*

– 3 Kingdoms 9:3

from page 3

The Greek Village Camp offers a creative and educational immersion program which brings children closer to their ancestral heritage through instruction in language, customs, traditions and the Orthodox faith. With the guidance of skilled instructors, campers will also participate in classes and activities such as: language, mythology, athletics, theatre and more. The children will attend worship services daily and also have an opportunity to observe the monastic life at the Monastery of the Theotokos the Life Giving Spring which is adjacent to Saint Nicholas Ranch. Arts and crafts, swimming, basketball, volleyball and canoeing are also just a few of the many extracurricular activities included in the campers' daily schedule, plus evening campfires, storytelling, folk dancing and singing.

The 230-acre Saint Nicholas Ranch is nestled in the foothills of the Sequoia National Park. Its hiking trails, apple orchards, historic barn and lake provide the aura of a traditional Greek Village to further enhance a truly cultural experience.

The Greek Village Camp is now offering a convenient and secure way to enroll your child with online registration. Visit www.ourgreekvillage.org to sign up today! Special discounts are available for families sending more than one child. Enrollment is limited so reserve your space today! For those campers attending from southern California, convenient bus transportation is being offered for an additional fee and will depart from the Assumption Church in Long Beach. Check out the website for more details and sign up today! Pricing May 1-31 is \$500 per camper (siblings will receive a \$25 discount).

For questions contact Paul Gikas, Director of the Metropolis Office of Youth and Young Adult Ministries at 415-814-1186, pgikas@sanfran.goarch.org.

On the Feast of the Ascension

by Marcelo P. Souza

"And when he had said these things, as they were looking on, he was lifted up, and a cloud took him out of their sight. And while they were gazing into heaven as he went, behold, two men stood by them in white robes, and said, "Men of Galilee, why do you stand looking into heaven? This Jesus, who was taken up from you into heaven, will come in the same way as you saw him go into heaven."

The disciples were looking on; the evidence of which they became witnesses was right before their eyes. At the same time, they were also learning to live in that new condition which is always our condition: we continue to look on the ascended Christ. We continue to live on earth as he takes us to heaven in our union with him – for it was a man who ascended, to take mankind to the very presence of God.

Christ ascends to heaven, not because heaven is somewhere up there. Heaven is neither up nor down. It is beyond the created

order, and yet it is also in our midst, for Christ has become man; the kingdom of God is in us. It is transcendent and immanent.

The Man Christ Jesus ascends because, in a real sense, eternal existence before the glory of the Father is higher, it is beyond fallen humanity, it is eternal and indestructible. In Christ, human nature was ascending to the very presence of God, redeemed, deified. In Christ, a man stands before the eternal Father, and shares all of his brightness and glory, power and immortality, love and compassion.



In Christ, all those who are united to him through faith and are his members, and ascend with him to the presence of the Father.

This is what Paul meant when he said to the Ephesians that even when we were dead in our trespasses, made us alive together with Christ and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. In mystical union with Christ, we stand before the Father already, until that last day when that union will be consummated for

Jesus ascended to the Father. And he ascended in the Spirit. It is only fitting that the Ascension would be a Trinitarian event.

A cloud received Jesus from their eyes. This is the very glory cloud of the Spirit, the Person and the realm in which and in whom glorified men live. It is that cloud that protected the Israelites when they were delivered from Egypt; it is the cloud, filled with fire, that covered the very presence of God on Mount Sinai. It was that glory cloud that filled the tabernacle when it was consecrated, and also filled the temple when it was consecrated. It was that glory cloud that enveloped the transfigured Jesus on the mountain when he gave his apostles a glimpse of his glory.



**Kids 'n' Cancer
Camp Agape**

A Ministry of the
Greek Orthodox Metropolis of San Francisco
Ladies Philoptochos Society

Agape Celebration of Love Reception to benefit Kids 'n' Cancer
Sunday, May 4, 2014 2:00pm - 5:00pm
Big Canyon Country Club
One Big Canyon Drive
Newport Beach, California
\$75 per person

For more information, please contact:
Metropolis of San Francisco Philoptochos Office
at 415-431-2600 or office@sphiloptochos.org.

“Though a person may run as fast as he can away from Christ, if it is toward what he considers true, he runs in fact straight into the arms of Christ.”

– Fr. Alexander Schmemmann

As we will see in ten days, that cloud comes again with its fire to consecrate the new temple on Pentecost. There were 120 priests blowing trumpets when Solomon’s temple was consecrated and filled with the glory cloud; and so there were 120 in the upper room, during the consecration of the new and true temple.

The apostles were gazing into the sky, and the angels redirect their gaze. “Men of Galilee, why do you stand looking into heaven? This Jesus, who was taken up from you into heaven, will come in the same way as you saw him go into heaven.”

Like they had told the disciples when they were looking for him in the tomb, and the angels said, “why do you look for the living among the dead? He is not here!” so now also, in effect, they were saying, Christ is not there in the sky. He is in heaven, and thus he is everywhere, and he is here.

He who has ascended is in all places, and he is here in the Holy Spirit with his Church. And he who has ascended will once again descend, no longer in humiliation, but with the glory of a glorified God-man who will come to consummate the marriage with his bride and established the kingdom forever in the new Jerusalem and the new temple.

The one who will come again already comes in the gathering of the saints, for where two or three are together in his name, there he is also. When we gather in the apostolic Church to eat of his Body and drink of his Blood, our eyes are open and we recognize him in the breaking of the bread.

He is in heaven, and he is on earth, he is with the Father and he is with us, for he unites in himself all things. And we, as the Church, become like those angels, proclaiming to the world that the same Man who died and rose again, who ascended to the Father, will come again with glory to judge the living and the dead, and his kingdom will never end.

The ascension is the proleptic establishment of the kingdom. Let God arise! Let his enemies be scattered! Jesus Christ stands before the presence of the Father as the God-Man, the eternal Son of God, the Logos of God, the Divine Person who in perfect union takes to himself a human nature and thus a human will. Both deified.

The Man Christ Jesus sits at the right hand of the Father, i.e., he shares all his glory and power and love in his presence, and so he opens the way for us, fallen humans, to be raised also in union with him; so that we too, as glorified and deified human beings, may stand before the presence of God and not be consumed by

him – as Christ had already prayed to the Father, saying, “that they may all be one, just as you, Father, are in me, and I in you, that they also may be in us.”

Christ has ascended and we now live in faith, hope and love. In faith, we are able to look down and see him here with us.

In hope, we look up, knowing that eternal glory and perfect fellowship with God in the presence of the Father, Son and the Holy Spirit, is our ultimate destiny.

In love, we learn that, as it was with Christ, the way to that glory is through suffering and humility. The way up is down first. The way to glory always has to pass through the cross daily.

As Christ sits at the right hand of the Father in glory, after having given himself fully and without reservation for his bride, so we too will sit with him, crowned with his glory, as we learn how to love with the love with which he loved. This new life comes through that love. The one who ascended is the one who died and descended first.

And so we rejoice in our ascended Lord, knowing that we will follow him there when he comes to receive us to himself. We in fact ascend there in the table of the kingdom right before our eyes. And we say with David, in the words of Psalm 68:

“God shall arise, his enemies shall be scattered . . . the righteous shall be glad; they shall exult before God; they shall be jubilant with joy! Sing to God, sing praises to his name; lift up a song to him who rides through the deserts [of this life]; his name is the Lord; exult before him! . . . You ascended on high, leading a host of captives in your train and receiving gifts among men, even among the rebellious, that the Lord God may dwell there. Blessed be the Lord, who daily bears us up; God is our salvation . . . Our God is a God of salvation, and to God, the Lord, belong deliverances from death. Amen.”

CATHEDRAL OFFERS SCHOLARSHIPS IN JUNE 2014

“This year the Annunciation Cathedral is offering the following scholarships:

- \$1,000.00 Philoptochos (Argyres Scholarship)
- \$500.00 Andrew and Efrosene Vellis Scholarship
- \$500.00 Andreas and Nicki Coundouris Scholarship
- \$1,000.00 Vavuris Legal Scholarship
- 75% of the proceeds of the Anthony P. Bagatelos Medical Scholarship

If anyone is interested in applying for any of the aforementioned scholarships, please call the office at (415) 864-8000 to request a copy of the application.

Cutoff date for applications is Friday, May 24, 2014.

“This is the day which the Lord has made; let us rejoice and be glad in it.”

– Psalm 118:24





PHILOPTOCHOS NEWS

Greetings and Christos Anesti from our Philoptochos members! We hope you had a most glorious Holy Week and a wonderful Pascha with family and friends. As we sail into the month of May our members continue to work for their good deeds as we stand hand in hand with our beloved Cathedral.

Some people do the nicest things...we thank our Philoptochos member **Polytimi Peters** for all the wonderful sweets and fruit she prepared for the Palm Sunday coffee hour. **Polytimi** you made the day!

Our members worked diligently many hours to prepare all the delicious breads, *koulourakia* and eggs for our Easter Bake Sale. We thank all who purchased and supported our endeavor and we hope all enjoyed the items. The sales this year exceeded last year and we are able to donate a substantial sum to the Kids N Cancer program this year which gives to the five camps for children with Cancer. This year our Metropolis Philoptochos is looking to support a sixth camp. Your donations truly help support the camps and all the families who attend. The major fundraiser, Camp Agape Celebration of Love, which supports the camps in addition to chapter donations will be held on May 4, 2014 in Newport Beach, CA. It takes a lot of funds to support the camps for families with children afflicted with cancer.

Our 55th Mother's Day Luncheon is fast approaching. We hope you will join us for an exciting day as we honor a very special Mother of the Year who works and contributes much to our community. The day will be filled with fun, good food, entertainment and a raffle you won't want to miss. In addition, you will enjoy a spectacular view facing the San Francisco Bay.

Check the flyer in the Herald and mail in your reservation and join us as we celebrate all women for all they do. Let's make this a special day that you won't want to miss!

Philoptochos will be presenting a scholarship for the 2014 year and it will be presented on Father's Day in June when we honor our high school graduates.

Let's remember Philoptochos is an army of women, whatever age, who have dedication and heart to help those in need. Philoptochos is love, strength and compassion. Philoptochos is YOU! If you have any questions contact me at (415) 566-8544.

*In His Name,
Patricia Aleck
Philoptochos President*

"To live is to change, and to be perfect is to have changed often."

– J.H. Newman

"Children need to learn that they can rely on God and their own inner strength to meet the challenges that life presents."

– Jeanette Aydlette

Xronia Polla for Namedays in May!

Best wishes to the following individuals who celebrate their namedays this month:

Constantine Barlas	Helen Markanton
Gus Franco	Irene Melitas
Helen Franco	Helen Nicklas
Irene Garibaldi	Dean Nicolacakis
Constantine Glafkides	Helen Nicolas
Deno Konstantinides	Helen Panomitros
Irene Kosaris	Helen Paras
Elaine Kourkoutakis	Irene Poulakidas
Dina Koutoulas	Helen Rally
Gus Koutoulas	Helen Selianitis
Kosta P. Koutoulas	Eleni Tsagaris
Helen Koutsakis	Irene Valos
Elaine Makras	Gus Vouchilas

Saint Irene, the Great Martyr, May 5

Saints Constantine and Helen, Equal to the Apostles and First Crowned, May 21

You may wish to consider sponsoring a coffee hour on the Sunday closest to your nameday, as a way of celebrating with our parish family. For more information, please contact **Mike Canellos** at (415) 864-8814.

*** The information above was taken from the data submitted on our 2014 stewardship pledge cards. If your name does not appear on this list, please feel free to give your information to our stewardship data table in the gallery, or by filling out a 2014 stewardship pledge card. ***

Community Link Continues Ministering to Those in Need

Community Link, now in its ninth year of existence, is a group of Annunciation parishioners who meet once a month on a drop-in basis to visit members of our community who may be confined due to illness or age. We travel to hospitals, nursing homes and private residences. Many of those we visit no longer have family or friends to support them and just need to know there is someone who cares. A short visit or phone call can lift one's spirits a great deal. If anyone in the community knows of any other home bound parishioners to add to our list or would like to join us for a visit, please contact, please contact Pauline Oetzel at poetzel@hotmail.com. Upcoming Community Link dates are: May 17, June 21, and July 19 at 9 am.

YOUTH NEWS

Sunday School Korner

Christos Anesti! Our children had a wonderful Lenten season in Sunday School and it was capped off by a hugely successful TGI Pascha and our beautiful Angels during Holy Week. Our Boys looked fantastic in the Altar! Thank you to all the many volunteers who helped make it possible.

May brings wonderful Mother's Day projects and lessons about family and relationships. We encourage parents/grandparents to bring children to Sunday School at 10:30 am each Sunday. We will hold no Sunday School Classes Memorial Day Weekend, May 25.

The Sunday School of Annunciation Cathedral offers a scholarship in memory of Andrew and Efrosine Vellis for their dedication to both the Sunday School and the Annunciation Cathedral. The first scholarship was awarded June 5, 2011. This year's scholarship will be awarded at Sunday School Graduation on June 1st.

Plans are underway to prepare for the upcoming 2014-2015 school year. Volunteers are needed for assistance in the classroom and for specific projects such as: filing, emails, food drive, Unicef, Christmas program, Oratorical Festival, and more.

Remember, It takes a village. Please contact Denise Yeilding at dyeilding@yahoo.com or Father Niko to step up and participate.

Other Important Dates for 2014

May 4	Mother's Day projects
May 11	Mother's Day
May 18	Regular classes
May 25	No classes/Memorial Day
May 29	Ascension
June 1	Last day of classes Graduation/Luncheon

'Like' Annunciation
Cathedral Sunday
School!



Find us on:
facebook®

Summer Camp at Saint Nicholas Ranch 2014

Online Registration Now Open! www.gosfyouth.org

Get excited... Summer is BACK! The Greek Orthodox Metropolis of San Francisco is proud to announce the 34th year of its Summer Camp Program at Saint Nicholas Ranch and Retreat Center in Dunlap, CA. Building on the success of the theme last year, the commandment of our Lord and Savior Jesus Christ to "Love one another", this year's theme will be, "As I have loved you."

Campers will once again participate in all of the traditional camp activities such as swimming, canoeing, archery, arts and crafts, Olympics, campfires, daily worship services, Orthodox Life discussions, visits to the Monastery of the Theotokos the Life-Giving Spring, plus the fun new additions from last summer of junkyard wars, faith and culture, nightly themed activities, and even more new surprises coming this summer!

The Camp Director will be Paul Gikas, Director of the Metropolis Office of Youth and Young Adult Ministries. The Summer Camp Management Team will be comprised of the following individuals: Jacob Saylor, Program Director; Johanna Duterte, Camp Administrator; and Chris and Kalli Retelas, Boys and Girls Directors, respectively.

Summer Camp is for children 8 years old (or entering 3rd grade in Fall 2014) to 18 years old (or graduating from High School in Spring 2014).

Dates for 2014:	Session I:	July 6 - 12
	Session II:	July 13 - 19
	Session III:	July 20 - 26

Pricing for 2014: \$500 Late registration (May 1 - May 31)

All siblings receive a \$25 discount.

Take advantage of Early Registration pricing by going to www.gosfyouth.org now!

Stay connected to our Summer Camp social media:

Facebook: Greek Orthodox Metropolis of San Francisco Summer Camp at St Nicholas Ranch

Instagram: [metropolisofsfsummercamp](https://www.instagram.com/metropolisofsfsummercamp)

Twitter: [@SFMetSummerCamp](https://twitter.com/SFMetSummerCamp)

For questions or additional information please contact **Paul Gikas**, Director, Office of Youth and Young Adult Ministries, 415-814-1186, pgikas@sanfran.goarch.org.

Greek School Going Strong

Many thanks to the talented staff and parents that have made this year's Greek School program a success already! If you have any questions about the program or would like to sign your child up for the 2014-2015 year, please contact **Anthi Janssens** (anthij@comcast.net) or **Philip Athanasiades** (philippos1cy@yahoo.com).

Some noteworthy dates are as follow:

- May 24: Memorial Day, no class
- June 7: Last day of Greek school!



Our 2014 Annunciation Boys B Team at their postseason party!

JOY Giants Game!

Our Cathedral JOY and their families will celebrate spring by going to a Giants game on May 13! Tickets are going fast, so if you and your family would like to attend, please let **Father Niko** know ASAP. Our last JOY event of the year will be another pool party in June! Stay tuned for more details!

JOY (Junior Orthodox Youth) is open to all youth between grades 3-6

Altar Group Schedule for May

The schedule for the month will be as follows:

May 4- Group 1

May 11- Group 2

May 18- Group 3

May 25- Group 4

The 2014 altar group rosters are as follow:

Group 1- Niko Manetas, Stelio Kyriacou, Kosta Lyberopoulos, George Tsokas

Group 2- Anthony Obester, Demetri Kontonis, Andrew Vellis, Panagioti Sogotis, Yianni Sogotis

Group 3- Niko Pezo, Demetri Rally, Steven Chiappari, Steven Monolakis

Group 4- Jonas Tesfai, Nathan Tesfai, Bobby Kontonis, Hari Manetas, Matthew Nuris

If any families are interested in their boys joining an altar group, who are above the age of 10, feel free to contact **Father Niko Bekris** at fatherniko@annunciation.org. Thank you also to **Nektarios McKnight** for guiding and instructing our altar servers each Sunday. As always, if anyone has any questions or suggestions, feel free to let us know. Thanks!

“The Word enables us to participate in divine life by making himself our food, in a manner understood by himself and by those who have received from him a spiritual perception of this kind...”

– St. Maximos the Confessor

Young Adults Attend SoMa Street Fair, Support Me Meli

Last May 29, our Young Adult group attended the SoMa Street Fair, at which two of our young adults, **Maria Kalligeros Polyzos** and **Stefani Kalligeros** have opened a loukoumathes truck! Our young adult group enjoyed delicious food and dessert, and supported two of our own at the same time.

A video showcasing vendors at the SoMa Street Fair, including **Me Meli**, donating portions of their proceeds to feeding the homeless can be found here: <https://www.youtube.com/watch?v=A5xO2UjYugg>

In June, our Young Adults will be going to a Giants game.

The Cathedral Young Adult group is open to all young adults 22-35(ish)

For more information on any of our youth groups, feel free to contact **Father Niko** at fatherniko@annunciation.org, or visit the “Youth of Annunciation Cathedral San Francisco” Facebook group page.

SACRAMENTS AND SERVICES At the The Cathedral

BAPTISMS

Lukas and Isabella Selianitis, son and daughter of **Demo** and **Vanessa Selianitis**, were baptized at the Cathedral on April 27. Their sponsors are **Louis, Wendy, and Helen Selianitis**.

Na sas zisoun!

WEDDING

Demo and **Vanessa Selianitis** had their marriage blessed in the church on April 27. Their sponsors are **Louis, Wendy, and Helen Selianitis**.

Na zisete!

M A Y C A L E N D A R

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
						Greek School, 10 am
4	5	6	7	8	9	10
Orthros, 9 am, Divine Liturgy, 10:30 am Sunday School, 10:30 am			Construction Meeting, 10 am			Greek School, 10 am Mother's Day Luncheon and Fashion Show, 11:30 am
11	12	13	14	15	16	17
Orthros, 9 am, Divine Liturgy, 10:30 am Sunday School, 10:30 am	Premarital Counseling Class, 7 pm	JOY Giants Game, 7:15 pm	Construction Meeting, 10 am			Community Link, 9 am Greek School, 10 am
18	19	20	21	22	23	24
Orthros, 9 am, Divine Liturgy, 10:30 am Sunday School, 10:30 am Parish Council, 12:30 pm			Construction Meeting, 10 am Sts. Constantine and Helen; Divine Liturgy, 10 am			
25	26	27	28	29	30	31
Orthros, 9 am, Divine Liturgy, 10:30 am	Memorial Day, Office Closed		Construction Meeting, 10 am	Feast of the Ascension; Orthros 9 am, Divine Liturgy, 10 am		Greek School, 10 am

“We know that when any one of us falls, he falls alone; but no one is saved alone. He who is saved is saved in the Church, as a member of her, and in unity with all her other members. If anyone believes, he is in the communion of the faithful; if anyone loves, he is in the communion of love; if anyone prays, he is in the communion of prayer.”

– A.S. Khomiakov

UNITED GREEK ORTHODOX COMMUNITY OF
SAN FRANCISCO, THE ANNUNCIATION
ANNUNCIATION CATHEDRAL
245 VALENCIA STREET, SAN FRANCISCO, CA 94103-2320

NON-PROFIT ORG.
U.S. POSTAGE PAID
SAN FRANCISCO, CA
PERMIT NO. 1734



“TO LIVE IS TO CHANGE, AND TO BE PERFECT IS TO HAVE CHANGED OFTEN.”
– J.H. Newman