



# ANNUNCIATION CATHEDRAL HERALD



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JUNE 2015



**GREAT NEWS!** We are having a Festival once again this year! This is a highly anticipated event bringing thousands of people together living in the San Francisco Bay Area to get a taste of all things Greek. If you would like to participate in this year's Food Festival, please consider becoming a part of the planning process, food preparation, recruiting volunteers or any other way you wish to help. We need lots of volunteers. Since last year's Food Festival was so well received, the plan is to repeat what we did last year and perhaps make some minor changes.

The following is a list of individuals who have committed to chair different areas of the festival:

General Chairs	Deno Konstantinides and Grace Koutoulas
Coordinator	Angie Leventis
Advertising/Marketing	Demetri Rizos & Angie
Volunteers	Mauna Arnzen
Pastries	Philoptochos - Pat Aleck
Preparation of Food	Different Individuals
Kitchen	Deno Konstantinidis
Gyro Booth	Dance Groups
Lamb Sandwich	Bob Lyberopoulos
Grilling	John Panomitros
Meat Purchaser/Ice	Andy Psarras
Procurement/Rentals	Mike Canellos/Andy Psarras
Souvenir Book	Presv. Aliki Kyriacou/Angie Leventis
Budget	Jim Vorrises
Setup	Antonio Perez
Cashiers	Genie Mantzoros
Taverna/Entertainment	Nick Svetcoff/Irene Kyriacou
Security	TBD
Parking	Mike Canellos
Permits	Manuel Pappas
Raffle	Demetra Monolakis/Grace Koutoulas
Restaurant Manager	Ted Leventis
Accounting	Parish Council
Signage	Deno Konstantinidis
Chapel Tours	Father Niko Bekris

We are still in the process of identifying General Co-chairs and if you are interested, please call Angie Leventis, Festival Coordinator at 650.878.2855.

Let's make this year's Food Festival another outstanding event!

## STEEL SIGNING TO TAKE PLACE JUNE 14: EVERYONE IS INVITED TO SIGN THE STEEL!

As announced in the Herald last month, a special agiasmos and steel signing will take place on Sunday, June 14, following the Divine Liturgy. What is steel signing? It's an opportunity for all the members and friends of the Annunciation Cathedral to



sign their names on the red-iron steel that forms the frame for the new Cathedral. Your names will remain indelibly written on the steel, which will subsequently be covered over by the exterior as well as the interior walls of the Cathedral. McNely Construction, our contractors, has informed us that June 14 is the opportune time for this to take place, as most of the steel will be in place by then. The next day, welding of the steel will continue and the metal studs will begin being put into place. This will make it hazardous to go onto the site at another time and virtually impossible to access the steel, since the studs, and eventually, the walls, will be covering the steel.

As of Pascha (April 12), we had about 25 truckloads (out of 33) of red-iron steel yet to be delivered. The steel for the transept on the northern side and the apse, meanwhile, has been put in place, as has some of the steel of transept at the southern side. As noted above, the placement of the studs will follow the installation of the red-iron steel. Decking will follow the placement of the studs, as will the building of the exterior walls. September 15 is the target date for completion of the metal stud installation.

A service of aghiasmos (blessing of the waters) will take place prior to signing. Everyone will be given a marker that will bear the logo of the Annunciation and the words: Building the Annunciation Cathedral to the glory of God! Steel-signing June 14, 2015. (The markers are yours to keep.) Then, we will all go outside in procession, led by our clergy, our choirs and our altar servers. After everyone has had an opportunity to sign, we will convene in the Korinthias Hall (our community center) for a reception (refreshments and finger food). We look forward to welcoming all of you on June 14.



**WHAT DOES MY GIFT TO THE BUILDING FUND REALLY AMOUNT TO OVER A FIVE YEAR PERIOD?  
Below are some different ways to look at how you can make a meaningful gift.**

AMOUNT	PER YEAR OVER 5 YEARS	PER MONTH OVER 5 YEARS	PER DAY OVER 5 YEARS	2 PERSON FAMILY- PER DAY (EACH)	3 PERSON FAMILY- PER DAY (EACH)	4 PERSON FAMILY- PER DAY (EACH)
\$100,000	\$20,000	\$1,666.00	\$54.80	\$27.40	\$18.26	\$13.70
\$50,000	\$10,000	\$833.00	\$27.40	\$13.70	\$9.13	\$6.85
\$30,000	\$6,000	\$500.00	\$16.43	\$8.22	\$5.48	\$4.10
\$25,000	\$5,000	\$416.00	\$13.70	\$6.85	\$4.56	\$3.42
\$20,000	\$4,000	\$333.33	\$10.95	\$5.49	\$3.65	\$2.74
\$15,000	\$3,000	\$250.00	\$8.22	\$4.11	\$2.74	\$2.05
\$10,000	\$2,000	\$166.66	\$5.47	\$2.75	\$1.82	\$1.36

## Gift Giving to the Capital Campaign

For those parishioners or friends of the Cathedral who wish to make a donation, you may consider donating funds from your stock portfolio. If you were to sell this stock on the open market most likely you will pay capital gain taxes. To avoid paying capital gain taxes, you simply donate the stock to the Annunciation Cathedral, a non-profit 501(c)3 religious corporation.

The stock needs to be publicly traded on one of the exchanges (NY, NASDAQ, etc) then you simply report it on your tax return as a noncash charitable contribution. You get the appreciated value for the donation and do not pay tax on the capital gain. Then all you will need for taxes is a letter of acknowledgment from the Cathedral, with the name of the stock, date of donation and number of shares received. For additional information regarding the transfer of stock to the Cathedral, please contact Father Stephen at [fatherstephen@annunciation.org](mailto:fatherstephen@annunciation.org) or Angie Leventis at [aleventis3@comcast.net](mailto:aleventis3@comcast.net).

## Parking During Construction

Parking for up to 70 cars is available in the lot behind the Cathedral, at 334 14th Street and on the street. Stewards of the Cathedral are charged only \$5 to park, by showing their card; the Cathedral will pay \$7 of the parking cost for Stewards. To pick up a parking pass or to discuss your stewardship, please call Marcelo Souza in the church office. Street parking is also available on Sundays, especially along the 217' construction zone in front of the Cathedral. For your convenience, an attendant will be on hand each Sunday to monitor the drop off zone and direct parking to the Zenanli lot behind the Cathedral. We kindly ask our parishioners to be considerate of those with disabilities, giving them parking preference in the spaces on Valencia Street.

*“Remain in My love.”*

- JOHN 15:9

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## Cathedral's Steel Frame to Be Depicted by Local Artists!

Local artist Stacey Carter is an artist who specializes in, among other things, architectural related paintings. John Goldman, the architect of the Cathedral's Phases I and II, invited Stacey to visit the new cathedral and perhaps make art or portraits of it. Stacey loved the idea and recently visited the site along with several other artists. Their depictions of the steel frame during construction will potentially be coming soon!

For samples of Stacey's art, please visit [www.staceycarter.net](http://www.staceycarter.net)

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## Call for Photos of 1997 Groundbreaking

If anyone has any photos of the 1997 groundbreaking, celebrated by His All Holiness Patriarch Bartholomew, please email or send copies to the Cathedral Office at [marcelo@annunciation.org](mailto:marcelo@annunciation.org). We are always looking for more for promotional useage in the coming months and years. Many thanks!

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## SAVE THE DATE!!

Sunday, November 1 of this year, a banquet will be held in honor of His Eminence Metropolitan Gerasimos' tenth anniversary as Metropolitan of San Francisco, to be held at the Cathedral's Korinthias Hall. Proceeds will go to the building fund.

Stay tuned for more information!

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## Bios for 2015 Mothers of the Year – Congratulations!

### Annette Chiappari

Annette was born on Sunday, October 22, 1939 at 10:30am to her parents, Virginia and James Drosos and her older brother Steve. She grew up in the Mission District, and graduated from Mission High School with a B average. Her interest was in business machines and technology. At the time I.B.M. was offering a 10 key data entry, course which she competed. Her first Job was at Fuller Paint Company doing data entry of packing slips for paint and glass. This is where she met her husband to be Philip. On her birthday he surprised her and asked for her hand in marriage and her reply was Yes. He then had to ask her father for permission, and he agreed. On a Sunday Afternoon on June 14, 1959, at Annunciation Cathedral, Father Meletios performed the wedding ceremony.

Soon after Phil and Annette became parents of four wonderful children Katherine, Virginia, Jim, and Christine. Church was always an important part of their lives. Annette was a Sunday School teacher for almost thirty years, and also helped Effie Vellis with coffee hour. She then joined Daughters of Penelope in the year 1988, where she held many offices and was honored as Penelope of the Year. She enjoys and loves the company of all her sisters. While raising her daughters she became a Girl Scout Leader for 4 years, and an Avon Lady for five years. After 14 years

*“The mystery of redemption is that God’s Son became flesh so that all the lost children of God could become sons and daughters as Jesus is son.”*

– Fr. Henri Nouwen

of motherhood, she went back to School to begin a new career. Eventually, she was offered a job by the City of San Francisco working at the Airport (SFO) for the Department of Information, Technology and Telecommunications, where she was In charge of all equipment and inventory. Annette worked at this job for twenty-seven years before retiring in 2011. This June, Phil and Annette will be Married for 56 years. They are blessed with seven Grandchildren and One Great Grandson.

### Nikki Kastoras

Born and raised in Kalamata, Greece, 1940 during World War II. Nikki Kastoras worked from a very young age, helping with her parents business, and volunteering in a children's orphanage. She married in 1968, to Athanasios, immigrated to San Francisco, and has two daughters, Vivian and Anna, her son in laws, Steven and Nick, and four grandchildren, Nikoleta, Jonny, Tommy and Jimmy. She is well known by her family for yiayia's cooking and baking the best Greek food and desserts, and super big hugs.

During her younger years, she was a stay home mom, who always put family and faith first. Times were not always easy. Raising her own family, and continuously having additional family living with her for many years, while her husband worked most of the time. But somehow, she managed to get everything done. It is true when they say, behind every strong man, is a strong woman. That saying was made for her!

Faith was also a priority, and being involved in the church by volunteering endless hours during food festivals, and mostly known for her commitment to the Messinian Society for many years. She was involved to help raise money to build Kalamata Hospital in Greece, supports with the building fund for Annunciation Church or anyone sick or in need. She is the heart of the Messinian club.

She is also a member of the Philoptochos, Laconia, Chios and Ahepa Society. She loves spending time with her grandchildren and enjoys her yearly trips to Greece. She is passionate, kind, loving and tough. She is very proud of her heritage. She is a good friend to many, a loyal wife, and a wonderful role model to her children!

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## GREEK ORTHODOX ARCHDIOCESAN FELLOWSHIP TO WORK AT THE UNITED NATIONS

The Department of Inter-Orthodox, Ecumenical, and Interfaith Relations of the Greek Orthodox Archdiocese of America announces its Faith-Based Diplomacy & Advocacy Initiative. The Initiative establishes a total of four (2 for 2015-2016 and 2 for 2016-2017) yearlong Archdiocesan fellowships at the United Nations. All Orthodox Christian graduate and post-graduate students are invited to apply for a stipend fellowship.

The Faith-Based Diplomacy and Advocacy Initiative is made possible by a generous grant awarded by The Archbishop Iakovos Leadership 100 Endowment Fund, and is meant to help develop future diplomats, policy-makers and advocates by providing them the professional framework upon which to exercise their academic training.

Fellows will focus their work at the United Nations in five main areas: 1) Religious Freedom and Human Rights 2) Environment/Ecology 3) Issues of Equality: Gender, Race, etc. 4) Global Conflict, Peacemaking and Humanitarianism 5) Health Advocacy

Among other activities, fellows will have the opportunity to join and participate in the work of United Nations NGO Committees; assist in formulating oral and written Archdiocesan statements and interventions; help plan and host "Side Events" during ECOSOC Functional Commissions; and participate in panel discussions at future Biennial National Clergy-Laity Congresses.

To apply for the fellowship please visit <http://adobe.ly/1DCQ8SO>. The deadline for submitting an application for the Fall 2015-Summer 2016 fellowship is May 31, 2015. For more information, please contact us: [Ecumenical@goarch.org](mailto:Ecumenical@goarch.org) or 212-774-0226.

The Greek Orthodox Archdiocesan Council (GOAC) is accredited through the United Nations Department of Public Information (UN DPI) and has General Consultative Status under the Economic and Social Council of the UN (ECOSOC). GOAC has been actively working at the United Nations for 30 years.

*"The Precious Blood  
of the Son of God was  
needed to apply on the  
wounds of sin in order  
for them to be healed."*

- St. Nicholas the Serb

## FAITH: AN ENDOWMENT FOR ORTHODOXY AND HELLENISM ANNOUNCES 2015 "FAITH SCHOLARSHIPS FOR ACADEMIC EXCELLENCE"

**Faith: An Endowment for Orthodoxy and Hellenism** announced that it will once again offer the prestigious series of "Faith Scholarships for Academic Excellence." These merit-based college scholarships provide funding to graduating high school seniors for their university studies. The application and criteria can be downloaded from the Faith website: [www.faithendowment.org](http://www.faithendowment.org).

Each year since its inception in 2004, grants from Faith fund a series of merit-based and need-based scholarships to seniors ranked within the top of their graduating class at public, parochial and private high schools across the country. To date, many of the Hellenic American community's most promising graduating high school seniors have been awarded these prestigious scholarships which range in size from \$1,500 - \$25,000. In addition, high school valedictorians and salutatorians also receive special recognition through this series of scholarship awards as do young people wishing to focus their university studies in STEM fields (science, technology, engineering and math).

The "FAITH Scholarships for Excellence in STEM" series was inaugurated in 2012 at the recommendation of Faith Founder Dr. P. Roy Vagelos. These scholarships are an extension of the existing "Faith Scholarships for Academic Excellence" for students entering their freshman year at colleges and universities in the USA and award support to students for all four years of their undergraduate studies based on the recipients' abilities to fulfill the following three criteria: major in a STEM field, maintain a 3.6 minimum GPA, and participate/service in organizations related to the Hellenic and Greek Orthodox community.

"The future of the US economy is dependent on STEM subject knowledge and mastery by our students. I know they will meet this challenge. The Founders of Faith are very pleased to support this important initiative and also support the best and brightest young people and future leaders of our community," said FAITH Founder Dr. P. Roy Vagelos.

Earlier this spring Faith awarded sixty-four (64) financial aid travel grants to young people from all over the USA to attend Ionian Village through its Faith-Ionian Village Travel Grants Program for the 2015 summer season. Recipients of the Faith Ionian Village Travel Grants will have the once in a lifetime opportunity to experience Greece and learn more about their Hellenic heritage and Orthodox faith through visits to ancient sites, monasteries, and cultural institutions through Ionian Village.

In 2015, Faith: An Endowment for Orthodoxy and Hellenism will renew the Endowment's partnership with the Fulbright Foundation of Greece by underwriting a series graduate and research scholarships through the prestigious US-Greece Fulbright Exchange program.

For more information and application materials about the Faith Scholarships for Academic Scholarships, please visit: <http://www.faithendowment.org/pdf/2016-faithscholarshipapplication.pdf> and/or [www.faithendowment.org](http://www.faithendowment.org). Deadline: June 27, 2015.

*“If you seek Him,  
He will be found.”*

– 1 Chronicles 28:9



## Ongoing Catechism Class

Ongoing Catechism Class – Many years to the servants of God Matthias, Michael, and Socrates!

Five months ago we began a new catechism (religious education) class at the Annunciation Cathedral, taught by Marcelo Souza. Over the last month, we had three baptisms! Matyas Tamas was baptized on April 29, taking the name Matthias, Bob Li was baptized on May 7, taking the name Michael (the Archangel), and Scott Robson was baptized at Holy Cross Church in Belmont on May 14, taking the name Socrates. Many years!

The Cathedral has had a pre-marriage program for the last five years, which often includes many individuals who have not been baptized in any Christian faith but would like to learn more. This class serves as preparation for those seeking baptism – not only those entering the Church through marriage, but any other inquirers, as well as Orthodox people desiring to learn more about our Faith, or a refresher course.

The class is meeting every other Tuesday. We are now using two introductory books – *Introducing Eastern Orthodox Theology* by Fr. Andrew Louth, and *The Reason for God: Belief in an Age of Skepticism* by Timothy Keller – in addition to investigating our Creed as the summary of the Faith. We are also reading through the Gospel of Mark.

Please keep our catechumens – a key part of the future of our church! – in your prayers.

## Introduction to Orthodoxy Class

The Cathedral’s Intro to Orthodoxy class, taught by Alexander Kozak, has now entered its eighth year! The class is especially intended for those who are thinking about converting to Orthodoxy and for family members and friends who would like to support them on their journey, but it is also open to people who are already Orthodox and who would like to deepen their understanding of their faith.

The class explores Christian theology and practice through reading selections of Scripture, the Church Fathers, the lives of the Saints, and other texts representative of the Orthodox worldview. These readings are the starting point for our discussions, which aim at clarifying doctrine and worship and helping us to discover (or rediscover), week after week, why we belong in the Church. If you are interested in attending the class, please contact Alexandros Kozák at [orthodoxy-agkozak@sneakemail.com](mailto:orthodoxy-agkozak@sneakemail.com).

## OIKOS

OIKOS (Orthodox in *Koinonia* Outreach Services) is a new ministry being spearheaded by Dr. Katina Kostoulos, which specializes in psychotherapy in the Orthodox Christian tradition. Events in the past have included Sunday seminars and group sessions, with more events coming up! In June, Dr. Kostoulos will give a talk to our newly formed Newlyweds Group at the Cathedral. Stay tuned!

For additional information on retreats or topics related to OIKOS, please contact Dr. Katina Kostoulos, Ph.D., [katinakost@aol.com](mailto:katinakost@aol.com)

*Dr. Kostoulas has run parenting groups and taught parenting at Various Orthodox Churches in Southern California for the past 20 years, and has been in private practice with children, adolescents and adults for over 25 years. She recently moved to San Francisco and practices psychology and psychoanalysis in San Francisco, California.*

*“The goal of our life  
is nothing other than  
cleansing our heart to  
such an extent that it is  
able to sing with joy.”*

–Elder Thaddeus of Vitovnica

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## Metropolis Offers Camperships for Summer Camp 2015

This year the Metropolis will offer “camperships” to once again assist families experiencing financial challenges. In prior years most camperships covered the full price of camp registration. Due to the extremely high demand for financial assistance in the last few years, the majority of camperships will cover 25% or 50% of camper registration, with a very limited number covering full registration. This is being done in order to assist financially more families throughout the Metropolis. This year we have also improved the process by creating an online form for the parish priest to fill out.

### Campership Application Process:

1. Families fill out the online Campership Application (link found at [gosfyouth.org](http://gosfyouth.org))
2. Families will ask their parish priest to fill out the online Parish Priest Recommendation.
3. Once the campership application and Parish Priest recommendations are reviewed by the Metropolis, the family will be contacted by email.

**Please note:** Applications are accepted on ongoing basis and camperships are awarded on a first-come first-served basis until camp sessions are full, or available funds are distributed. Submission of an application does not guarantee that a campership will be granted, or that the entire amount requested will be awarded.

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## Give up Mochas for Missions to fuel Missions & Evangelism!

The Mochas for Missions campaign (formerly Pennies & Prayers) will begin very soon at Annunciation Cathedral. This is an opportunity to learn about and support Missions & Evangelism work taking place in our very own Metropolis and renew our commitment to being evangelists in our own community. The idea is to sacrifice a coffee drink or other treat for the sake of making a donation to this worthwhile campaign. Mochas for Missions is the main income source for the Commission for Orthodox Missions & Evangelism, or C.O.M.E., which offers support and mentoring to 14+ parishes in our Metropolis. More information can be found at <http://sanfran.goarch.org/ministries/missions-and-evangelism/>.

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## Community Link Continues Ministering to Those in Need

Community Link, now in its ninth year of existence, is a group of Annunciation parishioners who meet once a month on a drop-in basis to visit members of our community who may be confined due to illness or age. We travel to hospitals, nursing homes and private residences. Many of those we visit no longer have family or friends to support them and just need to know there is someone who cares. A short visit or phone call can lift one's spirits a great deal. If anyone in the community knows of any other home bound parishioners to add to our list or would like to join us for a visit, please contact, please contact Pauline Oetzel at [poetzel@hotmail.com](mailto:poetzel@hotmail.com). Upcoming community link dates are June 20, July 18, and August 22.

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## PHILOPTOCHOS NEWS

### Mother's Day 2015

What a warm and elegant day all who attended experienced at this year's Philoptochos Mother's Day Luncheon and Fashion Show! Timeless Elegance was the theme of the day and it felt like Timeless Enjoyment. Chairs Irene Kyriacou and Foula Vasilogiorgis and their committees provided an environment that was truly magnificent to compliment the theme. Father Stephen Kyriacou and Father Niko Bekris both announced the 2015 Mothers of the Year, Annette Chiappari and Niki Kastoras. These two worthy women, representing all mother's and women in our community, demonstrated in their remarks their commitment to Church, family and community. Both are involved in many philanthropic organizations that reach out to those in need. Philoptochos presented both with plaques, flowers and gifts. Truly *Axia, Axia!*

Simi's Bazaar Fashions on West Portal presented our Fashion Show. All of the models looked wonderful in the fashions and the audience did lots of clapping in appreciation. In addition to the fashions three talented soloists performed a medley of songs. Christina Arzimanoglou, Edie Delegans and Chloe Montgomery were the hits of the day. These talented singers added a musical tribute to the event. Philoptochos cannot thank enough all who participated to make this a fabulous Mother's Day and one to be remembered. The Mother's Day committee should feel very proud of their work. I can't wait to see what our talented Philoptochos women plan for next year. Check out the pictures of the event.

### Easter Bake Sale 2015

Our members thank all for the support of this sale. We hope all enjoyed the *tsourekia*, red eggs and *koulourakia* for your Easter celebration. Our talented ladies and men worked with love and devotion to prepare the above. From the proceeds of the sale we were able to donate \$3,000 to the Metropolis Kids N Cancer event which raises funds to support our six Cancer Camps in our Metropolis. We are the only Metropolis which supports so many camps and this year the event raised way over \$200,000. Working and supporting the camps is truly a rewarding experience. If you have time join one of the camps to see the joy the camps provide to families afflicted with this disease.

At the writing of this Herald our Philoptochos and community is awaiting with excitement the arrival of a new member of Father Niko and Presbytera Stella Bekris' family. Presbytera is expecting in June. Philoptochos is hosting a luncheon to honor the arrival of this new little one. *Kali Eleftheria!*

Elections for our new 2015-2017 Philoptochos Board will take place in early June following ratification by the National Board.

As we approach the summer season our members wish all a wonderful and restful summer.

*With warmest regards and In His Name,  
Patricia Aleck*

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## Stewardship as Creation Care – Part 2

By Rev. Fr. John Chryssavgis

### What Can I Do?

There are numerous practical ideas available and readily accessible today for parishes and families that would like to become aware of their ecological impact on the planet and on people. Indeed, some of our Orthodox parishes – and even more of our sister Christian congregations – have already undertaken initial steps or else made considerable progress toward this goal. Seeking their counsel, or offering our advice to others, is undoubtedly a fundamental form of sharing and communion. Alternatively, parishes may consult professional environmental auditors, often freely at the disposal of local communities.

Parishes and parishioners can make a difference by becoming sensitive to what they use (energy-efficient light bulbs and heating/cooling systems), what they can reuse (recycled paper, bags, ink cartridges, glassware and cutlery), what they waste (electricity, water, heat, energy, even cups and plates), and what they do (carpooling or support of local products).

Most importantly, however, we can all learn to do and love with less. In order to alter our self-image, what is required is nothing less than a radical reversal of our perspectives and practices. The balance of the world has been shattered. The ecological crisis will not be solved with sentimental slogans or smiley stickers but by proposing self-denial as a solution to self-centeredness, by learning to exercise self-control, self-restraint, by the ability to say “no” or “enough.”

Here, I think, lies the heart of the problem. For we are unwilling – in fact, violently resist any call – to adopt simpler lives. We have misplaced the spirituality of simplicity and frugality. The challenge is this: How do we live in such a way that promotes harmony – not division? How can we acknowledge – daily – “the earth as the Lord’s” (Ps. 23.1)?

This means that stewardship opens up more than simply our pockets and our hands to charitable institutions and tax-deductible options. It opens up our eyes and our hearts to proper and harmonious relations among all of God’s creatures. Learning to give up in a spirit of self-control implies learning to give in a spirit of sharing. It is learning to live in such a way that communicates gratitude and generosity, not avarice and greed.

### Am I Accountable?

While there are numerous passages in the Old and New Testaments that provide insight into the principle and practice of stewardship ~ intimately relating its social and ecological aspects ~ it is a message that acquires increasing urgency in light of our ultimate accountability on the day of judgment with Christ’s parable about the faithful and prudent steward in Luke chapter 12, which concludes with the following warning: “Everyone to whom much was given, more will be required; and from those to whom much was entrusted, more will be demanded.” (verse 48) This is a verse that might not meet with general agreement on a political level; yet it is a statement that deserves close attention on a spiritual level:

“Blessed is that servant whom his master will find so doing when he comes.” (verse 43)

Like the servant in the parable, we too will be asked for accountability by the Master: “What is this that I hear about you? Turn in the account of your management.” (Luke 16.2) We will surely be judged for the abuse of the earth that has been entrusted to us “to preserve,” as for the unjust distribution of its resources to human beings that we are called “to serve” ~ for the devastation of God’s creation by human beings usurping unjustly the right to control it and presuming arrogantly the right to manipulate it, as for the exploitation of the poor (and the poor nations) by the rich (and the rich nations).

If we open ourselves ~ avail ourselves and become sensitive ~ to all people and to the whole creation, then we shall recognize our history as inextricably linked to the destiny of the world. We shall begin to perceive the universe in its unfathomable interconnectedness, and we shall surely feel the spirit of God as a gentle breeze and hear the seal’s heartbeat as the pulse of our own life.

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## Xronia Polla for Namedays in June!

Best wishes to the following individuals who celebrate their namedays this month:

Kalliope Fousekis  
Paul Hamberis  
Paul Kosaris  
Leo Paul Koulos  
Elisavet Kozak  
Justin Kyriacou  
Peter Manetas  
Elizabeth Monolakis  
Paul Papavasiliou  
Dorothy Riedel  
Paul Sogotis

**Saint Justin the Martyr, June 1**

**Saint Dorotheus, June 5**

**Saint Kalliope, June 8**

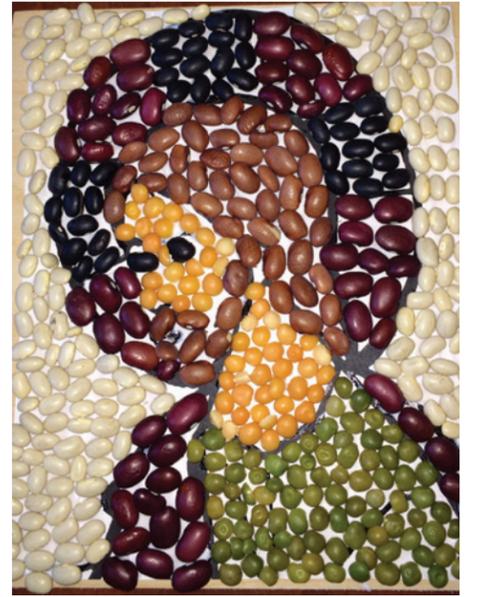
**Saint Elizabeth, Mother of the Forerunner, June 24**

**Saints Peter and Paul, June 29**

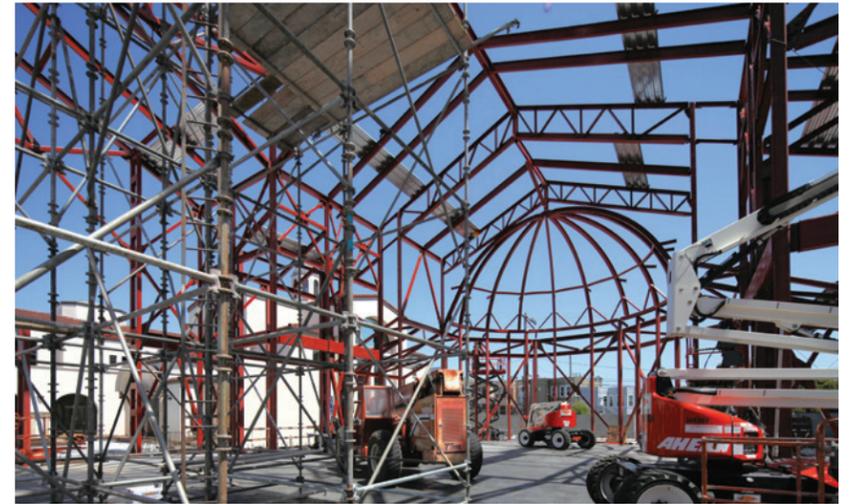
**Synaxis of the Holy Apostles, June 30**

You may wish to consider sponsoring a coffee hour on the Sunday closest to your nameday, as a way of celebrating with our parish family. The suggested donation for sponsorship is \$100. For more information, please contact **Mike Canellos** at (415) 864-8814.

*\*\* The information above was taken from the data submitted on our 2015 stewardship pledge cards. If your name does not appear on this list, please feel free to give your information to our stewardship data table in the gallery, or by filling out a 2015 stewardship pledge card. \*\**



A beautiful icon made by our Sunday School.



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## Cathedral Office Team

Many, many thanks to our new team of office volunteers! Over the last year, these beloved Cathedral parishioners have generously volunteered their time and commitment to several of our bigger mailings. Our fantastic team of **Al and Loula Ossipoff, Alexia Kleinekorte, Carl Weiner, and Paul Hamberis** have been a HUGE help in putting together mailing materials, specifically, the Easter, Stewardship, and Christmas mailings, a massive task which they continue to do capably and with joy. We are grateful for their assistance and look forward to their help the remainder of this year, as well. Thank you!

*\*\*The Cathedral office team always welcomes additional assistance from those who are able and willing to offer. If you'd like to join the office team, please call (415) 864-8000\*\**

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## Metropolis Summer Camp 2015 Registration Open!

Online camper registration and staff applications for the 2015 Metropolis Summer Camp are now available at [www.gosfyouth.org](http://www.gosfyouth.org)! The Greek Orthodox Metropolis of San Francisco is proud to announce the 35th year of its Summer Camp ministry at Saint Nicholas Ranch and Retreat Center in Dunlap, CA. Organized by the Metropolis Office of Youth and Young Adult Ministries, this program has grown to be one of the most successful youth ministries of the Metropolis. All three sessions of Summer Camp are for campers ages 8 – 18.

### Summer Camp Dates for 2015:

Staff Orientation Week: June 30 – July 4  
Session 1: July 5-11  
Session 2: July 12-18  
Session 3: July 19-25

### Pricing for 2015:

\$525 Late Registration (Until June 15)  
All siblings receive a \$25.00 discount.

### Online Registration:

Camper Registration is NOW available online. You can make a deposit today to lock in the “Early Registration” pricing and make payments until June 15.

### Camp Director & Management Team:

The Camp Director will be Johanna Duterte, Director of the Metropolis Office of Youth and Young Adult Ministries. The Summer Camp Management Team will be comprised of the following individuals: Jacob Saylor, Program Director; Chris Retelas, Boys’ Director; and Kalli Retelas, Girls’ Director.

### Camp Theme:

Building on the success of the themes from the last two years, the commandment of Our Lord and Savior Jesus Christ to “Love One Another” and “As I have loved you”, the theme for next summer is “Be Holy” taken from 1 Peter 1:16, “You shall be holy, for I am Holy.”

### Staff Applications:

For questions please contact **Johanna Duterte**, Director, Office of Youth and Young Adult Ministries, (415) 814-1187, [jduterte@sanfran.goarch.org](mailto:jduterte@sanfran.goarch.org).

## YOUTH NEWS

### Sunday School Korner

As Sunday School comes to a close for the 2014-2015 school year, we reflect on the many accomplishments in our program this year. We continued to grow our Canned Food Drive. Thank you for the many donations of canned goods. Our Xmas Program was a great success! The TGI Pascha and Angel Program during Lent had much better attendance this year. Our classes continued to learn the church hymns. UNICEF, in our third year, had great participation and we had a 25% growth in donations. We strengthened our Oratorical Festival and truly enjoyed the speeches. We look forward to next school year and all that it brings. We welcome volunteers and suggestions. We encourage parents to get involved. We are looking to enlist the help of two or three volunteers to help in the classroom to meet the needs of our growing program.

Join us on Facebook to stay connected and get reminders, news, photos and more at Annunciation Sunday School.

Graduation will be held Sunday, June 7, 2015. We encourage all students to WEAR THEIR PINS! We will be adding to the pin bars at graduation. Graduates will receive certificates; class photos and the community will be treated to a graduation luncheon with all our favorite picnic foods. Everyone is welcome!

Congratulations to graduates young and old. Whether graduating from middle school, high school or college we wish you success in whatever path you chose or whatever it is that God leads you to do!

On behalf of the Annunciation Community, thank you so much to all the Sunday School teachers who worked so hard to make Sunday School successful this year for our children. Their tireless efforts every week are greatly appreciated. Our teachers include: **Chrisoula Novo, Callie Vellis, Yvonne Chiappari, Florika Bozionellos, Tina Kontonis, & Gus Vouchilas**. A special thank you for **Chrisoula Pezo** for all her assistance in helping me run the Sunday School program and for her leadership in the Christmas program and so much more!

We are in need of two assistant teachers for the fall. Please join us in the classroom for a rewarding experience! Have a fun summer – see you back in classes September 13th for Opening Day with a festive luncheon to follow.

Thank you for a successful year,

*Denise Yeilding*  
*Sunday School Principal*

‘Like’  
Annunciation  
Cathedral Sunday  
School!





Pre-K-K 2015



1st-2nd Grade 2015



4th-5th-6th Grade 2015



Junior High-High School 2015

*“What the earth  
is to plants, God  
is to the soul.”*

– St. John of Kronstadt

## Congratulations to Our Graduates!!

Panayiota Koutoulas from Alta Loma Jr. High School  
Haris Manetas from Bowditch Middle School  
Panayioti Sogotis from Burlingame Intermediate School (BIS)  
Steven Chiappari from Burlingame Intermediate School  
Clint Flynn from El Camino High School  
Haralambos Andreades from UC Berkeley

## Annunciation Dance Year Kicks Off!!

Our new dance year is once again underway, and there are now FIVE dance groups at the Cathedral!

Pre-K group, turning 3 1/2 - 4 in 2015, or entering PreK or Kindergarten in fall 2016  
Beginning elementary group, Kindergarten-2nd grade in Fall 2015  
Thisavri, 3rd -5th grade in Fall 2015  
Spithes, 6th-10th grade in Fall 2015  
Ekrixi, 18 and up.

Please contact **Lea Lyberopoulos**, dance board president, at [karthia808@yahoo.com](mailto:karthia808@yahoo.com) for further information.

## Annunciation Cathedral's Greek School

Our Greek school meets every Saturday from 10 am to 12:15 pm. Our program offers classes from the pre-k level to Greek proficiency level for kids older than 10 years of age. If you are interested in signing up your son or daughter, please contact Anthi Janssens at [anthij@comcast.net](mailto:anthij@comcast.net) or at 415-254-5458.

Thank you! Ευχαριστούμε!

## JOY Summer Party at the Konstantinides Home June 20

This month, our Cathedral JOY will be meeting at the Konstantinides home on Saturday June 20!! We thank Deno and Bella for their hospitality, and all our families for another great year of youth group ministry for our kids.

Please contact Father Niko at [fatherniko@annunciation.org](mailto:fatherniko@annunciation.org) for more information. Hope to see you there!



## Purchase on Amazon.com and Support the Cathedral!

The Cathedral recently received a small donation from Amazon.com's AmazonSmile program, which the Cathedral has been enrolled for almost a year now. If you sign up for AmazonSmile (free), Amazon will donate 0.5% of your purchase to a non-profit of your choice, in this case Annunciation Cathedral! Growing this program would be a tremendous help to the Cathedral while shopping on one of the biggest online businesses in the world!!

When making online purchases from Amazon, just select "Annunciation Greek Orthodox Cathedral" as your charity of choice. Here's how to enroll in this program:

- Go to <https://smile.amazon.com> and log in with your Amazon account (if you don't have an Amazon account, you can create one from that web page by clicking on the 'Create an account' link)
- Enter 'Annunciation Greek Orthodox Cathedral San Francisco' in the search field and hit 'Search'
- You should see a single result of 'Annunciation Greek Orthodox Cathedral'. If you see more results, locate the one with 'San Francisco, CA' next to it.
- Hit 'Select' to make the Annunciation your charitable organization choice for your Amazon account.

That's it! When shopping on Amazon this Christmas season, simply sign into <https://smile.amazon.com> for the Annunciation to receive 0.5% of the price of eligible purchases. You'll know you're in the AmazonSmile program because the top left corner of the web page will show 'amazonsmile' instead of 'amazon'.

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# Young Adults Hold Second Annual Sunday Brunch

Our young adults got together in the Cathedral conference room on April 26 for their second annual Sunday Brunch! The event continues to be a nice outreach as well as a way of welcoming young professionals new to San Francisco into our community. Many, many thanks to **Chef Harry Madeckas** of *Kokkari Estiatorio* for cooking that morning! Our young adult group is thriving and shows

no signs of slowing down in the professional hub of San Francisco. Glory to God!

Our young adults continue to run our Cathedral's soup kitchen, as well, now in its second year! In May, the group will hold an SF street food outing on May 28.



**\*\*JOY (Junior Orthodox Youth) is open to all youth grades 3-6\*\***

**\*\* GOYA (Greek Orthodox Youth of America) is open to all youth grades 7-12\*\***

**\*\* Our Young Adult group is open to all youth age 22-35(ish)\*\***

More information for all of our youth group events can be found on our "Youth of Annunciation Cathedral San Francisco" Facebook page.

You can also find more information on the NorCal GOYA events by contacting Johanna Duterte on "Metropolis of San Francisco Youth and Young Adult Ministries."

## Altar Groups in June

Our altar schedule for this month is as follows:

- June 7- Group 1
- June 14- Group 2
- June 21- Group 3
- June 28- Group 4

Our altar groups for the 2014-2015 school year are as follow:

**Group 1- Niko Manetas, Stelio Kyriacou, Kosta Lyberopoulos, George Tsokas, Victor Nicolacakis**

**Group 2- Demetri Kontonis, Andrew Vellis, Panagiotis Sogotis, Yianni Sogotis, Steven Monolakis, Sean Souza**

**Group 3- Niko Pezo, Demetri Rally, Steven Chiappari, Gianni Kefalas, Nicholas Shatara**

**Group 4- Jonas Tesfai, Nathan Tesfai, Bobby Kontonis, Hari Manetas, Matthew Nuris**

Serving in the altar is a wonderful way for our young people to participate in the worship of our church, and learn more about our faith. If any families are interested in their boys joining an altar group, who are above the age of 10, feel free to contact Father Niko Bekris at [fatherniko@annunciation.org](mailto:fatherniko@annunciation.org). Thank you also to Nektarios McKnight for guiding and instructing our altar servers each Sunday. As always, if anyone has any questions or suggestions, feel free to let us know. Thanks!

## SACRAMENTS

### BAPTISMS

**Matyas Tamas**, son of **Laszlo Bela Tamas** and **Mitsuko Tamas**, was baptized on April 29, and given the name **Matyas (Mathias)** by his godparent, **Eirini Vagenas**.

**Robert Andrew Li**, son of **Fran Li** and **Dora Hu**, was baptized on May 7, and given the name **Michael** by his Godparent, **George Pericles Maillis**.

**Christoforos Anastasios Mavroudis**, son of **Anastasios Mavroudis** and **Natalia Fragakis**, was baptized on May 9, and given the name **Christoforos** by his Godparents, **Mike** and **Katerina Sarikakis**.

*Na mas zisi! Long life!*

### WEDDING

**Robert Andrew Li** and **Stephanie Pappas** were married at the Cathedral on May 9. Their sponsor is **George Pericles Maillis**.

*Na zisete! Long life!*

### FUNERALS

**John Dekaristos**, who fell asleep in the Lord on May 15, was buried May 21. He is survived by his wife, **Anastasia (Soso)** and children **George** and **Evangelos** and their families.

*Aionia i mnimi! Eternal memory!*

## J U N E C A L E N D A R

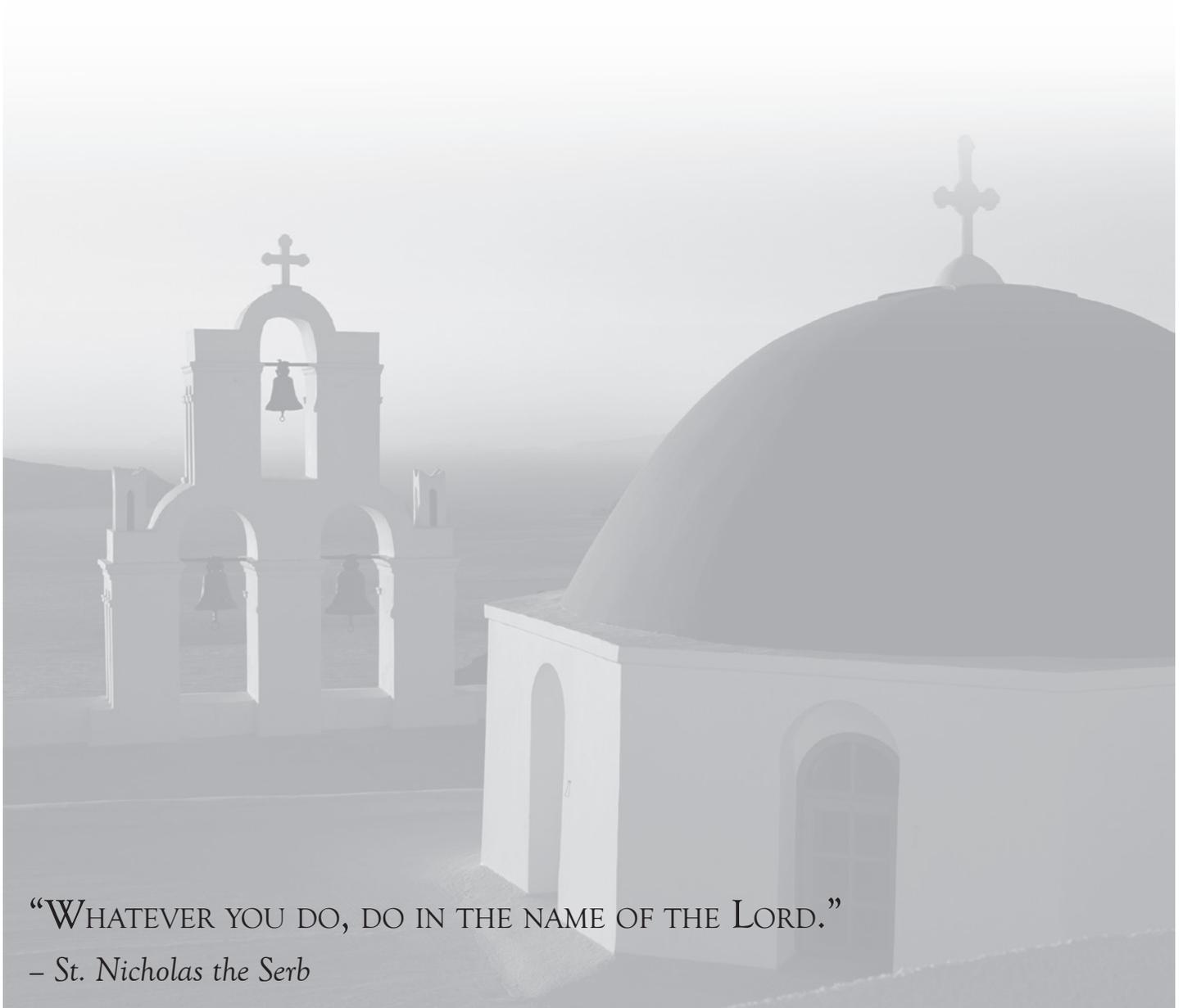
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	Monday of the Holy Spirit, Orthros 9 am, Liturgy 10 am (at Holy Trinity)	Pre-Marriage Class, 7 pm	Construction Meeting, 10 am			
7	8	9	10	11	12	13
Orthros, 9 am; Divine Liturgy, 10:30 am; Sunday School, 10:30 am  Sunday School Graduation Luncheon	Newly Wed Seminar, 7 pm	Festival Meeting, 7 pm	Construction Meeting, 10 am  Newlyweds Seminar, 7 pm			
14	15	16	17	18	19	20
Orthros, 9 am; Divine Liturgy, 10:30 am  Cathedral Steel Signing and Luncheon		Soup Kitchen, 6:30 pm	Construction Meeting, 10 am			JOY, Konstantinides Home, 1 pm
21	22	23	24	25	26	27
Orthros, 9 am; Divine Liturgy, 10:30 am		Parish Council, 7 pm	Construction Meeting, 10 am	Young Adult Giants Game, 7:15		
28	29	30				
Orthros, 9 am; Divine Liturgy, 10:30 am	Saints Peter and Paul, Divine Liturgy, 10 am	Synaxis of the Holy Apostles, Divine Liturgy 10 am				

*“If God forgives the sinners, then certainly those who have faith in God should do the same.”*

- Fr. Henri Nouwen

UNITED GREEK ORTHODOX COMMUNITY OF  
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“WHATEVER YOU DO, DO IN THE NAME OF THE LORD.”

– *St. Nicholas the Serb*



Annunciation Cathedral • June 2015

## Soup Kitchen Upcoming Dates

Tuesday June 16

Tuesday July 21

Tuesday August 18

Annunciation Cathedral  
245 Valencia Street  
San Francisco CA 94103  
[www.annunciation.org](http://www.annunciation.org)

Please contact [soupkitchen@annunciation.org](mailto:soupkitchen@annunciation.org) for more details

# Soup Kitchen News



## Parish Nurse Program Begins!

This month saw a new inner city ministry launched- the parish nurse program!



Annunciation  
Cathedral • June 2015

## Soup Kitchen News

The soup kitchen ministry continued its efforts in the month of May, thanks to the wonderful efforts of our soup kitchen committee and wonderful volunteers! Our chef this month was Priscilla Callos, a graduate of our seminary and current healthcare chaplain. Priscilla prepared a wonderful meal of mac and cheese, salad, and dessert, and we thank her profusely!

Thanks to the generous offerings of our parishioners, as well as the SF/Marin Food Bank's recent donation of two pallets of dry goods, our food pantry continues to be well-stocked. Even so, we can never have too much for subsequent months, so please feel free to bring non-perishable items with you whenever you come to the Church, any time of the year. The following items would be most appreciated:

**Plastic Grocery Bags, Peanut Butter, Crackers, Canned/Pouched Tuna, Canned Beans, Granola Bars, Canned Fruits, Canned Vegetables, Canned Baby Food, Raisins, and Oatmeal Packets.**

In addition to our soup kitchen and food pantry, this month saw a new inner city ministry launched- the parish nurse program! Our very own Jiori Orfanos did free blood pressure checks, and handed out public health information packets through UCSF. This is a new dimension to our ministries, one which could very quickly take off and provide yet another much needed service for the Mission neighborhood. In addition to Nurse Jiori, many thanks to our parish nurse team volunteers who have agreed to help with this ministry: Maria Polyzos, Niko Stathopoulos, Penelopi Xenoudi, and Zac Weiner.

God willing, the soup kitchen, food pantry, and parish nurse program are the first of several ongoing ministries that our community can offer our neighborhood as we continue building our new church in downtown San Francisco. Many thanks to all our volunteers and especially our hard-working committee of Christina Tsiatis, Maryann Boosalis, Andrew Christofas, Presbyteria Stella Bekris, Ariana Alex, and Alayna Dunkerly! Many, many thanks to Mike Canellos and Antonio Perez for procuring items from the SF Food Bank, as well. Please keep the soup kitchen program in your prayers, and many thanks again for everyone's support!



**Volunteer!** If you would like to volunteer or donate to the soup kitchen, upcoming dates are Tuesdays, June 16, July 21 and August 18. Prep begins at 5:30, with meals served from 6:30-8:30 in the Kytherian Room. Please contact [soupkitchen@annunciation.org](mailto:soupkitchen@annunciation.org) for more details.

If you would like to make a monetary contribution to the soup kitchen or urban garden portion of our building project, please to make checks payable to "Annunciation Cathedral," with "soup kitchen" clearly noted. Donations can also be made online at [annunciation.org](http://annunciation.org).

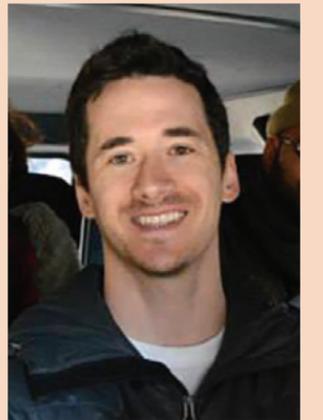


\*\* The Annunciation Cathedral's soup kitchen is currently held on the third Tuesday of every month. Please feel free to bring non-perishables with you any time of the month to drop off in the food pantry barrels. If you'd like to volunteer at the next soup kitchen or have any questions, please contact [soupkitchen@annunciation.org](mailto:soupkitchen@annunciation.org). \*\*

## "Why I Help"

by Devon Latzen

"The soup kitchen feels like a small piece of heaven, with people showing love toward each other every where you look. The city can be a cruel place, so seeing so much peace in one room is really encouraging. I know we're not going to solve big problems like hunger or homelessness through this one night. But I think it helps us all with something even bigger. It helps us forget ourselves and focus on other people. We all leave the soup kitchen a little more sane, a little more healed, no matter why we showed up."



Devon is a UI designer at [StudyBlue.com](http://StudyBlue.com) and has lived in San Francisco for two years.