

#### ANNUNCIATION CATHEDRAL

# HERALD



245 VALENCIA STREET, SAN FRANCISCO, CA 94103  $\cdot$  415  $\cdot$ 864-8000  $\cdot$  FAX 415  $\cdot$ 431-5860  $\cdot$  WWW.ANNUNCIATION.ORG

**APRIL 2022** 

#### SPITHES



Annunciation Cathedral San Francisco, Ca greek orthodox folk dance & choral festival - 2022 Phoenix, az



FDF RECAP Our oldest dance group Spithes went down to Arizona and represented the Cathedral by competing in FDF. We are proud to announce that our kids came away with a Silver Medal in the Advanced Intermediate category, while also winning the choral and costume awards in the category as well! Two of our dancers, Stelios Kyriacou and Alexis Rakos, also each received an FDF scholarship. Bravo to all of our kids, directors, and parents on a great FDF weekend!

[for more FDF Photos, see page 2]



FAITH. DANCE. FELLOWSHIP.





















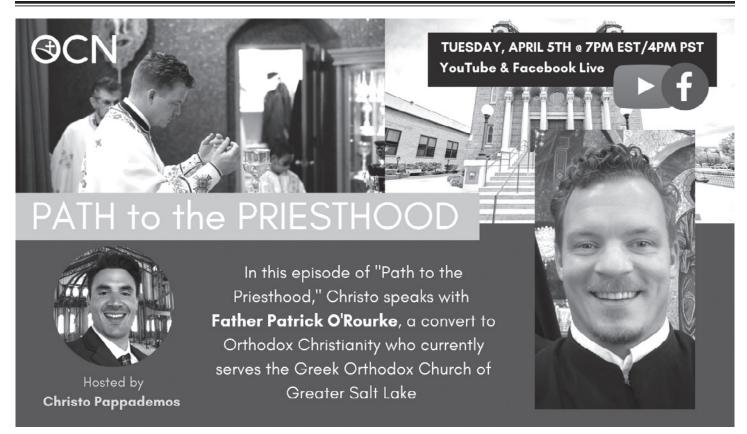
Need for Greek-Speaking Nanny
We have had several inquiries over the past few months from various young families searching for a Greek-speaking nanny to take care of their newly born children. Do you know of anyone who would fit this category and might be looking for work?

#### **Basketball is Back!**

After being disbanded for years due to COVID and its restrictions our basketball teams are back in action! Special thanks to our coaches Deno Konstantinidis, Tom Taptelis, George Ambus, Chris Kyriacou, and Christo

Mastrokyriakos for getting the kids together for practice every week. If your child is interested in joining a team please contact Deno at Deno.konstantinidis@annunciation.org





In this bi-weekly program, **Christo Pappademos** sits down with young, recently ordained priests and deacons and chats with them about their personal journey to ordained ministry. In recent times, it seems fewer and fewer young men choose to pursue the priesthood as a life path. Christo would like those who have decided to serve Christ's Church to share

their stories, in hopes of inspiring others to realize God's hand and perhaps even calling in their own lives. As Christ tells us in Matthew 9:37, "The harvest truly is plentiful, but the workers are few." Let's see if we can't encourage a few more workers for Christ's harvest!

# **Epitaphio Flower Project**

Kathy **Dermitzakis** chairing the decoration of the Epitaphio on Holy Friday, April 22<sup>nd</sup>. She would like to invite anyone interested to bring their own personal flowers from home to help decorate the Epitaphio this year. This is a wonderful tradition at the Cathedral and we would love you to either offer your own flowers to decorate, or make a donation toward the flowers as this project can be quite expensive. For more information please contact Kathy at:

creta2000@aol.com









#### **Exciting Update Regarding the "ADOPTING AN ANNUNCIATION CATHEDRAL PAVER" Program**

The Annunciation Cathedral has great news for the San Francisco Greater Bay Area community AND Northern California to have you and your family be a part of the Annunciation Cathedral history.

In response to several requests asking that the \$2,000.00 paver donations be allowed in payments, effective for Year 2022, the Annunciation Cathedral has responded by offering the following 3 donation options:

- 1 Donation of \$2,000.00
- 2 Donations of \$1,000.00 each
- 4 Donations of \$500.00 each

Also, donations may be made by: 1) Check 2) Credit Card 3) On-Line.

Please refer to the image of the updated revised Annunciation Cathedral "Adopt an Annunciation Paver" brochure duplicated in this Annunciation Cathedral Herald, which contains all the details.

Also, please be advised that 20 pavers, in the current cycle of inscription work, are being inscribed by Easter, by the "Customize our Pavers Company" who is sending their inscription team up from Los Angeles to do the work. Even though we checked with many San Francisco local companies about having inscription work performed, there were none that could do this type of work locally. The only option that they offered were inscribed small bricks. When the additional 20 pavers are inscribed, there will be 120 pavers inscribed in the central Annunciation Cathedral Fountain Plaza.

Just think how amazing it will be when your friends and future generations, now, and in 10, 20, 50, or even 100 years know that you and your family were part of the community that contributed towards the completion the new Annunciation Cathedral.

You may have up to 75 characters inscribed in your pavers, in 3 lines, which are very impressive, and which measure 2 feet by 2 feet. Up to 25 characters per line, may be inscribed, which include spaces.

There is flexibility in what you can have inscribed, provided that it is in good taste. To date, families and organizations have had the following variety of inscriptions ordered including:

- Names of the members of their family
- Name of a relative being commemorated
- Name of an organizations like Annunciation Philoptohos, Zakynthian Brotherhood, United Hellenic American Societies (UHAS), Hellenic American Professional Society (HAPS)
- Message about their thoughts regarding the Annunciation Cathedral

If you need further information, please contact Jim Vorrises, Chairman of the Annunciation Cathedral Paver Committee, at 650-464-1616 or Christos Papademos, Annunciation Cathedral Pastoral Assistant to Father Stephen Kyriacou, at 415-864-8000.

Checks and what you want inscribed, either by completing the Order Form included in the Brochure or on a separate piece of paper, may be mailed to:

Annunciation Cathedral Paver Program 245 Valencia Street San Francisco, CA 94103

To summarize, the following are the benefits of "Adopting an Annunciation Cathedral Paver":

- You and your family will have a permanently inscribed Annunciation Cathedral paver in the Annunciation Cathedral Fountain Area visible for many years
- You will be able to itemize the donation as a tax deduction in your tax return
- You will be helping the Annunciation Cathedral move forward to completing the inside of the new Annunciation Cathedral

#### Annunciation Cathedral Philopotchos

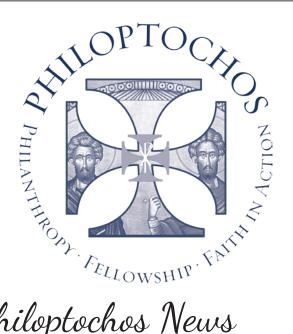
# Easter Bake 2022



Easter Bread (Tsoureki)		
Quantity (1 Loaf):	x \$25.00 = \$	
Koulourakia		C
	x \$15.00 = \$	
	Total Amount: \$	
Deadline to Place Orders is	<u>Friday, April 15, 2022</u>	
All orders must be prepaid,	No Exceptions	
Order Pick up: Annunciati		
	u will be picking up your order	
Friday, April 22 from		
Saturday, April 23 fro	om 10am to 1pm	
	e the parking garage will be open for	
Print Name:	Phone #:	
Order online: www.annung	ciation.org	
Check Order: Make check p	payable to Annunciation Philoptocho	os S
-	Exp. Date:	
	CVV:	
Mail order for	rm with check or credit card informa	tion to:
	nciation Cathedral, Attn: Easter Bake	
	245 Valencia St.,	

Any questions, call Sophia Makras at 650-784-1775

San Francisco, CA 94103



## Philoptochos News

Many thanks to the organizers, volunteers and to those that donated monetary gifts or items to our most recent events. Philoptochos is grateful for your time and selfless service. Proceeds from the Christmas bake/wreath sales and vasilopita sales supported our charitable projects at the local, metropolis and national levels. The collection of gift cards for Sanchez Elementary School improved the quality of life for families in need within our surrounding community.

While this year's Crab Feed did not have the balloons, music and crowds of years past, the Crab "Grab and Go" was well received and very successful. Our Philoptochos team prepared and distributed 150 trays of crab and 300 loaves of garlic bread. We look forward to gathering together to celebrate the Crab Feed in person next year!

#### Sanchez Elementary School



Collection of gift cards



donation from Stephanie Roumeliotes presented to Fred Spitz, Family Support SES

#### **Christmas Coffee Hour / Bake** and Christmas Wreaths





Assembling the wreaths





Storing wreaths in the Cathedral

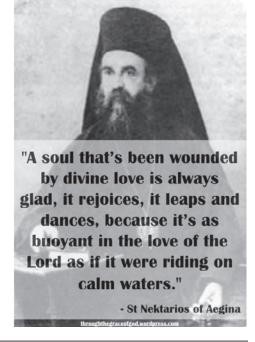
### Crab "Grab and Go"







Our own Philoptochos member Katherine Curd enjoying the Crab "Grab and Go" with fellow San Bruno firefighters at Station 51





## Scholarships

#### 2022 SCHOLARSHIP APPLICATION INSTRUCTIONS

For 2022, the Greek Orthodox Cathedral of the Annunciation and the Cathedral Ladies Philooptochos, together will provide four (8) scholarships, as follows:

- 1. The John N. Pappas Scholarship, in the amount of \$1,000.00
- 2. The Christos Tsikitas Scholarship, in the amount of \$1,000.00
- 3. Andreas and Nikki Coundouris Scholarship, in the amount of \$1,000.00
- 4. The S. Lee Vavuris Legal Scholarship, in the amount of \$1,000.00
- 5. The Dr. Anthony P. Bagatelos Scholarship, in the amount of 75% of interest earned.
- 6. The Andrew and Efrosine Memorial Scholarship, in the amount of \$1,000.00
- 7. Philoptochos Scholarship, in the amount of \$1,000.00
- 8. Philoptochos Scholarship, in the amount of \$1,000.00

Please complete and forward the appropriate application to the attention of: The Scholarship Committee, 245 Valencia Street, San Francisco, California 94103 **by May 30, 2022.** 

The application must be accompanied by the following:

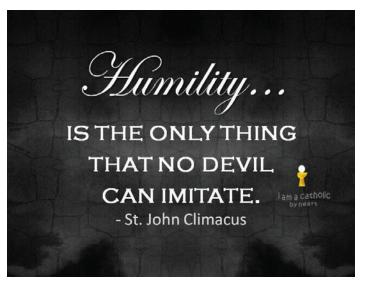
- <u>An Official Transcript</u> from the Office of the Registrar at your High School or College (University/ Vocational School)
- <u>A Letter of Recommendation</u> from ONE (1) Member in Good Standing with the of the Annunciation or, in the case of the Philoptohos scholarships, of the Cathedral Philoptochos.
- <u>A brief resume (1 page maximum)</u> about yourself including: honors/awards, special skills, community service, extracurricular information, education, and life goals.

- <u>Additionally</u>, the applicant (or, if the applicant is under 18 years of age, the applicant's parent(s)/guardian(s) must be a member of the Annunciation Cathedral. A member of the Cathedral includes support of the Cathedral through Stewardship. A 2022 Stewardship Pledge Card must have been filed with the Cathedral in order for the scholarship application to be considered.
- Relative to the Bagatelos/Vavuris Scholarships: Applicants for the Dr. Anthony P. Bagatelos and the Judge S. Lee Vavuris Legal Scholarships must be of Greek descent or of the Greek Orthodox faith. These scholarships are awarded to students who matriculate at and attend medical/law school, preferably at Stanford University/University of San Francisco and intend to practice medicine/law within the nine county area, surrounding San Francisco Bay, preferably San Francisco.

Up to 75% of the income earned by the Bagatelos Scholarship Fund is awarded in the form of a scholarship for tuition or other school-related expenses. Typically, the scholarship is awarded to the same student until that student graduates from medical school, provided that, after submitting the initial application, the student requests the medical school to verify to the Annunciation Cathedral, in writing, by June 1, that the student has satisfactorily completed course work for the year. As for the Vavuris Scholarship, the scholarship is awarded by the Annunciation Cathedral, in concert with the Hellenic Law Society. The restrictions which govern the Bagatelos Scholarship do not apply to the Vavuris Scholarship.

- Relative to the Efrosine and Andrew Vellis Scholarship:
- 1. Applicant must have participated in a youth activity such as Sunday school, altar, Greek School, dance group, and/or as a volunteer in a Cathedral-sponsored event.

  2. The Scholarship Committee and a member of the Vellis Family will review the application.



#### **2022 SCHOLARSHIP APPLICATION**

2. ADDRESS	
<ol> <li>E-MAIL</li></ol>	
<ul> <li>5. HIGH SCHOOL/COLLEGE you are currently attending</li></ul>	
6. COLLEGE you will be attending in the fall	
7. Field of Study: MajorMinor	
8. Date of High School Graduation	
9. Name of Parent(s) or Guardian	
10. Address (if different from above)	
11. Involvement of Applicant with the Cathedral { } Member { } Youth { } Choir { } Sunday School { } Greek School { } Altar { } Dance Group { } Athletics { }	
12. Have you received a Cathedral, Cathedral Philoptochos or Vellis Scholarship in previous years? YES{ } NO[ }	
APPLICANT'S STATEMENT: I hereby certify that I am a Greek Orthodox Christian (or, or descent, if applicable), spiritually in good standing and a member of the Annunciation Cathed Francisco, California (or otherwise qualify as noted in the instructions). I have answered the questions correctly and to the best of my knowledge. I will use any funds awarded to me as a rethis application for the sole purpose of assisting me in my higher education.	ral, San above
Signature of Applicant Date	

#### On March 27, 2022, Annunciation Cathedral's Greek

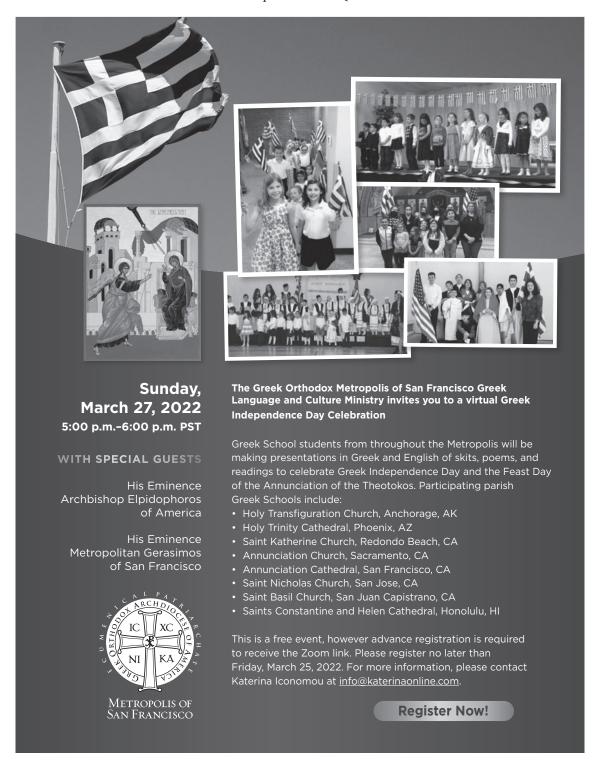
school participated in the Metropolis of San Francisco's Greek Independence Day celebration. Greek schools throughout the Metropolis recited poems, sang songs and performed skits. Archbishop Elpidophoros of America and Metropolitan Gerasimos of San Francisco were both present for the program.

Congratulations to our students for all their hard work and for doing such a great job! Pre-K class recited the poem, Κολοκοτρώνης: Calista Tsiorvas Conrad Kitching Raphael Lafkas Penelope Manousos

Hyonia Kottas from the Level 2 class recited the poem, Η Νίκη

Sophia Kotsonis, Anya Abraham and Giorgia Vardakastanis from the Level 3 class presented three famous women of the 1821 Greek War of Independence.

Stefanos Zarbalis and Yiannis Karasakalidis from the Preparatory classes recited the poem, O  $\Theta$ oύ $\varphi$ io $\varphi$ 





#### Join our master email list

Please join our master mailing list by visiting our website at **www.annunciation.org** and scrolling to the bottom of the page. Simply input your name and email address as well as filling in a brief code and you will automatically receive all email messages the Cathedral sends out. The more people we have on our list the better, as this helps us maximize communication and allows us to keep everyone informed of services, events, and fundraisers. By subscribing to our mailing list you will also receive our weekly bulletin online, which contains the weekly scripture readings for Sundays as well as announcements.





Annunciation Cathedral of San francisco

# Palmeross Folding

Youth Acitvity all ages

APRIL 16<sup>th</sup> 11am

Come learn how to fold Palm Crosses for Palm Sunday

# Be a part of the historic inaugural session of CrossRoad San Francisco!

The CrossRoad Summer Institute still has spaces available this summer for new applicants! This is an extraordinary opportunity for a current high school junior or senior to have an amazing ten days, make friends for life, and become more energized to stay connected to our parishes!

JULY 2-JULY 12 | SAN FRANCISCO, CA



#### IN THIS ISSUE

#### A Glimpse into 2021

- 7 2021: CrossRoad's COVID Summer
- 10 Alumni Advisory Board Updates
- 12 The Telos Project
- 15 Virtual Alumni Retreat
- 28 CrossRoaders Out on the Road
- 34 Alumni & Staff Updates

#### Alumni Reflections

- 16 CrossRoad Alumni in Service
  William Cumbelich and Alejandro Zendejas
- 18 Vocation as a Musician *Kyra interviews Eddie Haddad*
- 20 Girl Scout Gold, Ephemia Nicolakis
- 22 Alumnus Reignites YAL in San Francisco George Anagnostopoulos
- 25 Your Flowers, Dear, Lily Talmers
- 27 Artist Feature, Emmalia Godshall

#### Staff Reflections

- 3 A Letter to Our Alumni, Dr. Ann Bezzerides
- 5 Horizons: Sailing to San Francisco, Alex Demos
- 8 CrossRoad's Crowded Table, Caroline Mellekas
- 9 Spiritual Reflection from HCHC, Dr. Bruce Beck
- 14 Telos Center Hospitality, Max Ramseyer

#### ${\bf Stay} \ connected \ with \ {\bf CrossRoad} \ through \ our \ online \ platforms!$

- Website: https://www.crossroadinstitute.org/
- Facebook: https://www.facebook.com/crossroadyouth
- Instagram: https://www.instagram.com/crossroadovm
- in LinkedIn: https://www.linkedin.com/groups/4371720/

#### **ABOUT**

## DOWN the ROAD

**Down the Road** is the magazine for the alumni of the CrossRoad Summer Institute, published annually by CrossRoad Institute.

#### **EDITING AND PRODUCTION**

#### **Alex Demos**

CR Director

#### **Kyra Limberakis**

CR Director of Strategic Growth 2021

#### Ann Mitsakos Bezzerides, Ph.D.

Executive Director

#### Jenny Haddad Mosher, Ph.D.

Telos Project Director Line Editor

#### **Cameron Thorp**

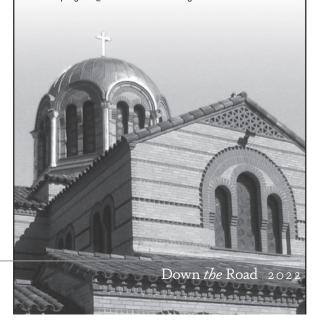
Layout and Design

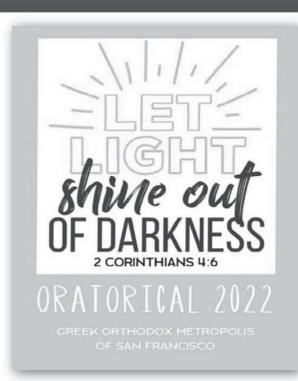
#### CrossRoad Institute Inc.

955 Massachusetts Avenue Unit 406 Cambridge, MA 02139

**Phone:** 617-935-0280

Email: program@crossroadinstitute.org









# Visit https://sforatorical.net for up-to-date information

#### **DISTRICT FESTIVALS**

Pacific Northwest: Sat. April 30, 2022 | Holy Trinity, Portland | Zoom
Bay Area / Northern California: Sat. April 30, 2022 | Holy Cross, Belmont | Live
Southern California: Sun. April 3, 2022 | Saint Paul, Irvine | Live
Eastern California: Sun. April 10, 2022 | Annunciation, Sacramento | Live
Southwest: Sat. April 9, 2022 | Assumption, Scottsdale | Live

See the oratorical website for up-to-date District and Metropolis Information:

https://sforatorical.net



The Metropolis-level Festival will take place in-person at Saint Nicholas Ranch and Retreat Center Saturday, May 14, 2022 | 9:00 am



#### The Greek Orthodox Metropolis of San Francisco Oratorical Team

Aristi Contos: aristiofoz@yahoo.com

Johanna Duterte-Carter: jduterte@sanfran.goarch.org

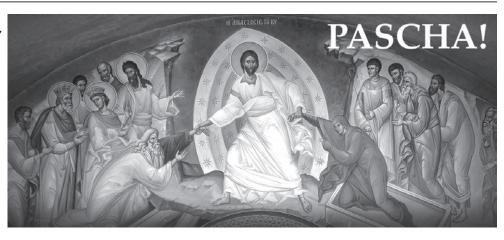
Dr. Eve Tibbs: religioused@sanfran.goarch.org

ΙΕΡΟΣ ΚΑΘΕΔΡΙΚΟΣ ΝΑΟΣ "Ο
 ΕΥΑΓΓΕΛΙΣΜΟΣ ΤΗΣ ΘΕΟΤΟΚΟΥ"
 245 VALENCIA ST.
 SAN FRANCISCO, CA
 94103 415 864-8000

<u>ΜΕΓΑΛΗ ΕΒΔΟΜΑΣ ΚΑΙ ΠΑΣΧΑ</u> <u>2022</u>

ANNUNCIATION CATHEDRAL 245 VALENCIA ST. SAN FRANCISCO, CA 94103 415 864-8000 HOLY WEEK AND PASCHA

2022



Σάββατον, **24** Άποιλίου  $\mathbf{5}^{\text{H}}$  ΠΑΡΑΣΚΕΥΗ

7:00 μ.μ. Ὁ Ἀκάθιστος

Κυφιακή, **17** Ἀπφιλίου ΤΩΝ ΒΑΙΩΝ

10:00 π.μ. Θεία Λειτουργία 7:00 μ.μ. Τοῦ Νυμφίου

Δευτέφα, **18** Ἀποιλίου ΜΕΓΑΛΗ ΔΕΥΤΕΡΑ

7:00 μ.μ. Τοῦ Νυμφίου

Τοίτη, **19** Άποιλίου ΜΕΓΑΛΗ ΤΡΙΤΗ

7:00 μ.μ. Τοῦ Νυμφίου

Τετάρτη, **20** Ἀπριλίου ΜΕΓΑΛΗ ΤΕΤΑΡΤΗ

7:00 μ.μ. Τὸ Ἱεοὸν Εὐχέλαιον Πέμπτη, **21** Ἀποιλίου ΜΕΓΑΛΗ ΠΕΜΠΤΗ

10:00 π.μ. Θεία Λειτουογία

Μ. Βασιλείου 7:00 μ.μ. Τὰ Δώδεκα Εὐαγγέλια

Παρασκευή, 22 Άπριλίου ΜΕΓΑΛΗ ΠΑΡΑΣΚΕΥΗ

1:00 μ.μ. Ἡ Αποκαθήλωσις 7:00 μ.μ. Ὁ Ἐπιτάφιος θοῆνος

Σάββατον, **23** Άποιλίου ΜΕΓΑ ΣΑΒΒΑΤΟΝ/ **ΠΑΣΧΑ** 

10:00 π.μ. Θεία Λειτουργία

Μ. Βασιλείου 12:00 μεσ. Η ΑΝΑΣΤΑΣΙΣ καὶ Θεία Λειτουργία τοῦ ΠΑΣΧΑ Saturday, April 24 5TH FRIDAY OF LENT

7:00 p.m. Akathist

Sunday, April 17 PALM SUNDAY

10:10 a.m. Divine Liturgy 7:00 p.m. The Bridegroom

Monday, April 18 HOLY MONDAY

7:00 p.m. The Bridegroom

Tuesday, April 19 HOLY TUESDAY

7:00 p.m. The Bridegroom

Wednesday, April 20 HOLY WEDNESDAY

7:00 p.m. Holy Unction

Thursday, April 21 HOLY THURSDAY

10:00 a.m. Divine Liturgy 7:00 p.m. The 12 Gospels

Friday, April 22 HOLY FRIDAY

11:00 a.m. Youth Retreat/ T.G.I. Pascha

1:00 p.m. Descent from the Cross

7:00 p.m.

The Lamentations

Saturday, April 23 HOLY SATURDAY/ PASCHA

10:00 a.m. Divine Liturgy Midnight ANASTASIS Paschal service and Divine Liturgy

#### Condolences

The Cathedral extends condolences too Polytimi Peters and her family on the occasion of the recent falling asleep in the Lord of her husband, and their father, Kenneth (Stamatis) Peters.

Aionia I Mnimi! Eternal Memory!

Anna Helen Serezlis, who fell asleep in the lord on March 12, was buried March 17. She is survived by her brother, Peter, and nieces Nola and Jana.

Eternal Μεμογι! Αἰωνία ἡ Μνήμη!

UNITED GREEK ORTHODOX COMMUNITY OF SAN FRANCISCO, THE ANNUNCIATION CATHEDRAL 245 VALENCIA STREET, SAN FRANCISCO, CA 94103-2320

NON-PROFIT ORG. U.S. POSTAGE PAID SAN FRANCISCO, CA PERMIT NO. 1734



"Our high school boys basketball team at the Spring GOYA Tournament. Pictured, Coach Jason Polyzos, Yianni Eliopoulos, Victor Nicolacakis, Kostas Lyberopoulos, Christos Konstantinidis, Coach Deno Konsantinidis, George Polyzos, RJ Selianitis, and Paul Papavasiliou