



ANNUNCIATION CATHEDRAL HERALD



245 VALENCIA STREET, SAN FRANCISCO, CA 94103 • 415 864-8000 • FAX 415 431-5860 • E-MAIL office@annunciation.org

MARCH 2011

WINNERS!

The February 27th Sunday bulletin noted: “Congratulations to *Ekrixi*, *Spithes*, and *Thisavri*. *Ekrixi* and *Spithes* each came in second at this year’s FDF, in the intermediate and primary categories, respectively. *Ekrixi* also received this year’s costume award in the intermediate category. (There are seven awards for each category: Costume Award, Choral Award, Founders Special Achievement Award, Fourth, Third, Second, and First Place Awards.) The competition is stiff, as one can well imagine. Judges look for content, execution, styling, authenticity, precision, just to name a few, not to mention *kefi*. While *Thisavri*, our youngest group, did not compete, they also received medals for their participation. The groups will present the medals today, following the Divine Liturgy.”

The custom of presenting FDF medals and awards in church is practiced in many communities. At the Cathedral, this practice has been in place since the start of the dance program, some 35 years ago. It serves to showcase the members of the group to the community. More importantly, though, it is an acknowledgement that all gifts, including the gift of achievement and the gift of excellence, come from God.

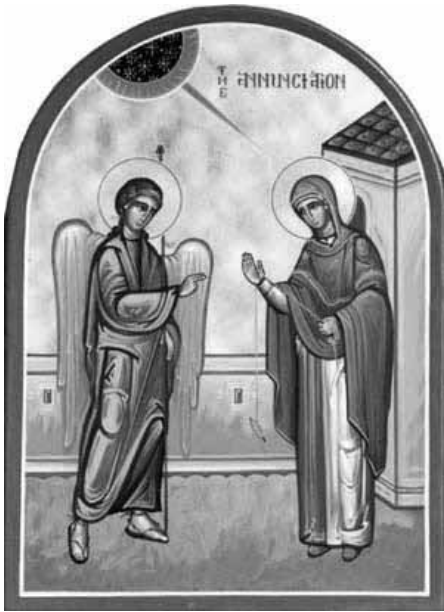
Needless to say, we are proud of our young people, as well as their parents and directors for shepherding them and for mentoring them in the ways of the Lord.



Members of the Cathedral’s Spithes dance group, shown with their directors and parents, sporting their medals at this year’s FDF awards banquet.



Members of the Cathedral’s Ekrixi dance group, shown with their directors and parents, sporting their medals at this year’s FDF awards banquet. Ekrixi also received costume award for the intermediate category.



Icon of the Annunciation.

The Archangel Gabriel, on the left, is depicted in swift motion, as if running to deliver the message from God. Notice, he bears the staff of a messenger. The word “angel,” in fact, means messenger. The Theotokos (lit. “God-bearer”) on the right here is shown standing on a pedestal of honor. She is the focus of the icon. Tradition has it that she was at work when the archangel appeared. Often, she is depicted in the process of spinning yarn. She is referred to as the ladder which bridges earth and heaven (taken from the image of Jacob’s ladder, from the book of Genesis). She is also honored for her virginity, before and after giving birth to Christ, hence, *aeiparthenos*, or “ever-virgin.” Finally, she is likened to the burning bush, which was aflame because God appeared through it, though it was not consumed. The scriptural readings of Genesis, Ezekiel and Exodus, read at the Great Vespers, give rise to these images of her who is commemorated as “more honored than the Cherubim and more glorious beyond compare than the Seraphim.”

MARCH, MONTH OF GOOD NEWS

The month of March is, as we noted in our Sunday bulletins, a month of good news. On March 25th, we celebrate the great feast of the Annunciation, while, earlier, on Monday, March 7, we embark upon the journey of Great Lent, in preparation for the central event of our salvation...the Crucifixion-Death, Burial and Resurrection of our Lord God and Savior Jesus Christ.

Accordingly, March is a busy month., especially in terms of religious services. Please note the following dates:

- | | |
|---------------------------------------|--|
| Saturday, March 5 | Saturday of Souls, Liturgy at Cemetery Chapel, 10 a.m. |
| Sunday, March 6 | Cheese-Fare Sunday; Forgiveness Vespers, Ascension Cathedral, Oakland, 7 p.m. |
| Monday, March 7 | The Great Lent Begins (Pascha will be celebrated on April 24) |
| Wednesday, March 9 | Presanctified Divine Liturgy, 10 a.m. |
| Friday, March 11 | First Salutations, 7 p.m. |
| Saturday, March 12 | Saturday of Souls, Liturgy at Cathedral Chapel, 10 a.m. |
| Sunday, March 13 | First Sunday of Lent: Sunday of Orthodoxy |
| Wednesday, March 16 | Presanctified Divine Liturgy, 10 a.m. |
| Friday, March 18 | Second Salutations, 7 p.m. |
| Friday, March 18-
Sunday, March 20 | Bay Area GOYA Lenten Retreat at Redwood Glen in Loma Mar. Contact frsotiras@goholycross.org to register. GOYAns may participate Friday and Saturday, but must attend services and Sunday School at the Cathedral on Sunday, March 20, Second Sunday of Lent. Oratorical Festival following Liturgy. |
| Sunday, March 20 | Cathedral parish Oratorical Festival. Students of the Cathedral’s Sunday School will participate. This will be followed by a program offered by the students of the Cathedral’s Greek School, on the occasion of the feast of the Annunciation and the anniversary of Greek Independence. |
| Thursday, March 24 | Annunciation Great Vespers, 7 p.m. |
| Friday, March 25 | Annunciation: Orthros 9 a.m., Liturgy 10 a.m. with Metropolitan Nikitas. Metropolitan Gerasimos will preside over the third Salutations, the evening of March 25 th , at 7 p.m. The services will be followed by the Cathedral’s Young Adult 2 nd Anniversary dinner. It will take place in the Kytherian Room. Please contact Deacon Niko, deacon@annunciation.org , for additional information. |

Saturday, March 26 Concert by Cappella Romana, Cathedral Chapel, 7 p.m. Please see the flier elsewhere in the present issue of the *Herald*. The concert is made possible through a generous grant by Stanford University and the Elios Society.

Sunday, March 27 Third Sunday of Lent: Veneration of the Holy Cross. Doxology by Metropolitan Gerasimos following Liturgy. The Greek Cultural Parade will take place in San Francisco that afternoon, beginning at 3 p.m.

CAPITAL CAMPAIGN... WHAT'S HAPPENING?

As everyone at the Annunciation Cathedral knows, a Capital Campaign to raise money to build the Cathedral church is quietly getting off the ground. In preparation for this, **Father Anthony Scott** of Stewardship Advocates, who is helping us coordinate the Campaign, has written in the November and December issues of the *Herald*. Upon his recommendation, articles will appear from time to time, written by individuals who have given to the Campaign, or who are otherwise involved in the Campaign. One of these individuals is **Alex Moulinos**, whose article on giving appeared in the February *Herald*. As noted in that issue, two additional articles will follow, one in the March issue and one in the April issue, written by **Tom Papageorge** and **Tom Nuris**, respectively. Both Toms are co-chairs of the Capital Campaign Committee. In addition to serving on the committee, members also lead by example. This includes members of the Parish Council, and also the Cathedral Philoptochos President, who serves on the Capital Campaign Committee. All have made their pledge to the Capital Campaign, and all will do what they can to see to it that our dream of building the Cathedral church, to the glory of God, becomes a reality.

TOM PAPAGEORGE: THE FOUNDATION OF FAITH

When I was asked to be on the Capital Campaign Committee last year to help raise money build the New Annunciation Cathedral, I was first very honored and at the same time not quite sure what I could do to actually get the Church construction started and see the dream completed.

Over the past few months as the Committee has been meeting to find its Campaign legs I stand daily inspired by the Spiritual Leadership of Father Anthony Scott and Father Stephen Kyriacou who each and every month through their untiring commitment, we are able to witness their true faith their belief and the importance of the continuance in the Greek Orthodox Message.

Each and every month our committee is reminded of this as we sit in meetings and discuss openly the options before us. Through this inspiration I know some day the new Cathedral will be built and will be built with the inspiration and love it deserves.

As a lifetime Bay Area Greek-American I am reminded how important the Annunciation Cathedral is not only to me and my family, but to many families just like me. I was a child in the 1950's and 1960's and Annunciation was my first Church I attended Sunday school in. Even though I do not remember the names of many of my classmates nor teachers I do remember many small inspirational incidents that formed the Foundation of my Faith.

It is the forming of this very Foundation that drives something eternally and internally within myself to see the Cathedral built. I would like to share a personal inspirational true story that helped form my faith in those early years at the Annunciation.

One that comes to mind this past week probably because we have had reports of Bay Area Snow is the following...

I remember a day in January 1962 I was 9 years old and one Saturday evening my Father, who worked six days a week 12 hours a days came home and as we sat to have dinner he said us all (to me and my 4 other brothers and sisters) "Tomorrow we will go to Church even if it snows."

I remember looking up at him and almost laughing and knowing it never snows and can't snow in San Francisco and most likely tomorrow it would be one of those Sundays we would not go and I would watch Football instead.

Sure enough, that morning I woke up looked outside (look it up on Google January 21st 1962). It snowed.! All of Westlake/ Daly City were blanketed in white snow. I ran outside excited using socks for gloves and started to play!

Until my Father called out "get inside get dressed we are going to church" (all in Greek which really

continued on next page

continued from previous page

meant what he was saying). After trying to negotiate to stay home we were dressed, driving down Alemany Boulevard, down San Jose Ave toward Valencia Street. And, as we were driving, I was mad and mood, watching all the people kids young and old playing outside.... and here we were going to church.

We got to church, parked in the middle of Valencia Street and climbed the many marble steps and found our way to our spot in the in the old pews of the old church and we sat down. Still mad and moody I wanted to be at home. as time went on I could not but help hear the Father John, the *Psalti* and some parishioners chanting together and, as my parents joined in, it was at that very moment my moodiness stopped. I will never forget it. Looking at my father and mother (Petros & Fotini) I had the understanding that going to church, keeping your word and having a committed faith and love for God was greater than anything else in life and as church went on I saw my father's and mother's silhouette, which started to glow from the light in the back drop of

the old stained icon glass windows, as the sun was starting to break through. (My parents are both passed now but as I walk to get *antidhoro* on Sunday's I touch that same glass stained window and remember them in prayer and that snowy Sunday).

As church continued, I will never forget the feeling of thankfulness that came from me at that moment and my thinking of the snow I was missing playing in started to fade and the fact we chose to go to church that Sunday morning was far greater than playing in the "once in a lifetime" Westlake/Daly City snow.

I wanted to share this story because as I look back I realize this was a big part of the foundation of my faith and through the caring of that faith I would learn to know how to nurture and raise my own family some day.

That someday happened... I was and am blessed with my beautiful wife of 33 years Joanna two great sons, Christos and Petros, and his new wife and our daughter-in-law Nicole .

We have been blessed with a wonderful business great friends, great family, great *koumbaroi* and wonderful

Godchildren.

Now nearly 50 years later, my family and I are inspired to give back to our precious Annunciation not only I but my wife who too was a child in the Cathedral inspired by her parents Christos and Dorothea Giotinis.

We realize together that this church has openly blessed us through the many years and we as Greek Orthodox Christians know it is time for more spiritual and sacrificial awakenings of giving to happen.

I ask all of you to remember a moment of your own past Foundational Faith forming years and you too find within your hearts something even if just a story to share and give back to the Annunciation. This Church has been patient with all of us for a long long, long time.

We must build our new church so that, some day, some little boy or girl, too, can look at his or her parents one random Sunday and be inspired by their actions and unsaid unconditional love of their faith and commitment to Jesus Christ

FREQUENTLY ASKED QUESTIONS CONCERNING THE ANNUNCIATION CATHEDRAL BUILDING CAMPAIGN

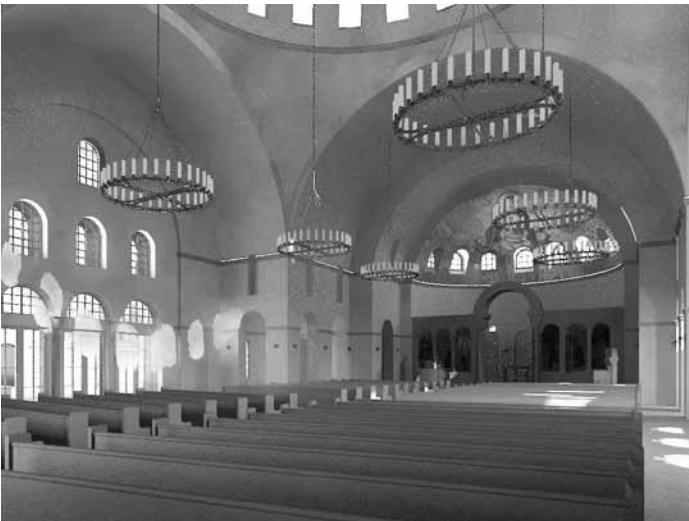
As has been noted, the Annunciation Cathedral is beginning its Capital Campaign. The Capital Campaign Committee has, so far, organized a number of events open to the community. Events like Parish Assemblies and, more notably, the reception given by Metropolitan Gerasimos (with many more events to follow) have as part of their purpose the dissemination of information and the answering of questions.

The Committee has developed a list of sixteen (16) such questions, which are either anticipated or are, or have been, asked by various parishioners and friends of the Cathedral. At the same time, it has provided answers to these questions. Each month, two questions and answers

will appear in the monthly *Herald*. The Cathedral has also posted these to its web site, www.annunciation.org and, for the benefit of Greek-speaking members, has printed out the questions and answers in Greek. Below are questions #3 and #4, and the answers to them (#1 and #2 appeared in the February *Herald*). Please read through them and, should you require any additional information, please contact us, at 415 864-8000. Thank you.

3. Why not remodel the existing Bishop Anthony Hall and Chapel?

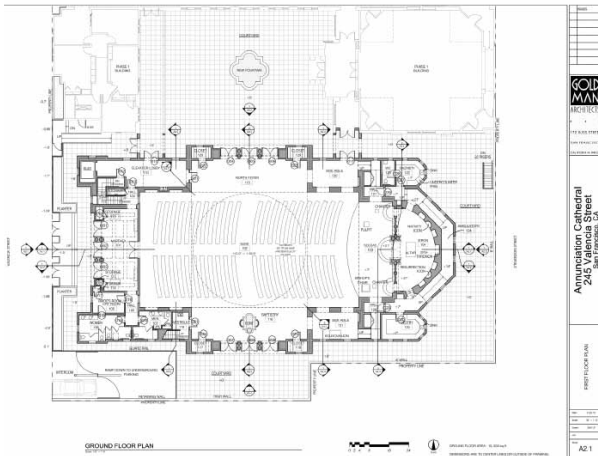
First, the "chapel" was not designed as a permanent church; it was designed as a hall, to accommodate smaller



Interior view: looking east toward the altar



Exterior view from the courtyard



Floor plan of the Cathedral with a level of parking below



Exterior view, looking east from Valencia Street

receptions. The intention was to utilize the hall as a temporary place of worship until the church could be built. This was always part of the master plan, as shown in the model, which was executed in 1992 and which the Parish Assembly adopted at that time, i.e. a building program to be conducted in two phases, first the ancillary facilities, and, secondly, the Cathedral church. The cost of demolition of the hall/chapel and rebuilding a slightly larger church (which was considered) does not make sense, financially, since the cost of building the existing chapel alone, in 2010 dollars, is about \$2 million. Secondly, the chapel was not designed for expansion. Therefore, this is not an option. Even if it were, increasing the transept in a westerly direction would take up the entire courtyard, while doing so in a southern direction would take up one-third the present parking.

4. What are we doing about parking?

As reported to the Parish Assembly on September 12, 2010, which adopted the plan to proceed with the rebuilding of the new Cathedral, the proposed new Cathedral will have one level of below grade parking. This parking level will extend to the area under the present courtyard, affording slightly more parking than the Cathedral has currently. As future needs determine, the acquisition of additional parking to meet future needs will constitute Phase III of the Cathedral's building program. For the time being, additional parking needs will be met by utilizing attended/valet parking services.

In the April *Herald* we will feature two more frequently asked questions and responses. The questions will be: **5. Why have you chosen the present plan?** and **6. How much will the project cost?**

OFFICIAL: PARISH ASSEMBLY SUNDAY APRIL 3

Members of the Cathedral, who are in good standing, are invited to participate in the Cathedral's first Parish Assembly for 2011. The Assembly will be convened following the Divine Liturgy. The Assembly is scheduled to last about an hour. The agenda for the meeting is as follows:

- Opening Prayer
- 1. Election of Assembly Chair
- 2. Secretary's Report: Minutes of October 17, 2010
- 3. Treasurer's Report
- 4. Stewardship Report
- 5. Youth Report
- 6. Parish Committees/Parish Life Report
- 7. Report of Board of Auditors
- 8. Phase II
 - a. Architectural Plans/Permit Progress
 - b. Capital Campaign
- 9. Election of Nominating Committee for

- Parish Council Elections (Elections to be held Sunday, December 11, 2011)
- 10. Election of representatives to Metropolis Clergy-Laity (To be convened at St. Nicholas Ranch and Retreat Center May 2-3, 2011)
- 11. Old Business
- 12. New Business
- Closing Prayer

Please note: "members" of the Cathedral are those who are contributing stewards of the parish, and who are current with respect to their financial support of the parish. "In good standing" means adherence to the tenets of the Orthodox Faith. Both are defined more fully in the Regulations of the Greek Orthodox Archdiocese of America (2005), Article 18, pages 33-34.

A quorum for the purposes of enacting business is either 12 members of the Parish Council, 12 other parishioners in good standing, and the Dean of the Cathedral or, if there are fewer than 12 members of the Parish Council present, a total of 75 parishioners, plus the Dean of the Cathedral.



Annunciation Cathedral Philoptochos Easter Bake – 2011

No. of Orders Total Orders

Easter Bread @ \$12.00 each _____ _____

Koulourakia @ \$7.00 per Doz. _____ _____

Red Colored Eggs @ \$5.00 per Doz. _____ _____

TOTAL \$ _____

NAME _____

TEL NO. _____

Your order will be ready to be picked up on Holy Friday, April 22 (10:00 a.m. to 3:00 p.m. only) & Holy Saturday, April 23 (10:00 a.m. to 12:00 noon only)

Please return completed form to the Philoptochos Office at the Cathedral. Please Enclose payment with your order. All orders are prepaid:

DEADLINE TO PLACE ORDER IS SUNDAY, April 17, 2011

--PLACE YOUR
ORDER NOW--
PLEASE COMPLETE
THE FOLLOWING
AND MAIL IT TO:
ANNUNCIATION
CATHEDRAL
PHILOPTOCHOS
245 VALENCIA STREET,
SAN FRANCISCO, CA 94103
PLEASE MAKE CHECKS
PAYABLE TO:
ANNUNCIATION
CATHEDRAL
PHILOPTOCHOS

CAPPELLA ROMANA

ALEXANDER LINGAS ARTISTIC DIRECTOR



20TH ANNIVERSARY CONCERT

HAIL, HEAVENLY LADDER! XAIPE, KAIMAE EPIOYPANIE!

Music from the Byzantine Tradition for Annunciation & Holy Week

Cappella Romana's debut concert in 1991 in San Francisco benefited the Greek Orthodox Cathedral following the Loma Prieta earthquake. The ensemble returns with music by Frank Desby, Theodore Bogdanos, Steve Cardiasmenos & Tikey Zes, Kassiane & Gazes, Nikolaos Mantzaros & Mihalis Adamis, & Fr. Ivan Moody

7:00 PM, SAT., MARCH 26

Greek Orthodox Cathedral of the Annunciation 245 Valencia St., San Francisco.

All donations to support Cathedral Building Fund

Reservations: 800-494-8497 cappellaromana.org



AN EVENT OF HELLENIC CULTURAL WEEK 2011



Grand Benefactor:



THE ELIOS SOCIETY
A Company of Friends for Hellenic Heritage

With support from:

The Greek Orthodox Metropolis of San Francisco,
Greek Orthodox Cathedral of the Annunciation and
its chapter of Philoptochos, Theodore and Evangelia
Lalotis, and Mark and Bridget Kathleen Powell

**MUSIC
AT STANFORD**

HEORMA

Center for Computer Research in Music & Acoustics

Media

sponsors:

The Hellenic Journal

HELLENIC FEDERATION OF
NORTHERN CALIFORNIA

PHILOPTOCHOS CALENDAR OF EVENTS

Please make a note of the following Philoptochos activities, through May, 2011:

Thursday, March 10	1:00 p.m.	General Meeting
Friday, March 25	12:00 noon	Annunciation Luncheon
Thursday, April 14	1:00 p.m.	General Meeting
Holy Week: Baking of Paschal Breads, Dying of eggs		
Sunday, April 24		Holy Pascha
Saturday, May 7	11:00 a.m.	Mother's Day Luncheon
Thursday, May 19	1:00 p.m.	Elections for 2011-13 term

THE IMPORTANCE OF COMMUNITY LINK

One of the greatest programs offered by the Cathedral is the one which is called Community Link. We call it "one of the greatest" because it is at the heart of what we are about, as the Church of Christ: linking ourselves, in the community of the Church, to Christ, and to one another. Members of Community Link simply go out and visit hospitalized, institutionalized, home-bound, or otherwise incapacitated Orthodox Christians. By visiting, they are helping share God's love. They are, in fact, declaring, "we care for you...we miss you...we love you...you are in our thoughts and prayers." Community Link supplements the work that the clergy perform when they go out and distribute Holy Communion to these individuals. We cannot tell you how thankful we are for Community Link and for the vital ministry it offers. Consider "linking" yourself to this ministry. Communicate with **Caroline Pappajohn**, who has headed the program since its inception. Her contact information is, carolinepappajohn@gmail.com

Community Link will meet next on Saturday, March

19, beginning at 9am. Please join us as we visit homebound parishioners (most of whom rarely receive visitors) and tell them we care. Just seeing them light up when they see people from the Church makes it all worthwhile. Just think: with a brief visit to them, they receive comfort and hope and, above all, reassurance of God's love. We invite you to join us.

Dates for Community Link this year:

March 19

April 16 (note: this is Lazarus Saturday, so Community Link will take place after Divine Liturgy)

May 21 (Sts. Constantine and Helen feast day)

June 18

July 16

August 20

September 17

October 15

November 19

December 17



FOCUS ON YOUTH

Youth News- March 2011

February was another busy month for our youth with wonderful ministries and activities! First and foremost, the last 35 years, February has always been FDF month, which always finds our young people practicing hard to perform their best at FDF. This year, the Cathedral sent three dance groups- *Thisavri*, *Spithes*, and *Ekrix*. *Thisavri*, our youngest group, went to FDF for their first time and performed in Division III (non-competitive) category. *Spithes*, directed by **Irene Kyriacou**, **Lea Lyberopoulos**, and **Lea Papavasiliou** (who also directed

Thisavri) was made of dancers ages 5-11 and competed in Primary category, their first year competing! Finally, *Ekrix* was directed by **Michael Garibaldi** and **Nicole Georgiou**, and was made up of dancers in junior high and high school.

We are very proud to announce that both *Spithes* and *Ekrix* won second place in their respective categories! All our groups are always winners for their hard work and dedication, and this year it was very nice to see their hard work and dedication rewarded by the FDF judges, as well. We congratulate all our groups for their hard work and dedication to this wonderful celebration of our culture and faith!

Kai tou chronou!

Because of the immense commitment required for dance practices and performances, **JOY** and **GOYA** were not formally held for the month of February and will resume next month. Our **JOY** group will resume March 8 at the **Sogotis** home.

Our Cathedral **Young Adult group** held its February dinner this month at the Bull's Head Restaurant in West Portal, where our young adult group enjoyed delicious burgers and steaks. Thanks to all who attended last month's dinner and attend each month!

As of March 2011, the Cathedral **Young Adult group** will have been holding a dinner somewhere in the City

each month for the last two years. As such, our young adults will be holding a special dinner on March 25 of this month to celebrate this milestone. Following the service of Salutations to the Theotokos at 7 pm that evening, our young adults, as well as young adults from other groups from the Bay Area, will be holding a catered dinner in the Kytherian Room! If you or another young adult would like to attend this event, please RSVP with **Maria Orogas** by March 14.

For more information on any of our youth ministries, please contact **Deacon Niko Bekris** at deacon@annunciation.org.

SUNDAY SCHOOL KORNER

March is a busy month for our Sunday School classes. It is a great time to bring your children/grandchildren to classes for Lenten lessons and much more.

March 6 th	Forgiveness Sunday
March 7 th	Beginning of Lent
March 13 th	Sunday of Orthodoxy ***Children should bring an icon from home to participate in the procession at the end of the Liturgy.
March 20 th	Annunciation Oratorical Festival ***Students in the upper grades (5 th – High School) give prepared speeches as outlined by the Archdiocese. There is opportunity for students to go on to participate in Metropolis competition.
March 27 th	Sunday of the Holy Cross ***Sunday School will participate in the procession of Crosses at the end of Liturgy.

The beginning of April we will sign up girls for Angels during Holy Week.

I am asked frequently during lent about fasting, so I have taken an excerpt from the archdiocese website to help answer common questions:

The Great Lent begins Monday after Sunday of Cheese, the fifth week before Holy Week, and lasts through Saturday of Lazarus, and continues through Holy Week. Abstinence from meat, fish and dairy products is observed, except

on Palm Sunday and the Annunciation, March 25, when fish may be eaten. On Saturday and Sunday of Lent, wine, oil and shellfish may be eaten. This selection of foods is applied to the other fast periods, below, except when indicated otherwise.

Children should be instructed (both at home and in Sunday School) as to the purpose and meaning of church observances such as the procedures of fasting. Children should be taught the ideals of abstention from foods and from iniquities and their relationship to prayer, alms-giving, self-control and love. Children of sound health should fast. The main purpose of children fasting is to make them aware that fasting is a dedication and pledge to obey the principles of faith in Christ. Infants are not required to fast. However, the feeding of infants should take place at least two or three hours before Holy Communion.

The Archdiocese website, www.goarch.org, is a great wealth of information for families.

Join the Orthodox Christian Religious Educators group on Facebook. Post a question and join the online conversation with clergy, Sunday Church school teachers, and other people interested in handing forward the Orthodox Faith.

Denise Yeilding, Sunday School Principal, and the teachers of the Cathedral's Sunday School look forward to seeing our many families participate in our many programs over the next two months. This is a wonderful time of year. Thank you for your support.

Sunday School is happy to announce that, beginning June 2011, it will be offering a Scholarship to a college stu-

continued on next page

continued from previous page

dent in memory of Andrew and Effrosine Vellis. Mr. & Mrs. Vellis were instrumental in keeping our community together during our transition years and beyond. Their determination to take on our coffee hour & Sunday School kept Annunciation strong. Every week Mr. Vellis made our coffee and Mrs. Vellis not only taught second grade for more than 40 years, but for many years she kept the bank accounts and headed up the fundraising for Sunday School. If you grew up at Annunciation Cathedral, chances are you had Mrs. Vellis teach you, and possibly even your children. We are at the half way point in raising money for this Memorial Scholarship fund. Please consider a donation in their memory. Our goal is to raise all the funds needed by June 2011. Please complete the form below, and bring it or mail it to the Annunciation Cathedral, 245 Valencia Street, San Francisco, CA 94103, and mark it: Andrew and Efrosine Vellis Memorial Scholarship. Checks may be made out to: Annunaiiton Catheral. Please note on the check: Vellis Scholarship. Thank you.

Donation to the Andrew and Efrosine Vellis Memorial Scholarship

I am happy to donate _____ in honor of Andrew and Efrosine Vellis .

Name: _____

Address: _____

The monies donated will fund a scholarship to be awarded annually to a college student from Annunciation Cathedral who attended Sunday School.

May their memory be eternal.

Please note the Sunday School schedule for the remainder of the 2010-2011 school year:

- 3/6 Regular classes (Oratorical preparation for upper school)
- 3/13 Regular classes (Oratorical preparation for upper school continues)
Please note: Beginning of Daylight Savings Time: spring forward
- 3/20 Regular classes (Oratorical Festival for Annunciation Cathedral students)
- 3/27 Regular classes (lesson about the Annunciation)
- 4/3 Regular classes (Angel sign-up for Holy Week)
- 4/10 Regular classes (Angel sign-up continues)
Deadline for applications for Vellis Scholarship
- 4/16 Saturday of Lazaros; all youth participate in palm tying
- 4/17 Palm Sunday (Class photos will be taken.)
- 4/21 Volunteers gather for TGI Pascha set-up, 6 p.m. (end by 9 p.m.)
- 4/22 Holy and Great Friday: TGI Pascha, 9 a.m. – 2 p.m.
- 4/24 Pascha. No Sunday School.
- 5/1 Regular classes held.
- 5/8 Regular classes held (Mother's Day)
- 5/15 Regular classes held
- 5/22 Regular Classes held
- 5/29 Memorial Day Weekend. No Sunday School.
- TBA Sunday School Graduation ceremony and luncheon
Awarding of first annual Vellis Memorial Scholarship



PRAYER AFTER MEALS

We thank you, O Christ
our God, that you have
satisfied us with your earthly
gifts; deprive us not of
your heavenly kingdom,
but as you came among
your disciples, O Savior,
and gave them peace,
come to us and save us.

Blessed is our God who
nourishes us and shows
mercy to us with his
abundant gifts, through
his divine grace and love
for mankind. Amen.

JUNIOR VARSITY BASKETBALL ENDS WITH PLAYOFFS MARCH 5 AND CHAMPIONSHIP GAMES ON MARCH 6. SENIOR VARSITY BASKETBALL FOLLOWS

Junior Varsity basketball playoffs will take place on Saturday, March 5. (The place to be announced.) The championship games will be played at the Annunciation Cathedral on Sunday, March 6. Senior Varsity (High School and Adults, Men and Women) Basketball will begin practicing immediately thereafter. Please see **Michael Canellos** to sign up for senior varsity basketball. Players and coaches are expected to be members in good standing of the Annunciation Cathedral, in accordance with OYAA rules and parish policy. "In good standing," as generally defined in the Archdiocese Regulations, includes worshipping regularly, living according to the precepts of the Greek Orthodox Faith, and pledging to support the work of the Church by means of stewardship.



WOULD YOU BE INTERESTED IN GOING TO GREECE FOR SUMMER CAMP?

This year, in addition to the well-known and popular Ionian Village summer camp program for youth ages 13-18, two new programs have been added: *Journey to Pascha*, open to adults, families, and young adults ages 19 and over, and the highly anticipated return of *Spiritual Odyssey*, for young adults ages 19-28. Registration for all programs is now open and can be completed online at www.ionianvillage.org. Please note the Ionian Village web site also contains detailed information for youth leaders, parents, campers, and staff applications.

SAVE THE DATE: THE MODERN GREEK STUDIES FOUNDATION AND THE CENTER FOR MODERN GREEK STUDIES INVITE YOU TO A LECTURE BY PHIL ANGELIDES

The lecture will take place on Sunday, March 6 at the Ascension Cathedral, Oakland. Phil is former California State Treasurer and currently serves as chairman of the Financial Crisis Inquiry Committee. The topic of his talk will be "The Economic Crisis." It is part of the Senator Nicholas Petris Lecture Series.

Services & Sacraments At The Cathedral

BAPTISM

The daughter of **Peter** and **Katerina Cazanis** was baptized at the Cathedral on February 26, and was given the name **Iliana** by her Godparent, **P J** and **Vicky Bourdaniotis**.

Na Mas Zisi! (Long Life!)



FUNERALS

Leonidas Nicholas Priest, who fell asleep in the Lord on January 11, was buried on January 28. He is survived by his mother, **Katina Priest**, his sister, and her two children.

Maria Papadopoulos, who fell asleep in the Lord on January 28, was buried on February 5. She is survived by her daughter, **Barbara Papadopoulos Smith**, and her family.

Antonios (Tony) Tsatsaronis, who fell asleep in the Lord on February 8, was buried on February 11. He is survived by his wife, **Kathleen (Kathy) Trewin**, a brother and several nieces and nephews.

*Aionia I Mnimi!
(Eternal Memory!)*



M A R C H C A L E N D A R

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		Dance practice, 7 p.m. to 9:30 p.m.	Open Gym, 7 p.m. to 9:30 p.m.	Basketball practice, 7 p.m.		Saturday of Souls, Liturgy at Cemetery Chapel, 10 a.m. JV Basketball Playoffs Greek School, 10 a.m. Eritrean School, noon to 2 p.m.
6	7	8	9	10	11	12
Orthros 9 a.m., Divine Liturgy 10:30 a.m. Class on Orthodoxy 9 a.m. Sunday School 10:30 a.m. Dance practice 12-1 p.m. Cheese Fare. Basketball Championship Games at Annunciation, 2 p.m. Forgiveness Vespers, Ascension, 7 p.m.	Great Lent Begins	Dance practice, 7 p.m. to 9:30 p.m.	Presanctified Liturgy, 10 a.m. Open Gym, 7 p.m. to 9:30 p.m.	Philoptochos Meeting, 1 p.m. Basketball practice, 7 p.m.	First Salutations, 7 p.m.	Saturday of Souls, Liturgy at Cemetery Chapel, 10 a.m. Greek School, 10 a.m. Eritrean School, noon to 2 p.m.
13	14	15	16	17	18	19
Orthros 9 a.m., Divine Liturgy 10:30 a.m. Class on Orthodoxy 9 a.m. Sunday School 10:30 a.m. Dance practice 12-1 p.m. First Sunday of Lent: Sunday of Orthodoxy		Dance practice, 7 p.m. to 9:30 p.m.	Presanctified Liturgy, 10 a.m., Capital Campaign Committee, 6:00 p.m., Parish Council, 7:30 p.m. Open Gym, 7 p.m. to 9:30 p.m.	Basketball practice, 7 p.m.	Second Salutations, 7 p.m.	Saturday of Souls, Liturgy at Cathedral Chapel, 10 a.m. Community Link, 9 a.m., Historical Society, 10 a.m. Greek School, 10 a.m. Eritrean School, noon to 2 p.m.
20	21	22	23	24	25	26
Orthros 9 a.m., Divine Liturgy 10:30 a.m. Class on Orthodoxy 9 a.m. Sunday School 10:30 a.m. Dance practice 12-1 p.m. Cathedral parish Oratorical Festival, Greek School Program		Dance practice, 7 p.m. to 9:30 p.m.	Open Gym, 7 p.m. to 9:30 p.m.	Annunciation Vespers, 7 p.m.	Annunciation, Orthros at 9 a.m., Liturgy at 10:15 a.m. Third Salutations, 7 p.m., followed by Young Adult Dinner	Greek School, 10 a.m. Eritrean School, noon to 2 p.m. Concert by Cappella Romana, Cathedral Chapel, 7 p.m.
27	28	29	30	31		
Orthros 9 a.m., Divine Liturgy 10:30 a.m. Class on Orthodoxy 9 a.m. Sunday School 10:30 a.m. Dance practice 12-1 p.m. Sunday of the Holy Cross, Metropolitan Gerasimos Presiding, Greek Parade, 3 p.m.		Dance practice, 7 p.m. to 9:30 p.m.	Open Gym, 7 p.m. to 9:30 p.m.	Basketball practice, 7 p.m.		

ΓΕΝΙΚΗ ΣΥΝΕΛΕΥΣΗ ΣΤΙΣ 18 ΑΠΡΙΛΙΟΥ

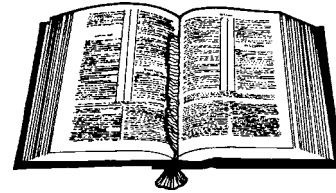
Καλούνται τα μέλη του Καθεδρικού Ναού όπως παρευρεθούν και λάβουν μέρος εις την πρώτη συνέλευση των μελών την Κυριακή 3 Απριλίου μετά από τη Θεία Λειτουργία. Τα θέματα συζητήσεως, αφού πρώτα γίνει προσευχή και εκλεγεί ο πρόεδρος της συνελεύσεως είναι:

- Τα πρακτικά της Γενικής Συνελεύσεως της 17ης Οκτωβρίου, 2010
- Οικονομικός υπολογισμός ταμίου
- Αναφορά επιτροπής stewardship
- Αναφορά επιτροπής νεολαίας
- Αναφορές διαφόρων επιτροπών κοινοτικής ζωής και δράσης
- Δεύτερη φάση της οικοδομής ναού
- Κληρικο-λαϊκής Συνελεύσεως της Μητροπόλεως, 2-3 Μαΐου
- Εκλογή ονομαστικής επιτροπής (κοινοτικές εκλογές 11 Δεκεμβρίου)
- Παλαιά θέματα, νέα θέματα, και προσευχή

ΣΥΝΑΥΛΙΑ ΚΑΠΕΛΛΑ ΡΟΜΑΝΑ ΣΤΙΣ 26 ΜΑΡΤΙΟΥ

Σε άλλο μέρος του παρόντος δελτίου θα μπορούσατε να ενημερωθείτε περισσότερο όσον αφορά την συναυλία που θα παρουσιάσει το συγκρότημα Καπέλλα Ρομάνα, με διευθυντή τον δρ. Αλέξανδρο Λίγκα. (Ο κ. Λίγκας ήτο ψάλτης στον Καθεδρικό Ναό, μετά από τον σεισμό και πριν την οικοδομή της πρώτης φάσης, δηλ. των παρόντων κτιρίων του Καθεδρικού Ναού.) Η συναυλία θα λάβει χώραν εις το παρεκκλήσιον του Καθεδρικού Ναού το Σάββατο 26 Μαρτίου και ώρα 7 μ.μ. Το συγκρότημα Καπέλλα Ρομάνα θα παρουσιάσει ύμνους από την εορτή του Ευαγγελισμού της Θεοτόκου και τη Μεγάλη Βδομάδα κατά τη Βυζαντινή παράδοση. Θα επακολουθήσει δεξίωσις στον ίδιο χώρο. Την συναυλία παρουσιάζουν-χρηματοδοτούν το Πανεπιστήμιο Στάμφορντ και η Οργάνωσις Ήλιος και γίνεται ως μέρος της πολιτιστικής εβδομάδας με ευκαιρία του εορτασμού της Ελληνικής Ανεξαρτησίας. Την επομένη, 27 Μαρτίου, ο

Σεβασμώτατος Μητροπολίτης μας, κ. Γεράσιμος, θα προστεί της δοξολογίας αφού πρώτα τελέσει την εορτή του Τιμίου Σταυρού (η 27η Μαρτίου είναι η τρίτη βδομάδα της Μεγάλης Σαρακοστής). Θα επακολουθήσει η Ελληνική Παρέλαση, στην Οδό Μάρκετ, όπως και εις το παρελθόν. Η παρέλαση θα ξεκινήσει από τους δύο Δρόμους και θα φθάσει στο Δημαρχείο του Αγίου Φραγκίσκου, όπου θα ευρίσκεται η έδρα των επισήμων. Καλείσθε και στη συναυλία, και στον εορτασμό της Ελληνικής Παλιγεννεσίας, και σε όλες τις ακολουθίες που θα γίνουν, με ευκαιρία τη Μεγάλη Σαρακοστή ως και την εορτή του Ευαγγελισμού της Θεοτόκου, όπως τη Θ. Λειτουργία στο Παρεκκλήσιον του Ελληνικού Κοιμητηρίου το Σάββατο 5 και το Σάββατο 12 Μαρτίου (η Θ. Λειτουργία θα τελεσθεί στις 10 π.μ., όπως και στις 19 Μαρτίου, με τη διαφορά ότι η Θ. Λειτουργία θα τελεσθεί στο Παρεκκλήσιον του Καθεδρικού Ναού), τους Χαιρετισμούς στις 11, 28, και 25 Απριλίου, ώρα 7 μ.μ., τις Προηγιασμένες Θ. Λειτουργίες κάθε Τετάρτη πρωί στις 10 π.μ., από τις 9 Μαρτίου, και τελικά στον Μ. Εσπερινό τη Πέμπτη 24 Μαρτίου, και ώρα 7 μ.μ., όπως και στη Θεία Λειτουργία ανήμερα του Ευαγγελισμού της Θεοτόκου, στις 10:15 π.μ., αφού τελεσθεί ο Όρθρος στις 9 π.μ.



Words hammer at the ears, but prayer goes to the heart. Prayer is required, with faith and without anxiety, along with a good example.

– Father Porfirios, On the Upbringing of Children

Love demands sacrifices and very often sacrifice of time.

- Father Porfirios, On the Upbringing of Children

LOOKING AHEAD:

Sunday, April 3	Parish Assembly
May 2-3	Metropolis Clergy Laity, Saint Nicholas Ranch

What saves and makes for good children is the life of the parents in the home. The parents need to devote themselves to the love of God. They need to become saints in their relation to their children through their mildness, patience and love. They need to make a new start every day, with a fresh outlook, renewed enthusiasm and love for their children. And the joy that will come to them, the holiness that will visit them, will shower grace on their children.

- Father Porfirios, On the Upbringing of Children