

SUNDAY, MAY 11, 2025

SUNDAY OF THE PARALYTIC

RENEWAL OF CONSTANTINOPLE

EPISTLE READING OF THE DAY: This morning's Apostolic Reading is from the Acts of the Apostles

Chapter 9, Verses 32-42: In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

GOSPEL READING OF THE DAY: This morning's Gospel Reading is from the Holy Gospel according to Saint John Chapter 5, Verses 1-15:

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' "They asked him, "Who is the man who said to you, 'Take up your pallet, and walk?'" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

MEMORIAL SERVICE: Today's Memorial Service is being prayed for the repose of the soul of **Katherine Thomas**, 40 days since her passing. May her memory be eternal! Αἰωνία ἡ μνήμη!

PHILOTOCHOS CAKE AND CHAMPAGNE: Today's special "Cake and Champagne" Coffee Hour is sponsored by our Ladies Philoptochos in honor of Mother's Day.

MEN'S FELLOWSHIP – Save the Date: Our next Men's Fellowship gathering will take place this **Thursday May 15th**. Social hour will begin at **6:30 PM**. Dinner and program will follow at **7:00 PM**. These meetings provide a great opportunity for us to reconnect with our friends, our community, and our faith. If you plan to attend our next gathering, please email **Jim Rakos** at jim.rakos@annunciation.org to RSVP.

STEWARDSHIP: Stewardship is the foundation of everything we do as a parish. It supports our ministries, programs, outreach, and the care and maintenance of our beloved Cathedral. Your commitment is vital to sustaining our work. Pledge cards are available to complete a Stewardship card for 2025 TODAY. Together we can continue to build a parish that honors our faith, supports our families, and serves as a beacon of Orthodoxy for the San Francisco Bay Area.

AN INVITATION TO HOST COFFEE HOUR: As part of our revitalized coffee hour program, we're calling on all ministries, organizations, and our parishioners (individually or in teams!) to sign up to host one or more coffee hours over the course of the new year. We'll supply the coffee/ cream/ sugar, tablecloths, napkins, utensils – and you supply the goodies (e.g., pastries, donuts, bagels, small sandwiches, fruit/vegetable/cheese platters and assorted dips, or other similar items). We're currently seeking hosts for the month of May (18th) and June (1st, 8th, 15th, 22nd, and 29th). Please reach out to Irene Melitas (irene.melitas@annunciation.org, or, 925.212.8561) to sign-up and learn more.

COMMUNITY KITCHEN: Every third Tuesday of the month, we come together to prepare, serve, and share a hot meal with those in our neighborhood. Our next gathering will take place **Tuesday, May 20**. If you would like to volunteer, please sign up at www.annunciation.org/ck-signup. If you are unable to volunteer but would like to support this important ministry, please consider making a financial donation at www.annunciation.org/ck-donate