#### **ANNUNCIATION CATHEDRAL**

## HERALD



SEPTEMBER 2023

245 VALENCIA STREET, SAN FRANCISCO, CA 94103 • (415) 864-8000 • WWW.ANNUNCIATION.ORG



#### **Liturgical New Year**

Do you know why the first day of September marks the beginning of the Church year? We are accustomed to think of January 1st as the beginning of the year. But the tradition of computing the start of a new year with autumn was common to the lands of the Bible and to all the lands around the Mediterranean. The summer harvest was at an end, the crops were stored, and people prepared for a new agricultural cycle. It was an appropriate time to begin a new year.

Just as the people in ancient times prepared every fall for a new cycle, here we are thousands of years later preparing each fall for our own new cycle as well, anxiously awaiting the harvest of a new school year or a new career and everything in between.

Summer has ended and we all know there is now fresh work to be done. Naturally the work of a school year or work year can seem daunting, and this is precisely why so many of the hymns for the first day of the Church year state that the coming

year is God's to give and God's to bless.

As one hymn states: "Bless, O Lord, the crown (that is, the beginning) of the year with Your goodness!" The goodness of the Lord is His love, mercy and grace, The Church's prayer is that the coming year will be a year of grace, a year blessed by God. Each year can and should be a year of grace, a year blessed by God.

We can also take courage in the fact that Christ Himself began his awe-inspiring work this time of year as well. According to Holy Tradition, Christ entered the synagogue on September 1 to announce His mission to mankind (Luke 4:16-22). Quoting Isaiah 61:1-2, the Savior proclaimed, "The spirit of the Lord is upon Me; because He has anointed Me to preach the gospel to the poor; He has sent Me to proclaim release to captives, and recovering of sight to the blind, to set at liberty those who are oppressed, to proclaim the acceptable year of the Lord..."

## September Schedule of Services

Sunday, Sept 6
13th Sunday of Matthew
9:00 Orthros 10:15 Liturgy

**Tuesday, September 8**Nativity of the Theotokos
Orthros and Liturgy 9:00 AM

Sunday, September 13
Sunday before the Holy Cross,
9:00 Orthros 10:15 Liturgy

Monday, September 14
Elevation of the Holy Cross,
Orthros and Liturgy 9:00 AM

Sunday, September 20 Sunday after the Holy Cross, 9:00 Orthros 10:15 Liturgy

Sunday, September 27
1st Sunday of Luke,
9:00 Orthros 10:15 Liturgy

So let us take this new year, this new season, cycle, or harvest to set out and accomplish all that we can. Let us learn all we can in school, let us take a renewed spirit with us to work, and most importantly let us also dig deep and invest ourselves in our Annunciation Cathedral. Let us volunteer in ways we might be able to help and have a positive impact. Let us ask what we can do to continue the legacy of this historic community in San Francisco.

May the Lord bless all of our efforts and bless this new year for each and every one of us. Amen!

### Pledged Stewards • 2023

If you've grown up in our church chances are you've heard the term stewardship and have some idea what it means. Typically, the first thought we have is that it means tithing or relates to our finances. I believe that is true but not the whole story. To me, good stewardship is carefully managing what God gave you to serve. Please look at our list and if you have not pledged for 2023, please take a moment and do so now. No Minimums, pledge

Aleck, Demetria Aleck, Patricia

Allen, Maria & Andrew Ambus, Anthony & Zetta

Ambus, Dr. Antonia

Ambus, Dr. George & Tessa

Arsinoos, Mariam Asimos, Chrisula

Athanasiades, Philip & Diala

Bagatelos, Karen Bagatelos, Margarita Bagatelos, Michael Bagatelos, Peter A. Banks, Bradley

Bardis, John & Kathleen Barlas, Constantine

Bazgan, George

Benevity Taptelis, Tom & Helen

Bissas, Maria

Boutiette, Mary Ann & Andrew

Bozionelos, Jim & Florika Cazanis, Katerina & Peter

Cheong, Bryan Cocoles, Jim & Luba Contos, Christopher

Costouros, Dr. & Mrs. John

Cruz, John

Curd, Vivian & John Dakis, Mrs. Elli

Davies, Ethel

Dekaristos, Evangelos Dekaristos, George & Niki Delis, Nicholas & Stephanie

Destein, Patricia

Dhawan, Anirudh & Brittany

Drogitis, Joanne

Economides, Nicholas & Janine

Efstratis, Jenny, Greg

Eliopoulos, Mr. John Eliopoulos, Louie

Elite, Dr. Anthony

Fanourgiakis, Mike & Mia

Fanourgiakis, Nick Farmas, Demitra Fkiaras, Evgenia

Fonti, George & Sophia Fotenos, Mr. James F. Fousekis, Mr. & Mrs. Vlasis and Kalliope

Fragakis, Charalambos & Marianthe

Franco, Mrs. Helen

Garibaldi, David & Kathie Garibaldi, Nicole & Michael

Gavallos, Victor D Gaynor, Paul

Gazulis, Theodore & Christine Georges, Alexander C. W. Georgiadis, John & Sophia

Glafkides, Mr. & Mrs. Constantine Grampsas, Bonnie

Haginicols, Leo & Tiffany Haralabopoulos, Peter Haralambopoulos,

Constantine & Eleftheria

Haras, Panagiota Hernandez, Mr. Jose & Sofia Kleftogionne Holloway, Vicki Eleni Kakos, Katherine Kallas, Mrs. Louise Kalligeros, George

Karas, Bill Karas, Chris Karas, Kathy

Karsant, Dr. & Mrs. Constantine

Kasolas, Michael & Stella

Kastoras, Athanasios & Niki

Katsanis. Gari

Kavalaris, James & Joanne

Kleinekorte, Mr. & Mrs. Richard

Kokalis, Despina Nick

Konstantinidis, Deno C. & Bella

Konstantinidis, Taia Kontonis, Mr. & Mrs. Nick Kosaris, Paul & Irene Kottas, Angelos Kouropoulos, Georgia

Koutoulas, Angelo & Victoria

Koutoulas, Dina Koutoulas, Panagiota Koutoulas, Pete & Voula

Kozak, Alexandros & Erin Peterson

Kratsas, John

Kyriacou, Mr. & Mrs. Chris Kyriacou, Rev. Stephen & Aliki Lampros, Mr. John & Magda Lawrence, Effie & Stephen

Leventis, Angie

Lyberopoulos, Bob & Lea

Makras, Effie Makras, Elaine Makras, Sophie Makras, Thalia

Manetas, Mr. & Mrs. Peter

Mares, Kathryn Markanton, Helen

Mastrokyriakos, Christos & Melisa Mastrokyriakos, Nikolaos & Anna

Mattis, Mr. & Mrs. George

Mavrakakis, Mary Mavroudis, Aglaia

Mavroudis, Tasso & Natalia

McKnight, Nektarios L.

Melitas, Irene

what you feel is appropriate for your family. See any Family members or friends? Help us Welcome them back!! In addition, take a moment to volunteer for our Greek Food Festival in September. Time and Talents is another important element of Stewardship. To me, good stewardship is carefully managing and giving what God gave you to serve.

Mellos, Faye & Michael Holland Misthos, Michael & Christina

Moniodis, Stamatios

Montgomery, Mr. and Mrs. Monte

Morales, Mrs. Helen Morales, Robert

Morearty, Margaret Fotinos

Moulas, Mrs. Vasiliki Moulas, Vicky A. Mouroufas, Tula Nager, Perri

Nashawati, Bashar & Roud Nicolacakis, Maria & Dean

Nicolas, Helen

Novo, Dustin & Chrisula Bissas

Nuris, Manoli Nuris, Matthew

Nuris, Thomas & Liberty Oliver, Christopher & Elena Ossipoff, Alexander & Lula

Panagiotopoulos, Anton & Sotiria

Panagiotopoulos, Magdalini Panagotacos, Dr. Peter Panomitros, John & Helen Pantages, Mr. & Mrs. Peter Papadakis, Spiros & Georgia

Papageorge, Mr. and Mrs. Petros & Nicole Papageorgiou, Dr. Sophia Papavasiliou, George & Lea Papingu, Robert & Alma

Pappis, Loula
Parashis, Marion
Patropulos, Joan
Pavlakos, Rose
Petrou, Janis G.

Pezo, Lester & Chrisoula

Piccinini, Pamela

Polyzos, Maria & Jason

Pope, Agalia Pope, Antoinette Poulakidas, Dean Poulakidas, Jennifer Poulakidas, Sakee & Irene

Poulos, Despina Rakos, Alexis 1 Rakos, Anastasia Rakos, Jim & Kelly Rakos, Nicholas Ramos, Christopher

Rangaves, Kay

Rangaves, Mr. & Mrs. George

Raptis, Evangelia Razis, Mrs. Harklia Roberts, Ms. Erica Roumeliotes, Valerie Sarikakis, Emilia

Sarikakis, Mr. & Mrs. Mike Serveta, Vasiliki (Vicky) Shatara, Nader & Sawsan

Shu Yeung & Kotsonis, Dr. Peter Simotas, Mr. & Mrs. Jerry

Siouris, Michele Y.

Skinas. Stavroula & Kosmas

Sogotis, Mrs. Rose Sogotis, Mr. & Mrs. Paul Spachis, Mike & Vicky Spiliotis, Despena & Paul Stamatopoulos, Anna

Stathopoulos, Mr. & Mrs. Marios Stephens, Mr. & Mrs. Peter C.

Svetcoff, Nicholas Tamaras, Joy

Tarlson, Mr. & Mrs. Nick G.

Thomas, Mr. James

Thompson, Stephanie & Jeffrey

Tonas, Basil & Mary Tostado, Daniel & Lea

Tsagaris, Eleni Tsagaris, Aphrodite Tsifouradis, Helen

Vafiadis, Mr. & Mrs. Konstantinos

Vafiadis, Mrs. Irene

Varanis, Nickolas & Lourdes Vardakastanis, Bobby & Katerina Vardakatsanis, Dimitri & Penelope

Vasilogiorgis, Foula

Vavuris, Mr. & Mrs. James & Maria

Vellis, Aris and Kathy Vellis, Costas & Meena Verreos, Adrienne Vlahos, George V. Vorrises, Angelo J.

Vorrises, Denis J. & Renee Vorrises, Louise & James

Vorrises, Marie & Lukehart, Ryan Vorrises, Mr. & Mrs. George

Vorrises, Stephanie Louise

Vriheas, Loula Wertz, Robert Yeilding, Denise Yeilding, Kevin York, Bessie Zarikos, Angie

Zarou, Andrew & Evangelia Zografos, Judi, Sam & Taso Zografos, Mrs. Evanthia

\*\*Please excuse me if there is an error with your name or omission. Please contact the Church office ASAP for us to make a correction and post in the next Herald.

Annunciation Cathedral is excited to continue the Elpida program for the 2023-2024 school year. Elpida is a community building ministry that teaches about the Orthodox Faith with hands-on and collaborative teaching methods. Elpida meets once a month, and hosts two multi-parish retreats for all neighboring Greek Orthodox churches. We are looking forward to kicking our year off on Sunday, September 10th following Holy Communion. We are also looking to add some teachers to our fun and energetic staff. No teaching experience is required, just a love of learning. Please contact Mia Fanourgiakis if you are interested in joining the Elpida staff at mia.fanourgiakis@ annunciation.org. Please also contact Mia for general registration information and overall questions regarding Elpida.











## Ministries

#### Men's Fellowship

Men's Fellowship – Save the Date: We will resume our monthly Men's Fellowship meetings on Thursday September 7<sup>th</sup> following a short break for the summer. The program consists of a social hour, a short prayer service in the chapel, and dinner followed by a spiritually centered discussion. These meetings provide a great opportunity for us to reconnect with our friends, our community, and our faith. Our last two meetings had over three dozen attendees including several men from neighboring parishes and even inquirers to Orthodox Christianity! The meetings are open to all men ages 18 and up. If you are interested in joining this new and growing ministry or would like to RSVP to attend our next event, please contact Jim Rakos at iim.rakos@annunciation.org.

#### **Parish Council Update**

Your Parish Council has been hard at Work resolving Maintenance issues from the past years. We are happy to report Much progress on these issues and thought you might like to know about our progress!!

- 1. Repaired a broken window above the Chapel. 10k
- Install 3 water pumps for the boiler and water heater due to leaking and unrepairable. 10K
- 3. New 300 gal water heater storage tank installed. This started to leak because of age. 8K
- 4. New Boiler installed. Old boiler was rusted and could not be fixed. 95K
- New Rollup door (Stevenson St) for the garbage pickup 10k
- 6. Install new floor in the Ketherian Room due to water damage 5k
- Update Cathedral Air-condition and circulated air fans through the building. Gym offices and Chapel. 10k
- 8. Install new "Dumb-Waiter" 14k broken for years. Paid by the Philoptochos
- Installed new grill in the kitchen 12k paid by the Philoptochos
- Cleaned out the basement disposed of unused items. 5k

Please Join OUR Parish Council as we Welcome all our Ministries back after a wonderful Summer Vacation!

Join us Sunday, September 10 as our coffee Hour hosts our ministries with informational tables! Walk around and learn about each and get involved!

Some of the tables you will see: Religious education, Choir, Philoptochos, Greek School, Dance, Sports, Men's Group, YAL, Stewardship, and more!!!

#### **Our Dance Program**

Annunciation's Award-Winning Dance Program Resumes Welcome to the 2023-2024 dance season! After an amazingly successful post-covid FDF, and a well-deserved break, the Cathedral's groups are ready to get back in action.

Dance Practice for Revmata, To Mellon, Rizes, and our 4-6 year old group (name in progress) will resume on **Sunday**, **August 20th** after church services. Spithes practice will resume the following Sunday on **August 27th**. We will start the dance year, as always, by getting ready for our Festival in September.

#### **OUR DANCERS**

**4-6 years old** – Our newest dance group directed by Evgenia Fkiaras, Taia Konstantinides, Alexis Rakos, and Anastasia Rakos.

**Rizes - (7-9 years old)** directed by Penny Vardakastanis, Giana Papavasiliou and Kallie Lyberopoulos.

To Mellon – elementary/middle school(10-12 years old) directed by Irene Kyriacou and Katerina Sarikakis.

Revmata, middle/high school(13-15 years old) directed by Katerina Sarikakis, Eleni Taptelis, Stelios Kyriacou, and Kosta Lyberopoulos.

Spithes, high school/college(16 years to Young Adult) directed by Irene Kyriacou, Lea Lyberopoulos, and Lea Papavasiliou.



#### **Philoptochos News**

#### Κοίμησις τῆς Θεοτόκου

On August 15<sup>th</sup> in celebration of the Dormition of the Theotokos, the Ladies Philoptochos hosted a light lunch attended by over 75 parishioners. It was a joyous occasion that united all who



attended in faith, devotion and reverence for the Virgin Mary. All proceeds collected supported our many Metropolis and National Philoptochos ministries.









## Greek Cookie

#### **Baking-Preparing for the Pastry Booth**

The Philoptochos ladies gathered to prepare and bake over 2100 koulourakia and 1200 kourambiethes. Using recipes handed down over generations, the ladies got to work mixing precise ingredients and baking at prescribed temperatures and times with an eye toward cookie color and adjusting along the way. Larry ensured that the kitchen was ready for use and Grace K made certain that the supplies had been ordered and delivered. Thank you to all our dedicated volunteers. Please sign up and help us man our pastry booth during the food festival Sept 15-17. If available, please contact Grace Koutoulas at 650-518-4657 or gmkoutoulas@yahoo.com

#### Calendar 2023-2024

The Annunciation Cathedral Ladies Philoptochos invites you to note its meeting dates and activities over the next few months.

September 10	Oath of Office for newly elected 2023-2025 Board members		
October 22	Board Meeting		
November 5	General Philoptochos Meeting – all members welcome		
December 14	Philoptochos Christmas Party/Lunch @ Nick's Rockaway in Pacifica		
January 14	Vasilopita		
January 26	Crab Feed		





As the 2024 academic school year has begun, The Annunciation Cathedral Philoptochos is asking for your help to continue and to expand our efforts to assist those in need.

Please join in giving to our adopted neighboring school with much needed essential supplies that students need. Collection Bins will be available in the church office and in the hall on Sunday's during coffee hour. The following items would be greatly appreciated.

- Polo shirts, navy blue or white sizes 5-14 (XS-XXL)
- Khaki pants or navy blue pants sizes 5-14 (XS-XXL)
- Khaki or navy blue skirts or jumpers sizes 5-14 (XS-XXL)
- Backpacks
- Markers (Bold) 10 count
- Crayons 24 count
- Spiral notebooks wide ruled
- Composition wide ruled notebooks
- 2-Pocket folders
- Smudge free erasers
- Glue sticks
- Pencil pouch (soft/ flexible)
- 11x14 Dry Erase Boards
- Small square shaped erasers
- Dry Erase Markers (fine tip)
- Scissors Blunt tip
- Pre-sharpened #2 pencils
- Pencil Sharpeners

Donations collection by September 25<sup>th</sup> to the Sanchez Elementary School Anyone interested in volunteering with this collection please email grace.koutoulas@annunciation.org

## Greek Heritage night at the Ballpark!

The United Hellenic American Societies (UHAS) in collaboration with the Major League Baseball (MLB) association and the San Francisco Giants hosted its annual Greek Heritage Night on Wed. July 26, 2023, at Oracle Park where the Oakland A's played SF Giants at Oracle Park in what is known as the Bay Bridge Series. Through UHAS, our community was represented by our very own 13-year old Aristea Taptelis who sang the National Anthem to the attending crowd. Soon after, our very own parishioner 6-year old Maria Fanourgiakis walked out to home plate and started the game with her announcement "PLAY BALL". During the game the SF Giants played Greek Music between innings, displayed Greek Sayings on their big screen message board, and there were Greek flags waving in the stands at Oracle Park.

To commemorate Greek heritage Night, the SF Giants worked closely with UHAS to design the first-ever EVZONE bobblehead doll that featured the SF Giants mascot "Lou Seal", representing the aquatic seal that calls the

SF bay their home. Nicknamed "Evzone Lou" and over 1,000 ticket holders who attended the game were able to claim this special gift. The design of the Greek Heritage bobblehead "Evzone Lou" required UHAS to work closely with the Greek Government who gave the final approval for its unique features before it could be manufactured.

"I received many calls from people who said they had a great time" said Taso Zografos President of UHAS. "It is so great for our Greek community to be recognized by the Major League Baseball Association and the SF Giants, and we look forward to doing this again next year."

The United Hellenic American Societies (UHAS) is a non-profit association that represents an estimated 300,000 Greek Americans living in California. The mission of UHAS is to promote, preserve, and protect Greek culture, heritage, and tradition and to advance Hellenism through strong community relations and by sponsoring cultural and educational events.



## Festival Donations

A great way to contribute to the success of the Greek Festival is to make a donation to help underwrite the ingredients we need to make the wonderful dishes we serve the community.

Here is a list of some of the items that we need donated. Of course we will accept any monetary or the actual food donation. If you would like to make a donation please call Dean Nicolacakis at 330.283.4986 or send an email to **dean.nicolacakis@annunciation.org** 

All donors will be published in the Herald, on social media and in the Commemorative Festival Album!

Thank you so much!! We couldn't do this without you!!

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Item	Approx Cost	Item	<b>Approx Cost</b>
☐ Greek Coffee	\$100	☐ Olive Oil	\$750
□ Metaxa	\$200	□ Decorations	\$750
□ Olives	\$200	□ Calamari	\$800
☐ Yogurt	\$200	☐ Bread	\$1000
□ Eggplant	\$250	□ Butter	\$1000
□ Potatoes	\$300	□ Pilafi	\$1000
□ Coffee	\$300	☐ Feta Cheese	\$1500
Cucumbers	\$400	☐ Cheese for Tiropites	\$1500
□ Walnuts	\$400	☐ Chicken	\$2000
□ Ouzo	\$400	□ Soda	\$2000
☐ Green Beans	\$500	□ Wine	\$2000
□ Pita	\$500	□ Beer	\$2000
☐ Flour	\$500	□ Lamb	\$4000
□ Tomatoes	\$600	☐ Paper Goods	\$6500
☐ Please apply towards pr	reparation of:	<u> </u>	<del></del>
All donations are fully tax-o	deductible to the extent pern	nitted by law.	
PLEASE MAKE CHECKS	PAYABLE TO: "Annunciation	n Cathedral"	
For Payment by Credit C	<u>ard</u>		
⊒ American Express	☐ Mastercard	□ Visa	
Card Number:			
Signature:		Exp Date:	

PLEASE NOTE THAT YOUR NAME WILL BE PLACED IN THE 2023 Commemorative Festival Album

Email: Adbook@annunciation.org

## 72nd SAN FRANCISCO Greek Food Festival "A JOURNEY OF GREEK CULTURE" TO TAKE PLACE SEPTEMBER 15-17, 2023.

We are very excited about and looking forward to our upcoming San Francisco Greek Food Festival, rebranded as "A Journey of Greek Culture," to take place September 15-17, 2023! The Food Festival will be three full days and will **open for lunch on Friday, September 15**, which is new this year.

The Food Festival is our biggest fundraiser of the year and a wonderful venue for all Greeks to come together, enjoy one-another's "parea" and share our amazing culture with the broader community.

The Food Festival's lineup of beloved homemade Greek food will have a new offering this year: fried calamari! A new "cafenio" setup will serve a variety of delicious Greek desserts and coffee; there will be Greek wine, beer and other drinks; and vendors will be on hand selling a selection of items. Traditional dance performances by awardwinning folk dance groups will grace the festival, and music will be provided by DJ Jukebox C, who plays both new and classic Greek tunes.



For the Food Festival to be a success, we need your support! These are ways you can help:

- Volunteer
- Donate
- Place an ad and message in the Commemorative Festival Album
- Purchase raffle tickets and/or contribute to prizes to give away
- Spread the word and attend the actual event

Visit sfgreekfestival.org for more information on how to get involved and support the festival.

Admission is free. Valet parking will be available.

#### **Dates and Times of Festival:**

Friday, September 15: Noon to 10pm Saturday, September 16: Noon to 10pm Sunday, September 17: Noon to 8pm

sfgreekfestival.org | (IG) @sfgreekfestival |(FB) SFGreekFestival

#### Help us market our Greek Food Festival

We're excited that our Greek Food Festival is just around the corner on September 15, 16 and 17. Our marketing team is busy at work spreading the word about our amazing event...and hopes YOU will, too! So when you're next in church, please pick up a few posters and postcards that are on the display board just outside of the chapel. Hand them out to your friends, neighbors, and work colleagues – and ask them to post on their store-fronts or within their businesses, too. Let's make this the best attended festival ever!









# Lots of Delightful Greek Pastries & Loukomades Stop by the Café Bar....remember

"Three cups of coffee a day keeps the doctor away!"

**Coffee** – καφέ – kafe **Greek Coffee** – ελληνικό καφέ – elliniko kafe **Frappe** – φραπέ – frappe







UNITED GREEK ORTHODOX COMMUNITY OF SAN FRANCISCO, THE ANNUNCIATION CATHEDRAL 245 VALENCIA STREET, SAN FRANCISCO, CA 94103-2320

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#### **Annunciation Greek Food Festival**

Volunteers needed! Come support our parish, we need your help! Sept  $15^{th}$ ,  $16^{th}$ ,  $17^{th}$ 

Bring your Kefi!

Festival Chair related question please contact deno.konstantinidis@annunciation.org grace.koutoulas@annunciation.org

Interested in volunteering
Please contact DENISE.YEILDING@ANNUNCIATION.ORG
415 310 5890

"Volunteerism is the voice of the people put into action.

These actions shape and mold the present into a future of which we can all be proud." – **Helen Dyer**