SUNDAY OF THE PARALYTIC KARPOS & ALPHAEUS

EPISTLE READING OF THE DAY: This morning's Apostolic Reading is from the Acts of the Apostles Chapter 9, Verses 32-42: In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

GOSPEL READING OF THE DAY: This morning's Gospel Reading is from the Holy Gospel according to Saint John Chapter 5, Verse 1- 15: At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' "They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

Today's Apolytikion (Dismissal Hymn) is that of Tone Three:

Let all things above in heaven rejoice, and let all things below on earth be glad. With all the might and strength of His arm, an eternal deed the Lord did perform. Beneath His feet, He has trampled down death by death, and first-born of the dead has He become. From the depths of Hades has He delivered us, and to all the world has granted His great redeeming mercy.

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος ἐν βραχίονι αύτοῦ ὁ Κύριος ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας Ἅδου ἐρρύσατο ἡμᾶς καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

MEMORIAL SERVICE: Today's Memorial Service is being offered for the repose of the soul of **Bill Mavroudis**, 28 years since his passing. May his memory be eternal! Αίωνία η μνήμη!

TODAY'S COFFEE HOUR: Under our invitational program, our coffee hour today is being hosted by the **Mavroudis** family in memory of **Bill Mavroudis**. May his memory be eternal! Αίωνία η μνήμη!

HOPE MOVIE NIGHT: We are happy to announce the kick off event for our HOPE program for all children in elementary school! Their first event will be a movie night at the Cathedral on Friday, May 31st. If your child would like to attend, please email **Natalia Mavroudis** at Natalia.Mavroudis@annunciation.org

REALM UPDATE: Exciting news is on the horizon as we implement REALM Church Management Software to revolutionize the way we donate and manage the Cathedral's finances. We're thrilled to announce that our transition to this powerful tool is fully underway and we have already securely processed thousands of dollars in gifts received through this system. We're excited to share the many benefits this innovative tool will bring to our community. Go to https://www.annunciation.org/realm to sign up.

AN INVITATION TO HOST COFFEE HOUR: As part of our revitalized coffee hour program, we're calling on all ministries, organizations, and our parishioners (individually or in teams!) to sign up to host one or more coffee hours over the course of the year. We'll supply the coffee/ cream/ sugar, tablecloths, napkins, utensils – and you supply the goodies (e.g., pastries, donuts, bagels & cream cheese, small sandwiches, fruit/vegetable/cheese platters and assorted dips, or other similar items). We're currently seeking hosts for the following Sundays in June: the 9th, the 23rd, and the 30th. Please reach out to Irene Melitas (irene.melitas@annunciation.org, or, 925.212.8561) to sign-up and learn more.

STEWARDSHIP CALL: We are all blessed with certain gifts. It is important to develop these gifts, multiply them and offer them back to God. Please take a moment to fill out your annual Pledge card and don't forget to fill out the back offering your skills and talents!