

ANNUNCIATION CATHEDRAL SUNDAY BULLETIN: MARCH 13, 2016

CHEESE FARE SUNDAY

EPISTLE READING OF THE DAY: This morning's Apostolic Reading is from St. Paul's letter to the Romans, chapter 13, verse 11 – chapter 14, verse 4. It is found in our books on pages 137.

Ὁ Ἀπόστολος, Πρὸς Ῥωμαίους Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα, κεφ. 13, ἐδάφ. 11 - κεφ. 14, ἐδάφ. 4: Ἀδελφοί, νῦν ἐγγύτερον ἡμῶν ἢ σωτηρία ἢ ὅτε ἐπιστεύσαμεν. Ἡ νῦξ προέκοψεν, ἡ δὲ ἡμέρα ἤγγικεν· ἀποθώμεθα οὖν τὰ ἔργα τοῦ σκότους, καὶ ἐνδυσώμεθα τὰ ὄπλα τοῦ φωτός. Ὡς ἐν ἡμέρᾳ, εὐσχημόνως περιπατήσωμεν, μὴ κώμοις καὶ μέθαις, μὴ κοίταις καὶ ἀσελγείαις, μὴ ἔριδι καὶ ζήλῳ. Ἀλλ' ἐνδύσασθε τὸν κύριον Ἰησοῦν Χριστόν, καὶ τῆς σαρκὸς πρόνοιαν μὴ ποιήσθε, εἰς ἐπιθυμίᾳς. Τὸν δὲ ἀσθενοῦντα τῇ πίστει προσλαμβάνεσθε, μὴ εἰς διακρίσεις διαλογισμῶν. Ὃς μὲν πιστεύει φαγεῖν πάντα, ὁ δὲ ἀσθενῶν λάχανα ἐσθίει. Ὁ ἐσθίων τὸν μὴ ἐσθίοντα μὴ ἐξουθενεῖτω, καὶ ὁ μὴ ἐσθίων τὸν ἐσθίοντα μὴ κρινέτω· ὁ θεὸς γὰρ αὐτὸν προσελάβετο. Σὺ τίς εἶ ὁ κρίνων ἀλλότριον οἰκέτην; Τῷ ἰδίῳ κυρίῳ στήκει ἢ πίπτει. Σταθήσεται δέ· δυνατὸς γὰρ ἐστὶν ὁ θεὸς στήσαι αὐτόν.

GOSPEL READING OF THE DAY: This morning's Gospel Reading is from the Holy Gospel according to St. Matthew, chapter 6, verses 14-21. It is found in our books, on pages 285.

Ἡ σημερινὴ εὐαγγελικὴ περικοπὴ ἐκ τοῦ κατὰ Ματθαῖον κεφ. 6, ἐδάφ. 14-21. Εὐρίσκεται εἰς τὰ βιβλία μας, σελ. 284.

Today's *Apolytikion* (Dismissal Hymn) is that of Tone Eight (Plagal Four):

Descending from on high, O merciful Lord, for us did You endure three days in the tomb, that we may be released from the passions of this world, You who are our Resurrection and our Life, Lord, glory to You.

Ἐξ ὕψους κατηλθες, ὁ Εὐσπλαχνος, ταφὴν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν, ἡ Ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε, δόξα σοι.

Introduction to Orthodoxy (*Sundays, 9.a.m., upstairs*). This class is especially intended for those who are thinking about converting to Orthodoxy and for family members and friends who would like to support them on their journey, but it is also open to people who are already Orthodox and who would like to deepen their understanding of their faith. We explore Christian theology and practice through reading selections of Scripture, the Church Fathers, the lives of the Saints, and other texts representative of the Orthodox worldview. These readings are the starting point for our discussions, which aim at clarifying doctrine and worship and helping us to discover (or rediscover), week after week, why we belong in the Church. If you are interested in attending the class, please contact **Alexandros Kozák** at orthodoxy-agkozak@sneakemail.com.

THE LORD'S PRAYER IN SPANISH: Padre nuestro, que estás en los cielos, santificado sea tu nombre, venga tu Reino, hágase tu voluntad en la tierra como en el cielo; danos hoy nuestro pan de cada día; perdona nuestras deudas así como nosotros perdonamos a nuestros deudores; no nos dejes caer en la tentación, y líbranos del Mal.

NIKIPHOROS, PATRIARCH OF CONSTANTINOPLE; CHRISTINA OF PERSIA

TODAYS MNEMOSYNON: Today's Memorial Service is being offered for the repose of the soul of our sister **Lambrini Arestis**, who fell asleep in the Lord 40 days ago.

PARISH ORATORICAL FESTIVAL AT THE CONCLUSION OF TODAY'S DIVINE LITURGY: We look forward to hearing from our Sunday School children following today's Divine Liturgy, as they participate in the St. John Chrysostom Oratorical Festival.

KALI SARAKOSTI: Tomorrow begins the period of preparation for Holy Pascha. This period is known as the Great Lent. In Greek, the term *tessarakosti* (or, simply, *sarakosti*) is used. The word literally means, the "40 day period." During this time, we fast, we pray more intensely, we are more charitable, as we strive to become better citizens both of this world and of the world to come.

SERVICES THIS WEEK: Tomorrow, March 14, we will offer the Compline Service, beginning at 4 p.m. Then, on Friday, March 18, we will chant the First Stasis of the Salutations to the Virgin Mary. This is the first section of the service known as the Akathist. The Friday service will begin at 7 p.m. We look forward to seeing you.

OIKOS LECTURE SERIES CONTINUES: Following last Sunday's successful lecture by Alexander Kozak on the topic, "*What if the Fall Had Never Happened?*", we look forward to the continuation of the lecture series, aimed at informing, engaging, and edifying our parishioners in any number of areas involving individual and communal spiritual growth, family dynamics, and parish life. On Sunday, April 3, we will hear from Basil Crow, our accomplished chanter. His topic will be "On the Spirituality of Greek Orthodox Ecclesiastical Chant," which boasts an uninterrupted history that stems from the local chant traditions of the ancient Eucharistic communities throughout the Christian world. For May (May 15), because of Pascha and Mother's Day, we will hear from Professor Martha Klironomos, Ph.D., head of the Modern Greek Studies Program at SF State. Future lectures will include Janine Economides, Dr. Katina Kostoulas, and Steven Harris, Ph.D. OIKOS (Orthodox in Koinonia Outreach Services), is under the direction of Dr. Katina Kostoulas, Ph.D., and of Dr. Anthony Elite, M.D. We are grateful to OIKOS for this initiative. The lectures take place as noted, typically the first Sunday of each month, during the coffee hour.

PSYCHOSAVVATA SERVICES AT THE CEMETERY CHAPEL NEXT SATURDAY: Psychosavvata (Saturday of Souls) services will not take place at the Cathedral. Instead, they will take place at the Chapel of the Greek Orthodox Memorial Park, Colma, next Saturday, March 19, beginning at 10 a.m.

TAX AID: This is a service provided *gratis* to low income citizens. CPAs donate their time to help prepare tax returns. The Cathedral is donating its space for this purpose. Tax Aid will take place Wednesday, March 16 and Wednesday, March 23, 5 p.m. – 9 p.m.

ALMOST ALL THE WINDOWS ARE IN: There are 135 of them. Most of them have been installed, and are now being tested against leaks, before we proceed with the stucco. We look forward to the installation of the copper domes (the large, central dome, as well as the *ieron* half dome), the remaining, tile roofs, the stone along the base of the new Cathedral as well as the planted areas and, of course, the completion of the parking component. Meanwhile, we are planning for the placement of the cross over the entrance and the cross on the dome.

The large cross, which will go over the dome, measures 7 feet and weighs 500 pounds. The smaller cross, which will go over the entrance, above the Narthex, is 4'10" and weighs less. We will let you know. Some one out there may want the privilege of placing the cross above the dome, or above the narthex, thus essentially donating the dome or the narthex. Father Stephen is looking for a donation of \$1 million and is confident one of you will step up for this honor. Meanwhile, we've projected a timetable for completion of the project. As announced, we are planning to hold a **Gala event**, to celebrate a great accomplishment, this 95th year of our existence as a community, and to kick off the work on the interior. **The Gala will take place on Saturday, November 5, 2016.** With God's help, we hope to be able to complete the Cathedral by the end of 2017, and to consecrate the Cathedral to the glory of God to coincide with our 100th anniversary in 2021.

May God bless our undertaking, and may God continue to inspire you and generations to come through this landmark house of worship, which you are building to His glory.



"The Church shall be a home for Orthodox Christians from every ethnic and national background. It shall be a house of prayer for all humankind, in which the Holy Name of our Triune God shall be extolled and all of creation sanctified."

(Ecumenical Patriarch
Bartholomew, Ground breaking,
November 6, 1997)